## DEPARTMENT OF PSYCHOLOGY -Departmental activities conducted in the year 2021

## **PSYCHOLOGY ASSOCIATION REPORT -**

The following activities were conducted -

- 1. The department newsletter UNHINGED 2020-21 was released on April 11, 2021. The cover page and copy was shared with the college annual day committee.
- 2. On June 7, 2021, 6S outgoing batch was given farewell, by the first and second years, in the online mode, through messages, video, and photographs with titles.
- 3. Department of Psychology, Kamala Nehru college organized a webinar on "Understanding Gender Identities: Beyond Binaries" on Wednesday, 2nd February 2021. The session focused on the history of Gender identification, breaking conventional notions about it, the intersectionality of gender and culture, and understanding the role people play as change-makers. A discussion with a Gender fluid person themselves, aimed to provide a safe space to discuss, learn, debate and inspire. The session was facilitated by Mx. Ria Sharma (They/Them), a motivational speaker, Human Rights youth activist & Educator who is on a journey to spread awareness about lgbt+ issues, raise voice against any form of injustice and inspire people to be their true self. They have also been featured at many media platforms like -Times of india, Pune Times, Mid day, Mirror Now, The Quint, Marathwada and Sakal.
- 4. Department of Psychology, Kamala Nehru College, organized an online discussion on 'Everyday Conversations on Mental Health' on the occasion of Mental Health Awareness Day (Wednesday, 6th October, 2021). Speaker Dr. Nivida Chandra who is the founder of Kindspace and the co-founder of The Shrinking Couch spoke on the importance of mental health awareness and destigmatizing mental health.