



KAMALA NEHRU COLLEGE  
UNIVERSITY OF DELHI

# APOORVA - अपूर्वा

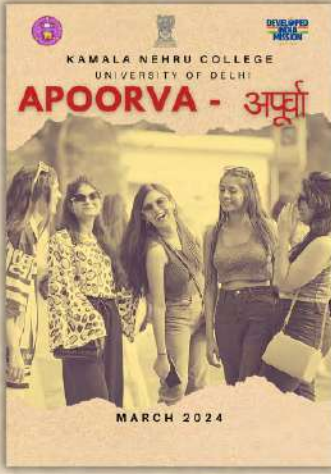


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# From the Principal's Desk

It is a moment of pride to be addressing the empowered women of Kamala Nehru College through our college magazine Apoorva'24. Apoorva, meaning "unique" and "unprecedented," is a felicitous platform for your voices, for you are shaping a truly extraordinary future.

As Bharat marches towards becoming the leader of the global south, we here at KNC curate a space of inclusivity, independence and learning, building future leaders. The vision of Viksit Bharat, a developed India, cannot be achieved without the full participation of women. You are the leaders, the innovators, the changemakers who will shape our nation's

destiny. This golden era of Amrit Kaal presents a unique opportunity for you to leave your mark. Be the generation that redefines success, breaks down barriers, and builds a Vikasit Bharat that is inclusive and empowers all.

Chandrayaan made the mark of Bharat on the surface of the moon, last year. I'd like to quote Brian Tracy, "There are no limits to what you can accomplish, except the limits you place on your thinking." The Chandrayaan mission exemplifies the spirit of innovation and ambition. We have witnessed a crucial paradigm shift in recent years, with more women entering workplaces, leading businesses and politics.

I forward my best wishes to all the students and KNC staff members, who have been a part of the vision and mission of the college. All the best to the class of 2024, ready to make its impact.



**Prof. Kalpana Bhakuni**  
**PRINCIPAL**

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## Editor's Note

Greetings!!

As the editorial team, it is with great pleasure that we present the latest edition of our college magazine. This edition is a true testament to the diversity and richness of our college community, featuring an exciting mix of literature, academic updates, and reports on extracurricular societies

In the literary section, we are proud to showcase poetry and prose in English, Hindi, and Sanskrit from some of the most talented writers in our student body. These works represent the creativity and passion of our students, and we are honored to provide a platform for their voices to be heard. From introspective musings to poignant reflections on social issues, the imaginative and insightful works of our budding poets offer a glimpse into the rich inner lives of our community.

In addition, we are excited to present an array of thought-provoking essays, informative articles that delve into a variety of topics, from rights and retrospection to arts and culture.

The activity reports section features annual highlights, the accomplishments, and progress of our various academic and extracurricular departments, showcasing the hard work and dedication of our faculty and students. These activities not only provide an opportunity for students to pursue their passions and interests, but also allow them to develop valuable leadership and teamwork skills.

We hope that this magazine will inspire and challenge you, and that it will serve as a testament to the creativity, intellect, and passion of our college community. We encourage you to read, reflect, and engage with the ideas and perspectives presented here, and to share your own contributions with us in the future.

Editors

Shreya Pandey & Anubhuti Jain (BA Hons Journalism, 3rd-year)

Liksha, Shradha, Aafreen & Sakshi (BA Hons Journalism, 2nd-year)

# Whispers of Trust in Solitude

In solitude, I stand with trust holding my hand,  
A bond unbroken, where flaws find love's soft land.  
One soul to depend on, a shelter in life's storm,  
In the vast crowd, this connection takes form.

Others may fade, like shadows in the night,  
Ignored and forgotten, their presence light.  
Yet in this solitude, a comfort I find,  
A solitary friend, the most genuine kind.

No chorus of voices, no multitude of faces,  
Just the solace of trust in life's changing paces.  
In the silence of solitude, resilience is sown  
A garden of strength, where seeds of trust are known.

Through valleys of loneliness, I navigate,  
With the one true friend, a bond innate.  
For in this quietude, a sanctuary is built  
Where genuine connections, in the heart, are quilt.

So, I embrace the solace, though it may seem stark,  
In the realm of one, I find my own spark.  
In the tapestry of solitude, threads intertwine,  
A portrait of trust, where lasting bonds align.

*by Anjali Krishna JS*  
BA (Hons) Economics, 3rd-year





# Echoing Winds

by Pawnsi Sharma  
B.Com. (Programme)

Born in autumn, a being with revolution,  
Little did she know, she held independence's solution.

Borne as an untold tale until the day celebrated,  
An unrevealed secret to us, later the pride of the nation.

Cascading like a falcon on the unforeseen face,  
Embraced a journey far from her base.

Tamluk's streets echoed of her existence,  
Gifted her a statue of remembrance.

Gandhi's acolyte, she revered him as a totem,  
Was called Gandhi Buri very often.

Mutiny Matangani embraced the cause,  
Tried to solve it with her flaws.

Chanted, "Vande Matram" till her last breath,  
Even gunshots couldn't make her wreathe.

With courage to look death in the eye,  
Led like a tigress unshaken by the pyre.

Matangani in Hindutva is the Goddess supreme,  
Fought like having nine hands in her rein.

Mortal in life, immortal in our hearts,  
Like a tempest, she tore them apart.

Her soul bled, her heart cried,  
But her spirit endured a lifetime.

In the times so patriarchal, led the movement alone,  
stopped only when her flesh vanished into unknown.

Till date, her saga remains unbeknownst,  
Matangani Hazra, we bow to you, our utmost.



# Sacred Stencils of Sanjhi

by Suman Yadav



Sanjhi Art from Mathura is a truly unique craft form that features exquisite designs and intricate picture motifs cut into paper. Craftsmen usually use designed scissors to accomplish this process. This artform is the ancient art of paper stencilling practised in Vrindavan, Mathura, Lord Krishna's hometown. Traditionally used to make ritualistic and ceremonial rangolis in temples dedicated to Lord Krishna, Sanjhi art is known for its inherent spiritual implications that reach beyond immediate aesthetic appeal. It is considered to be one of the finest arts of spiritual expression.

The term '*Sanjhi*' is derived from the Hindi word Sandhya or Sanjh; the period of dusk with the art form is typically associated with. It is related to the ritualistic practice of unveiling the rangoli in the temples with chanting at dusk. Sanjhi Art is one of many arts prevalent in the culturally rich land of Braj, Uttar Pradesh - which, being associated with Lord Krishna, has been an important centre of various folk traditions.

The different constituents of cultural artforms in India, including various kinds of music, dance, literature and visual art do not exist in isolation from each other but come to live in a homogenous synthesis. During the Bhakti Movement in the sixteenth century CE, these art forms gained momentum due to flocking of mass herds of devotees from different parts of India from to Braj. It became the centre for Krishna's pilgrimage in the ecstasy of Prema Bhakti i.e. a higher form of Bhakti encased in love. In the sixteenth century CE, Braj became home to

various cultural traditions and art forms. One such art was Sanjhi - which has its roots in the sacred texts related to the pastimes of Radha-Krishna. The art depicts Indian mythological stories in numerous forms with predominant focus on Krishna's Leela.

## History of Sanjhi Art

According to a folklore, the origins of this art form lay with Radha, who made Sanjhi rangolis using natural colours along with flowers, leaves, coloured stones etc. The other gopis soon followed suit, also making intricate designs to impress Krishna. Sanjhi has been popular ever since, and during the Mughal period, contemporary themes were introduced for greater perspective. Later, this art form influenced the form and designs of lattices used in Mughal architecture; that is, the art also inspired Mughal art and architecture. The temples of Vaishnavas show glimpses of such folk art and reveal that it was prevalent during the fifteenth and sixteenth centuries and later became an advanced form of art practised by Brahmin priests.

The theme of feigned anger features prominently in the play of Sanjhi. It represents the subtle emotional state associated with the amorous sports of the divine couple. In other words, it is an ancient folk custom deeply rooted in the Braj or Vraja region which refers to depicting a religious theme. Originally such designs were moulded from cow dung and flowers by unmarried girls of the region. They would subsequently venerate these designs as the embodiment of a Goddess, Sanjhi, in order to obtain a suitable husband. The practice of creating it from cow dung and flowers is still followed in the present day Braj. This constitutes an inseparable component of Braj literature, art and culture. Its roots rest in the folk tradition.

Swami Haridas describes the cowherd girls creating Sanjhi image on the walls made of cow dung: "*Kama dhenu ke gobar sau rachi Sanjhi foolan chiti,*" which implies - from the dung of *kaamdhenu*, the Sanjhi is created.

This tradition of Vrindavan constitutes an excellent example of adoption of folk elements by the religious traditions and their subsequent transformation into high art. The rural customs of designing and worshipping these

images were taken up by the Vaishnava temples in Vrindavan - from where it developed into an extremely sophisticated art form of exceptional aesthetic appeal. Sanjhi designs in the temples are prepared as part of a fifteen-day autumnal festival celebrated during dark fortnight of the month of *Ashwin* (September-October). In Vrindavan, Vaishnava sects like Pushtimarg Gaudiya and Radhavallabhi were instrumental in the task of adopting this art form into the temple tradition. Brahmin priests specially trained in this art prepared these in the temples. They are composed using dry colours upon an octagonal earthen platform symbolising an eight-petalled lotus.

### Indulging in the Art

Firstly, all drawings of the design or patterns are done on paper to create a Sanjhi. The papers are joined together using pins and the cutting of the prepared Sanjhi is done using scissors of a very fine quality that are somewhat curved at certain points to ensure meticulous cutting. The paper is turned around while cutting in order to keep the designs intact. Folding the corners of the papers is done by the artists in order to help them lift the papers up after the colour has been applied. The paper cutting is placed on a wide, plain surface and different types of colours are filled in them. The colours can be substituted by coloured stones, fresh flowers, mirror pieces and metal foils. These all steps encompass the making of Sanjhi art.

### The Spirituality of Sanjhi

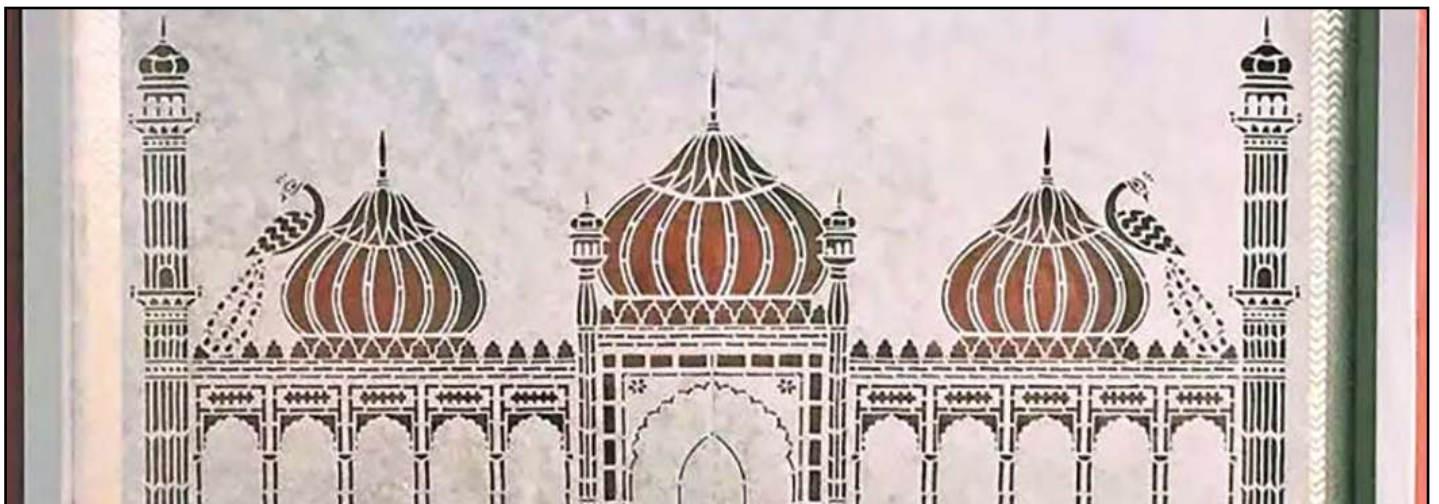
Sanjhi craft holds an important ritualistic role in Hindu spirituality as well. The designs of Sanjhi are used in the veneration of Lord Krishna as a ritual. The artists begin the work after the prayers are offered to the respective

tools, the deities and to their respective teachers who were professing the great art. In Northern India, these patterns were cut in the banana leaves and paper for the colourful powders that were to be induced to adorn the ratio of the internal sanctum.

The cutting process of the complicated patterns is done to depict the panorama of Lord Krishna. The process requires dedicated attention and talent from the artists. These special designs are decorated in the temples or places where the worship of Lord Krishna takes place during the festivals related to him. At the time of offering prayers to Lord Krishna in the evening of the festivals, Sanjhi rangolis are uncovered and are accompanied by the recitation of various legends that are related to him. "The beauty of Sanjhi lies in its delicate designs and elaborate picture motifs. Most of the designs are compositions narrating tales related to Krishna."

Sanjhi art has gained prominent global significance in present times; at the QUAD Summit'23 held at Tokyo, the Indian Prime Minister carried gifts for leaders of the U.S., Australia and Japan showcasing India's rich cultural heritage and art forms in which the Sanjhi artform had a significant place. During the 'Commonwealth Games 2010' the pictograms used in the ambience decor were inspired by traditional Sanjhi art pieces.

In conclusion, stencilling is a craft that started almost thirty-seven thousand years ago in the caves of the Netherlands. Sanjhi is a religious craft of stencilling created by cow dung, decorated by flowers, leafs, motifs and worshipped by unmarried girls in the areas of Braj/Vraja. However, this beautiful craft of Braj is getting extinct now due to limited usage and its time taking process.



# A Trip to Nepal

by Arzoo Yadav

BA (Hons) Journalism, 1st-year

After finishing my first year of intermediate, I made the decision to take a vacation to Nepal - one of Asia's most varied and culturally rich nations, to decompress. I travelled throughout this stunning country for two months, seeing many incredible places. I only got to experience a small portion of the many sights, delectable cuisines, and entertaining activities available, but it was still an amazing experience. Every person I encountered while travelling helped me feel at home and created lifelong memories for me.

One adjective that would best represent Nepal would be "unique," partly because it is home to the only non-quadrilateral flag in the entire globe. A common misconception is that Nepal is just a smaller version of India, with much of the same cuisine, scenery, and culture. Although they are close in geography and have a similar climate, they are very different in a great deal of other ways.

When I reached there, I was immediately struck by Nepal's inhabitants- they were kind and willing to assist a stranger in need and the little things I have seen in the people have led me to think that the Nepalis are genuinely great people. It's evident in the way that both passengers and bus conductors wait for the final person who is running late or when a child runs onto the street after his ball, the driver responds with a smile and a wave.

Although religion is not controlling of people's lives, people are religious by their own choice here. It is essentially a framework that establishes obligations, interpersonal relationships, and festivities— exactly as it ought to be.

There are at least 69 distinct ethnic groups in Nepal, and they all have distinctive attire, cuisine, languages, culture and religious customs. People lead free lives according to their culture. As long as their interests are not against the law or society, people are essentially free to leave their homes and follow their passions- as free spirits they are. The majority of youth are fluent in English and Nepali. Global developments also have an impact on Nepalese society and mobile phones and the IT sector have a huge

influence on the younger generation.

In Nepal, everything is really affordable. You can negotiate over the price and although you'd be advised to try your luck somewhat, just like the street vendors will be attempting theirs. In my experience, these kinds of conversations are typically friendly, free of any ill will, and frequently involve some lighthearted banter as you and the vendor, together, work towards a solution. Fortunately, the majority of residents in the country are able to communicate in English, so language barriers won't often be an issue.

The three most famous and magnificent temples in *Kathmandu*, the capital city of Nepal, are *Pashupatinath*, *Boudhanath*, and *Swayambhunath*. Numerous *Newari* temples and buildings may be found at Durbar Square and Patan. Because of the abundance of monkeys on the several steps up to the summit, Swayambhunath, is also known as the monkey temple (beware if carrying food, they WILL battle you for it and they WILL win). The other important Buddhist temple in Kathmandu is called Boudhanath. Pashupatinath is the location of all religious cremations beside the *Bagmati River* and is also home to another magnificent complex of temples.

Nepal is an absolute delight to visit, and an even bigger joy to get to know intricately. I am honoured to have experienced this bliss at a young age in life, so I can carry these memories in my heart forever.





# Tragic They Say

by Radhika Bajaj  
B.Com (Hons), 1st-year

TW|| *Self-harm, Suicide*

Tragic! they say,  
Such a beautiful boy.  
What will the family do?  
It's a series of moments;  
a matter of seconds;  
a few more words, said or unsaid;  
a text, left unsent,  
or the letter that couldn't make it to the mail.  
How could have anyone known?  
Nobody knew but they were afraid  
They were scared when they slowly ripped parts off him  
like a dead flower;  
But he won't actually do it, it wasn't a big deal anyway.

Tragic, they say,  
Such a coward.  
Everyone goes through all this;  
Fair, I guess.  
Just hold a blade against your wrist and call him a coward  
one more time,  
and I'll believe you.  
Just give me the black paint and let me paint the darkness  
inside of you and then call him a coward,  
just one more time,  
and I'll believe you,  
I promise.

Was it really necessary?  
No, maybe not, maybe yes, maybe maybe.  
Maybe it wouldn't have happened;  
maybe if he stayed on that call a little bit longer or maybe  
if that Instagram thread had one more post.  
We'll never know.  
But he won't actually do it, I mean it wasn't a big deal  
anyway

Tragic, they say,  
Such a tragedy.  
He could have asked for help



It's like that one time you had your doubts, like that one  
time, you questioned if everything is okay,  
like that one time you didn't ask him

That was him.  
Him asking for help.  
Him crying for help.  
Him begging you to just tell him to fold his shirt and see  
his cuts,  
see that he bled, that he hurts,  
that that one thing you said was not 'okay'  
But he won't actually do it, it wasn't a big deal anyway,

Tragic indeed!



# India's Mental Health Crisis

*Deepali Kataria*  
3rd-year

An immense mental health crisis grips India, with an estimated 60–70 million individuals battling moderate to severe mental health issues. Shockingly, India bears the unfortunate title of having the highest suicide rate globally, with over 260,000 suicides annually, as per the World Health Organization (WHO). This alarming statistic underscores the urgent need for substantial reforms in the mental health sector.

The scale of the problem underscores the necessity for immediate intervention on a national level to tackle this national crisis. Despite widespread acknowledgment, stigma surrounding mental illness persists in Indian society, hindering individuals from seeking the help they need.

Recent data underscores the severity of the issue, with suicide rates escalating due to systemic societal issues compounded by a lack of awareness and cultural stigma surrounding mental health.

Geographical disparities in mental health statistics, particularly evident in regions like Tamil Nadu, Kerala, and Maharashtra, emphasize the need for tailored treatments to address specific demographic groups.

To combat the prevailing silence surrounding mental health in India, initiatives promoting awareness, education, and destigmatization are paramount. Additionally, there's an urgent need for improved mental health infrastructure, including easily accessible clinics and skilled practitioners.

India's mental health crisis demands immediate attention, requiring collaborative efforts and a shift in the attitude of the society. Legislative reforms and community-oriented initiatives aimed at raising awareness are imperative. By fostering an environment conducive to open dialogue and providing adequate support, we can work towards reducing the prevalence of mental illness in India.



# KNC THROUGH A LENS



# KNC THROUGH A LENS



# Dreams

by Kanishka Saini  
B.A. (Hons) Journalism, 1st-year



Dreams - that's what I see,  
Will I be able to achieve it a wee?  
Or just will let it flee?  
What makes me worry,  
Is that i have to hurry,  
To achieve it or it will get blurry.  
The passion, the dream, the success,  
Am I enough to achieve it or less?  
Dreams a lot as a teen,  
With ageing will passion lean?  
I thought about stopping to follow,  
Will I be able to get food to swallow?  
I don't know what will happen,  
Just don't want to live with my heart blackened.

# Blank chairs

by Manisha Sharma  
B. Sc. (Hons) Mathematics

Winter noon , when sunlight nourished my face  
It was end of the classes , I was passing from door way  
Peeking from windows , causing a shadow of chair  
A cover of mesmerising nature,  
Balancing every emotion involved inside this place  
Variety of woods carved in same manner  
Tells identity of wide diverse persona  
Each blank chair holding different story to narrate  
Some write their future on its plate  
Some putting head on its slates  
Some shared good stories  
where some express their sorrow  
Platform for lunches joins them together  
This non breathable things,  
Holds much to fathomable



# What feels like home?

by *Riya Chakrabarty*  
B.A. (Hons) Sociology, 1st-year

What feels like home?  
 Maybe its not just a house But a person or a presence Of someone that you love  
 Maybe it feels like home  
 When u enter that concrete dump after a tiring day  
 You find dinner on the table  
 And someone says “ aa jao khaana lga dia hai”  
 Or maybe it feels like home  
 With just a dumbfounded living being Who roams here and there in the house Craving for your affection and treats!  
 But still after all this  
 What feels like home?  
 A presence or a person?  
 Or just some memories  
 That you hear ringing in your ears in that empty abandoned house ...  
 You hallucinate people laughing on that white couch The chit chat at the tea table all lingers around  
 You could hear the fading laughter in that house And the empty cupboards in the kitchen don't make noise anymore  
 That only clean spot amongst the dainted wall  
 Where a 6\*7 photo frame hung  
 With the picture of all those who were a part of home But it doesn't feel like home anymore...



# Amidst the Elite: A Brush with G-20 Greats

*Harshi Kaushik*

The air was thick with anticipation as the felicitation team, of which I was a proud member, stood assembled at the Palam Private Airport, awaiting the arrival of the G20 India leaders. Among them were the Prime Minister of the UK, the President of the USA, and the President of Egypt – names that echoed with power and influence.

Days of preparation had led to this moment, where we would be responsible for welcoming these dignitaries to the land of India. Our hearts pounded with a mix of excitement and nervousness, for the responsibility we carried was of immense importance. As the sleek aircraft carrying the G20 leaders touched down, the atmosphere crackled with energy. We sprang into action, our training kicking in, ensuring a seamless and impeccable welcome.

The sight of these powerful figures, disembarking from their planes, filled us with awe. Every step was followed by a swarm of media personnel, their cameras flashing relentlessly, capturing every detail.

But amidst the chaos, our focus remained unwavering. We escorted the leaders through the formalities, our every gesture and word exuding professionalism and

respect.

Along the way, we had the opportunity to interact with the Minister of State for Consumer Affairs, Food, and Public Distribution; Minister of State for Environment, Forest and Climate Change; Minister of State for Road and Transport & Highways; and Union Cabinet Minister for Civil Aviation. Their presence added to the surreal nature of the day.

As the event drew to a close, a sense of accomplishment washed over us. We had successfully executed our mission, leaving a lasting impression on these global leaders.

The day had been a whirlwind of activity, a test of our nerves and abilities. But through it all, we had emerged victorious, our heads held high, our hearts brimming with pride.

The 8th of September 2023 would forever be etched in my memory—a day when I stood alongside my team, welcoming the world's most powerful figures to India, a day that epitomized the essence of duty, honour, and service.



# India and Emerging Geopolitical Crisis

by Divya Dixit



India, a multicultural, immensely beautiful, resource-rich, territorially vast country located in South Asia, is often in the headlines. We're all aware of the significant locational advantage that India possesses, and it's obvious that living here provides us with unique benefits. Be it any basis of comparison, India never fails to astonish its citizens by breaking positive records, at least in contemporary times.

With the Himalayas acting as its crown in a symbolic sense and a protector in geographical reality, India gains from their ability to deflect copious deadly winds and rain-bearing clouds, thus preventing catastrophic damage in the country. In the west, we see vast deserts, along with a rich cultural heritage and cuisine.

In the north, we have numerous breathtaking scenic mountains that not only captivate but also provide valuable resources and therefore attract colonisers' attention in the past. South: the abode of the richest cultures, where linguistic identities are still flourishing. The South is the abode of the richest cultures, where linguistic identities continue to flourish.

In addition to its natural resources, India has a vast resource base too, including the Chota Nagpur Plateau,

Ballari-Chitradurga-Chikkamaguluru-Tumakuru belt, Mathura oil refinery, Neyveli coal mines, Khetri, Shivamogga. Apart from these precious integral ore resources, India also possesses extensive water resources, owing to its geographical location surrounded by water bodies on three sides.

This is the internal anatomy of India, but does its vast boundary not attract external influence? Indeed, it does, predominantly negative in nature. Sharing a boundary with nine countries might seem like a piece of cake, but it isn't. Keeping in mind the size of many European countries, it may appear a nightmare for them.

Everyone is well aware of the strained relations between China and India in the global arena. Pakistan constantly engages in conspiracies by assisting terrorists, supplying them with arms and ammunition, and shielding them from being detected while attempting to infiltrate India. Although Bangladesh appears hospitable towards us, however, it seems that its actions are primarily driven by its sluggish economy rather than genuine friendship, as it always happens in geo-politics.

In Maldives, following the recent elections, India faces increasing challenges. The criticism from the Muizzu government regarding India's involvement, exemplified by a recent request for the withdrawal of Indian forces, contributes to the situation's complexity. Sri Lanka, debt-trapped in recovery, is seeking assistance from capable nations. China's role is expected to be transparent amidst the integrated marine drills.

Concluding, India undoubtedly has an excellent locational advantage, but it is becoming more than just a "cause of concern" for the Indian government. World order is also deteriorating at large. India's closest ally, Russia, has been engaged in war for 2 years. Vladimir Putin skipping the G20 summit hosted by India sheds light on it. Moreover, Canada and the USA continuously blaming India for Khalistani terrorism in their respective countries is a matter of concern. While all these prospects seem to be emerging, more will depend on India's stance, its future foreign policies, and the diplomatic path it chooses.

# Tweets to Ballots: Politics in the Digital Age

by Doyel Roy



In a world where hashtags hold as much power as headlines, the political stage has expanded beyond traditional borders. Welcome to the age of Digital Democracy, where a single tweet can set off a chain reaction that reverberates through the halls of power. Recently, a student's viral Instagram video highlighted a local environmental issue, leading to a town hall meeting and policy changes. This anecdote mirrors the power of social media in shaping real-world outcomes, illustrating that every click, like, or share can echo beyond the digital realm.

Platforms like *Instagram* and *Twitter* have transformed political engagement, with memes becoming political commentary and retweets becoming the new political rallies, breaking down barriers to participation and ushering in a new era of democratic involvement.

However, this digital terrain is not without its pitfalls. Navigating misinformation, filter bubbles, and the overwhelming sea of content can be daunting. Yet, within these challenges, we can discover opportunities for increased civic engagement, diverse perspectives, and a democratized flow of information.



Social media isn't just about posting selfies; it's a powerful tool for political activism where we explore how movements like *#BlackLivesMatter* and *#MeToo* gained momentum, emphasizing the ability of a tweet or post to transcend the screen and instigate real change. As we traverse this digital frontier, a collective desire emerges—a yearning for an informed, active citizenry adept at utilizing the digital tools at our disposal to navigate the complexities of modern democracy.

This fusion of social media and politics is not speculative—it is the reality shaping our political landscape. So, let's engage critically, share responsibly, and leverage our digital voices to redefine political participation. In this era where tweets are as powerful as ballots, each online action contributes to the collective voice, reshaping the democratic narrative.



# My Biggest Fear

by Aashama Patel

I fear no one but humans,  
In shadowed woods, I've often roamed,  
Where eerie feelings find a home.

In lonely darkness, when stars were sleepy,  
I met strange creatures, some rather creepy.

Venomous insects, bugs that scare,  
Dangerous beasts on grassy lair,



Unique and fascinating, more than they appear,  
Yet, it's not these creatures that I fear.

They may seem frightening, but they're cosmic kin,  
It's mankind on earth, their hearts filled with sin.

They intentionally do harm and commit offenses in agitation;  
Leading to murder, kidnapping, sorrow, pain, and frustration.

Entwined in the threads of society's complex design,  
Bound with responsibility and gifted by knowledge so divine.

Human beings are always termed as the powerful ones,  
So I honestly admit that I fear no one but humans.

Often supernatural souls make people groan with pain,  
But is the harm done less by ill-willed people in vain?

The poisonous bite, wound, or injury does irritate,  
What tests your every fiber of being is cheating and hate.

One's cruelty overshadows the other, this much is true,  
Have seen a friend as a murderer, a brother too.

Disguised under disability and poverty's mask,  
Not everyone's a sympathy task.

Appearances can deceive, we must concede,  
Lingering in dilemma whether trust may mislead.

Heard of slavery, mob lynching, and a lady declared a witch,  
Insensitivity has been a trend, and kindness a glitch.

Over rapid progress, folks still discriminate between daughters and sons,  
So I honestly admit that I fear no one but humans."



# Deeper Than Knives

by *Mou Das*

*BA (Hons) Political Science*

“A woman’s reality from her eyes cuts deeper than knives  
The glitters, the fancy fabrics, the bangles, and the earrings,  
All are just additions to the illusion of her being treated  
more than equally,

Ever tried to understand that it’s not equality but her only appearing as a beautiful mannequin?  
Sorry to break your bubble, but the world is the same still,  
It was and is, to delude, to parade, and to appeal to your accusations that women have always been treated equally,  
And to that, now, women have become greedy,

Shocking? That we actually go beyond our way to prove you right? Or that we’re made to act like that for you all to be pleased?

The truth is that we are pressured to dress well to fit our gender role constructed by patriarchal society,  
Since when! Since when have we got to do what we wanted to do, be what we wanted to be, say what we wanted to say, be what we wanted to be, and express how we wanted to express ourselves,

Dear men, the women you see around you behave in a way that makes you stereotype them not because they really are like that but because they have been socially conditioned too,  
It’s a real-life theatrical play, played by women, directed by women, written by men,  
Who’s behind all this? It’s a product of your community and its extension called internalized misogyny,

By men, formed of women, with its underlying dark reality of the oppressed becoming the oppressor,  
Because of which even mothers and daughters are competitors with each other,  
All this is hard to gulp, but it’s easy to believe the generational lying act of women’s lives and their lifestyles,  
There are no words to describe this unbelievably grave concerning state of our society,

It’ll go to lengths to shut us up, talk over us, but when we’re fed up and angry, suddenly they become mum as if we’re the perpetrators of our own misery, and they’re the victims of the chaos that they themselves have created to cater to their needs and interests by blissfully overlooking its consequences?  
There are no messages to learn; only reality is written to be acknowledged here,  
For men, to the patriarchal society, by women.”



# Jeff Lieberman on Science and Spirituality

by *Mou Das*  
BA (Hons) Political Science

“Most persons are so absorbed in the contemplation of the outside world that they are wholly oblivious to what is passing on within themselves.”

~Nikola Tesla

Spiritual, Religious philosophies, and Occult Sciences were among the many subjects that renowned scientists used to study when modern science was in its beginning stages of development. Some of these scientists are Isaac Newton, Nikola Tesla, J. Robert Oppenheimer, Werner Heisenberg, Carl Sagan, Erwin Schrödinger, Hans-Peter Dürr, etc. Many of them found peace of mind in spirituality, and inspiration for scientific innovation and theories as well.

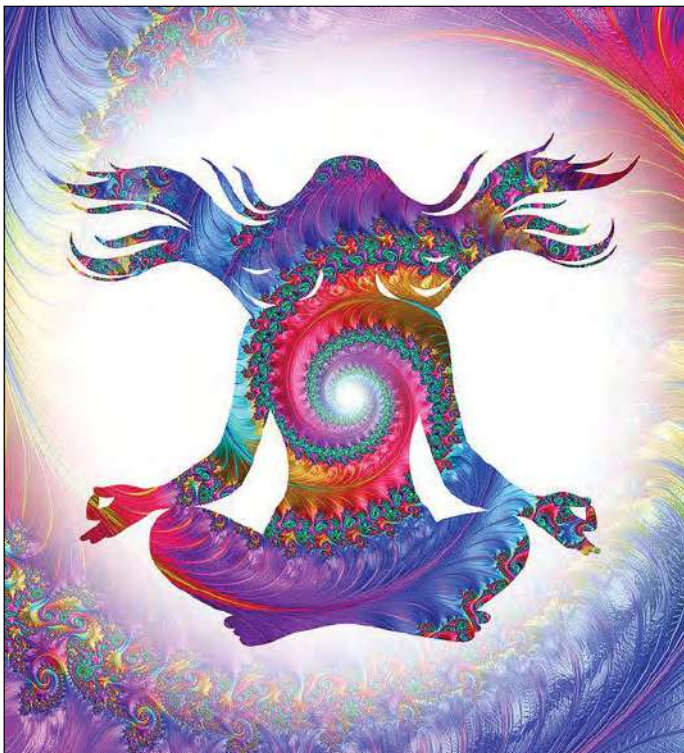
Jeff Lieberman’s presentation of his understanding of human suffering and self has come from his introspection when he felt empty despite having everything he desired. He is a 33-year-old human being. That’s what he said, but from a scientific perspective, he is not just a single entity but rather a community of approximately

50 trillion cells. In the same view, if we look at any one of those cells with an even closer microscope, we see 20 trillion atoms. So, he is also a community of 1,000 trillion atoms. However, when we look at the atoms really up-close, they fade away, and we see energy. All of us are energy, and human beings have a very complex pattern of energy. Still, why don’t we feel it? His explanation is that our distraction from the human facets of our experience prevents us from recognising the underlying energy. This highlights the negative consequences of over-focusing on the physical world.

From what we understand in physics, every light is a vibration of the electromagnetic field, and none of those light waves intrinsically have any colour. There’s just a change in frequency. But once those waves enter our eyes and our brains, we create the subjective experience of colour. So, if we see a red shirt, it only exists in our head within our consciousness. What we perceive, shapes our beliefs, and those beliefs constitute our world. This perspective defines our perception and understanding of the world.

Thus, when people don’t pay attention to their inner selves, they believe that the outer world is the real world and the inner world is just feelings and emotions. However, the “real world” is unpredictable and is constructed through a temporary structural-functional process of institutions that are unstable. The state of the world during COVID-19 reflects the instability of human-built systems.

This is in contrast with the inner world, which consists of energy—a permanent and stable entity. As Einstein said, “Time and space are modes by which we think and are not conditions in which we live.” This correlates to Jeff Lieberman’s concept of “I am” in which one’s identity exists beyond perception because our condition of existence cannot be perceived like the physical world, but it is still experienced in non-tangible ways.



Our distracted perception of the world often leads us to misunderstand it, resulting in dissatisfaction, ungratefulness, and desires or lust. However, once we not only realise but also experience the fundamental truth that we are energy, this experience is called Spiritual Enlightenment. In Hindu and Buddhist philosophy, it can be understood as transcending suffering and desire to achieve spiritual liberation, known as 'Moksha' in Hinduism.

All Ancient philosophies aim for liberation from human suffering. To be enlightened is to break free from the tyranny of the mind and to experience deep spiritual peace, presence, and wholeness. Many yogis and gurus concur that enlightenment isn't merely a state to attain because, in essence, we are all inherently enlightened. Thus, the aim of the spiritual journey is to uncover what already exists within us.

Enlightenment means revealing or remembering our true, original nature. Monks and nuns, who have meditated, describe this feeling of undifferentiated, infinite oneness. According to Jeff, "This may be a direct experience of being energy." As an experience, we become altruistic and see the world as our body. Others' suffering becomes our own, and our inclination is to help everybody as much as we can. He emphasised that if modern science and technology were to change the mind to become this way, then we could potentially eradicate human suffering. As clearly said by Nikola Tesla, "The day science begins to study non-physical phenomena, it will make more progress in one decade than in all the previous centuries of its existence."



# Khudiram Bose: The Invincible Legend

by Pawni Sharma  
B.Com. (Programme)

A free India, his only passion  
Thanks to his sacrifice we're now an independent nation

He was intelligent, brave, and hardworking  
He could have easily led the life of a king

But he chose a life of danger and struggle  
To liberate the motherland from the British and Mughal

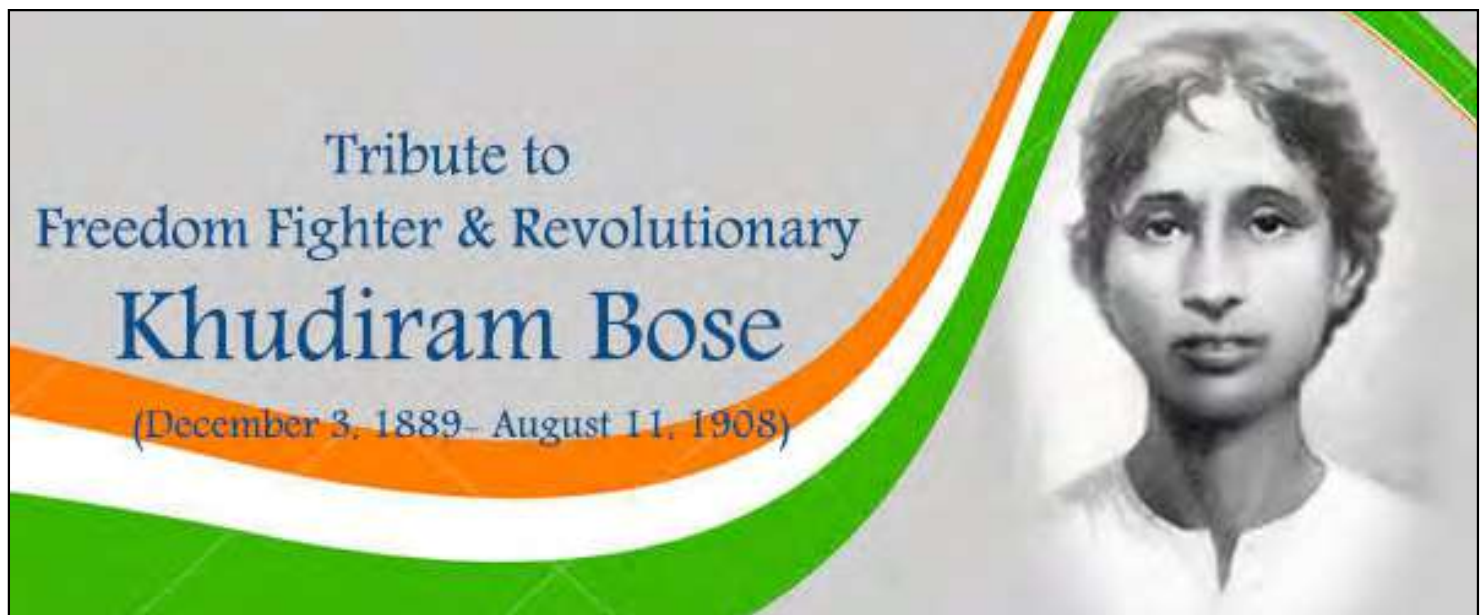
He relentlessly fought against the "world's greatest" colonial  
This is why we have his memorial

In the day and the night, everything aside  
Freedom, on top of his mind

He could have led a happy life,  
But, now we're sobbing about his demise

The first martyr amongst the revolutionaries  
Gave birth to hundreds of Khudirams in then Bangladesh

Was just 18, when his breath was taken  
But by his protests, thousands were awoken



# ULLAS 2023



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# हिंदी विभाग



परामर्शदाता  
डॉ. कुमारी अनीता

छात्रा संपादक मंडल  
तूबा अख्तर, बी.ए. हिन्दी (विशेष) तृतीय वर्ष  
गौरी शर्मा, बी.ए. हिन्दी (विशेष) द्वितीय वर्ष

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## संपादक की टिप्पणी

कमला नेहरू विश्विद्यालय की वार्षिक पत्रिका के 2024 के अंक में आपका स्वागत है। हम वास्तव में गर्व और उत्साहित हैं कि हम इस अंक को लाने के लिए सभी नई उम्मीदों और रंगों के साथ तैयार हैं, जो निश्चित रूप से सबसे अविस्मरणीय दुनिया को उजागर करने जा रहा है और कॉलेज के अनमोल पल।

हमारे युवा लेखकों के उत्साही लेखन पाठकों की रुचि और प्रशंसा को बनाए रखने के लिए निश्चित रूप से पर्याप्त हैं। यह स्मारिका वास्तव में हमारी उभरती प्रतिभाओं को उनकी रचनात्मकता को आकार देने और जागरूक होने की कला सीखने का एक पवित्र प्रयास है क्योंकि मेरा मानना है कि या सफलता हमारी देखने की शक्ति, निरीक्षण करने की शक्ति और अन्वेषण करने की शक्ति पर निर्भर करती है। हमें यकीन है कि हमारे युवा मित्रों द्वारा प्रदर्शित सकारात्मक दृष्टिकोण, कड़ी मेहनत, निरंतर प्रयास और नवीन विचार निश्चित रूप से पाठकों के मन को झकझोर देंगे और उन्हें विशुद्ध आनंद और आनंद की असली दुनिया में ले जाएंगे। हमने इस खजाने में उत्कृष्टता लाने के लिए अथक प्रयास किए हैं।

मुझे यह सुनिश्चित करते हुए अपार खुशी हो रही है कि यह पत्रिका अपने उद्देश्य को सफलतापूर्वक पूरा कर रही है। छात्रों की रचनात्मकता और उपलब्धियों का प्रतिबिंब पत्रिका का प्रतीक है। छात्रों ने अपने विचारों और विचारों को सामने रखा है जो व्यक्त करने के लिए बहुत गहरे हैं और दबाने के लिए बहुत मजबूत हैं।

— संपादक  
तूबा अख्त व गौरी शर्मा

## पर तुम ज़रूर आना

-सलोनी

बी.ए. (विशेष ) हिन्दी, द्वितीय वर्ष

इस कड़कती धुप में तुम हलकी बरसात बनकर आना  
कभी जो गर रूठ जाऊं तो इन होंटों की मुस्कान बन कर आना  
तुम्हारे प्रेम में मग्न मैं मीरा सी तुम मेरे कृष्ण बन कर आना  
पर तुम ज़रूर आना...

मैं गंगा की आरती तुम बनारस की शाम बन कर आना  
इन लाखों की भीड़ में तुम मेरी पहचान बन कर आना  
जो तपस्या से मिले तुम इस पार्वती के शिव बन कर आना  
पर तुम ज़रूर आना...

मैं अमावस की काली रात तुम पूर्णिमा का चाँद बन कर आना  
इस पतझड़ के मौसम में तुम सावन की बौछार बन कर आना  
तुम्हारी प्रतीक्षा करती मैं सिया तुम मेरे राम बन कर आना  
पर तुम ज़रूर आना

## मैं खुद ही काफी हूँ

-मानसी

बी.ए. (विशेष ) हिन्दी, तृतीय वर्ष

साथ की जरूरत नहीं  
मैं खुद के लिए काफी हूँ,  
टूट कर बिखर जाऊं  
फिर भी मैं कहीं बाकी हूँ।  
भीड़ में अनजान रहने में  
अलग ही सुकून है,  
खुद को टटोलने का  
एक नया ही जुनून है।  
अब किसी की कमी  
महसूस होती नहीं,  
अब तन्हाइयों से  
हर खुशी बांट लेती हूँ।  
अब किसी के साथ की जरूरत ही नहीं  
मैं खुद के लिए काफी हूँ।  
मैं खुद के लिए काफी हूँ

जीना अपने ही में एक महान कर्म है। जीने का हो सदुपयोग यह मनुज  
धर्म है। अपने ही में रहना  
एक प्रबुद्ध कला है। जग के हित रहने में सबका सहज मला है।

~सुमित्रानंदन पंत



# नारी: एक नये युग का आगाज़

-महक शर्मा

बी.एस.सी. (विशेष) गणित, तृतीय वर्ष

कि सफर लिखने चली थी उस नन्हीं सी जान का,  
जिसे मालूम नहीं था इस दुनिया के ईमान का।

आई जब वो दुनिया में बनी माँ एकमात्र सहारा उसका,  
जिसकी थी वो परछाई कर लिया उन्होने किनारा उसका।

कि रोका उसे जीने से समाज के इन दरिंदो ने,  
ना दिया खुश रहने का अधिकार इस समाज की बंदिशों ने।

जैसे जैसे बड़ी हुई हुआ उसे आभाष ये कि दूर रखा गया है उसे उसके  
शिक्षा के अधिकार से।

जब उठानी चाही उसने इस अन्याय के खिलाफ आवाज ,  
तो कर दिया इस संसार ने शादी के बंधन का उस पर प्रहार।

बैठ गई मंडप में वो रखने पिता की लाज,  
क्या यहीं से होने वाला था एक नए युग का आगाज ?

उम्मीद थी उसके मन में कि वो कर रही है जीवन की शुरुआत,  
जिसके साथ वो समझेगा उसका ज़बात ।

जब कहना चाहा उसने कि शिक्षा प्राप्त करना है उसका मूल रूप  
अधिकार,  
तो उसी व्यक्ति ने कर दिया उस पर बहू के नातो का प्रहार।

ऐसे ही जलती रही उसके हृदय में शिक्षा प्राप्त करने की आग,  
क्या वह कभी कर पायेगी इस आग का प्रतिकार ?

क्या मिटा पायेगी समाज की रूढ़ीवादी सोच को ?  
क्या समझ पायेगी उन्हें कभी ?

कि जब नारी होगी शिक्षित  
तब ही समाज होगा विकसित।

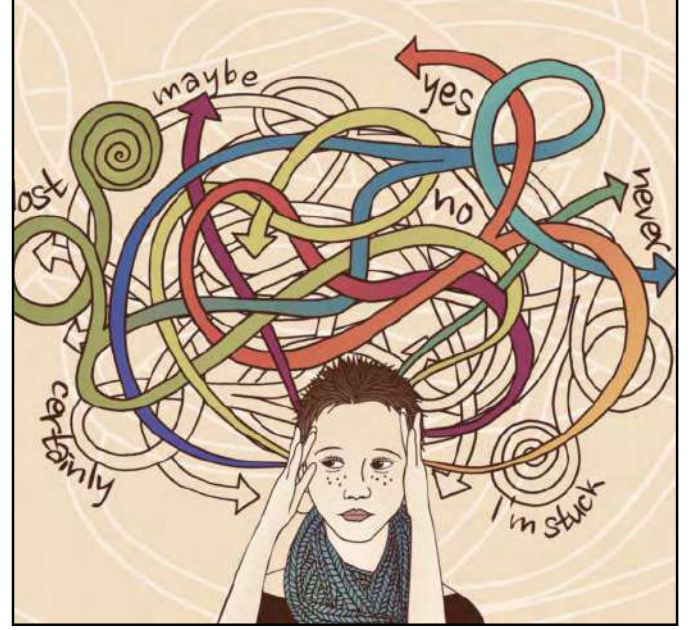


# ये दुनिया बड़ी भयानक

-सुशीला

बी.ए. (विशेष ) हिन्दी, प्रथम वर्ष

लगती ना मुझे यह मेरे लायक हैं  
इक पल ना लगती महफूज़ मेरे  
हर मोड़ पर यहां खलनायक हैं  
आत्मनिर्भर होना प्रतिभा मेरी  
समझते ये मुझे नायायज हैं  
अकेला देख मुझे सताते  
बीच सड़क निर्वस्त्र भगते  
कल तक सहू ये पीणा मैं  
सरेआम घूमता कीणा ये  
चाहे अब न्याय की छाव  
कोर्ट कचेरी की धाम नहीं  
दर्द जो मैंने उस रोज सहा  
उस मंजर को कैसे करूं बयां  
अब मेरा दर्द उसे भी सहना पड़ेगा  
समाज की गाली को उसे भी सुनना पड़ेगा  
मांग की हैं न्याय की  
अब उस रोज का पीड़ित व्यक्ति उसे भी बनना पड़ेगा



# अपने-आप से

-डिंपल

बहुविषयक पाठ्यक्रम (एच.आर.एम+अंग्रेजी)



कभी अकेलेपन में बात की है खुद से  
पहचाना है अपने-आप को  
या बस दुसरो के सवालो से जाना है,  
क्या पसंद ना पसंद है खुदको,

कभी समय मिलें तुम्हें अपने आप से मिलने का,  
तो पूछना ये सवाल कि यह जो तुम कर रहे हो,  
वो सब तुम्हें सच में चाहिए क्या,  
या कर रहे हो कोई दिखावा अपने आप से खुदको बचाने के लिए,

इस सवाल-जवाब में यह ना भूल जाना तुम,  
जो जवाब दे रहा है, तुम्हें वो तुम खुद हो,  
यह सवाल जवाब तुम अपने-आप को पहचानने के लिए कर रहे  
हो,  
ना कि उनमें उलझने के लिए अपने-आप से।

# अनजान सफ़र

-सलोनी

बी.ए. (विशेष ) हिन्दी, द्वितीय वर्ष

आज सफ़र में मैंने दो उदास चेहरे देखे  
थे तो वे एक दूजे के लिए अनजान पर ऐसा लग रहा था  
मानो उन दोनो की मंज़िल एक ही थी

आस पास की गूँजती आवाजों में उनकी खामोशी एक अलग ही शोर मचा रही थी  
जा तो वे अपनी मंज़िल की तरफ ही रहे थे  
पर जाने क्यूं उनके रास्ते कुछ गुमराह से लग रहे थे  
पास बैठे हर मुसाफ़िर अपनी मंज़िल की ओर बढ़ रहे थे  
पर जाने क्यूं उन मुसाफ़िरोँ में वो उदास चेहरे अब भी वहीं खड़े थे

सोचा की पूछ लूँ की आखिर इन उदास चेहरों के पीछे वजह क्या है..पर जाने क्यूं फ़िर हिम्मत ना हुई  
आखिरकार अब मेरी मंज़िल भी मेरे सामने थी  
तब एक आखिरी बार पलट कर उनकी तरफ देखा  
वे अब भी आँखों में निराशा लिए बैठे थे  
ऐसा लग रहा था की मानो वे भीड़ में भी अकेले थे  
ना जाने उनकी मंज़िल क्या थी

आँखों में उदासी की वजह क्या थी..कुछ ना जान पाई  
शायद इसे ही अनजान सफ़र कहते हैं  
जहाँ कोई किसी से अपने दिल की बात नहीं कहता  
जहाँ कोई किसी के अल्फाज़ो को नहीं समझता  
जहाँ हर मुसाफ़िर एक दूजे के लिए केवल अनजान शख्स ही होते है

और अंत में मैं भी अपनी मंज़िल की ओर चल पड़ी  
उन दो उदास चेहरों को तन्हा छोड़

जब हम कोई काम करने की इच्छा जाहिर करते हैं,  
तो शक्ति अपने आप ही आ जाती है।



# धार्मिक कुरीतियां

-जेसिका गुप्ता

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हम और भारत का प्रत्येक निवासी अपने देश से अमित प्यार करता है। हम गर्व से कहते हैं कि हम हिंदू हैं और हिंदुस्तान हमारा देश है। हमारा देश विभिन्न सांस्कृतिक धार्मिक संस्कृतियों वाला देश है। हमारे यहां हर दिन त्यौहार मनाये जाते हैं क्योंकि हमारी संस्कृति ही इतनी विशाल है हम अपने धर्म व संस्कृति को श्रेष्ठ मानकर उनका पालन करते हैं। जिस धर्म को स्वयं श्री कृष्ण ने गीता के रूप में व्यक्त किया, जिस धर्म की मर्यादा को बताने के लिए स्वयं नारायण ने धरती पर अवतार लिया तथा मर्यादा पुरुषोत्तम कहलाए, ऐसे धर्म में अंधविश्वासों और कुरीतियों का कहीं स्थान ही नहीं होना चाहिए। परंतु विवशता हमारी है, कि हमारे ही कुछ लोग अंधविश्वासों और कुरीतियों को धर्म में शामिल करके उन्हें अपना धर्म बताते हैं और हम भी उनका पालन यह सोच कर करते हैं कि हम अपने धर्म का पालन कर रहे हैं। ऐसे में हम कब अधर्मी बन जाते हैं हमें पता ही नहीं चलता।

हम इन कुरीतियों में इतने मग्न हो जाते हैं कि हम मानवता, सात्वता, अपनत्व सभी चीजों को ठुकराकर अत्याचार और जबरदस्ती पर उतर आते हैं। पुराने तो पुराने पढ़े-लिखे लोग भी इन सब चीजों में विश्वास रखते हैं। हम यह भी नहीं सोचते कि क्या इन सब से हम अपने धर्म व संस्कृति का हास नहीं कर रहे हैं? हम अपने परिवार व समाज के बीच ऐसे फस जाते हैं कि कुछ कार्य तो हमें ना चाहते हुए भी करने पड़ते हैं। कुछ कुरीतियां जो पिछले कई दशकों से चली आ रही है जैसे बाल विवाह, सती प्रथा, पर्दा प्रथा, भ्रूण हत्या, दहेज प्रथा तथा ऐसी कई अन्य प्रथाएं, कई सुधार आंदोलनों के पश्चात आज भी समाज में विद्यमान है। आज हम शिक्षित हैं फिर भी ये चीजे समाज में हैं तो धिक्कार है हम पर और हमारी शिक्षा पर। कभी-कभी तो मैं स्वयं अपने आस पास इन अंधविश्वासों को होते हुए देखती हूँ, तो जल उठता है मेरा हृदय कि आज भी मेरा देश इन अंधविश्वासों का शिकार है।

आज हम शिक्षा, विज्ञान, तकनीकी से लेकर हर क्षेत्र में अदम्य उन्नति कर चुके हैं यहां तक कि हम चांद पर रहने की बात भी करते हैं परंतु क्या आपको नहीं लगता कि पहले हमें अपने समाज में फैली गंदगी को साफ करके समाज में बैठने की जगह बनानी चाहिए। हम अपने आप को शिक्षित कहते हैं और पैसे के लालच में दहेज प्रथा का शिकार बन जाते हैं तथा संविधान की दृष्टि में एक शिक्षित अपराधी बन जाते हैं। हम संविधान पढ़ते हैं और संविधान के नियमों और कानून का पालन करने का हवाला भी देते हैं लेकिन तब हम अपने संविधान के टुकड़े कर देते हैं जब हमारे सामने बाल विवाह हो रहा होता है और हम उसे अनदेखा कर देते हैं।

हम अपने आप को आधुनिक सोच वाला (मॉडर्न) बताते हैं और हंसी तो तब आती है जब हमारा ही परिवार पुरानी कुरीतियों और अंधविश्वासों को नींव बनाकर पर्दा प्रथा के साथ खड़ा होता है। हम बेटी के जन्म को लक्ष्मी आगमन कहते हैं, पर शर्म तो तब आती है जब हमारा ही मन कहीं ना कहीं वंश प्रगति के लिए बेटा पाना चाहता है। वैसे तो हम बेटियों को चांद पर भेजने की बात करते हैं यह बड़ी-बड़ी बातें भी तब समझ आ जाती हैं, जब हम उनके सपनों की उड़ान में उन्हें अकेला छोड़ देते हैं। यहां तक कि हम संविधान की शपथ भी झूठी ले लेते हैं। हमारे संविधान की शपथ तो साफ-साफ यह कहती है कि हम किसी भी प्रकार के भेदभाव व छुआछूत को नहीं अपनाएंगे क्योंकि हम सब उसी भारत माता की संतान हैं परंतु फिर भी यह चीजे हमारे व्यवहार में आम तौर पर नजर आ जाती हैं।

यह तो कुछ सामान्य उदाहरण थे इन बातों को व्यक्त ही नहीं किया जा सकता। आज मैं कुछ प्रश्न पूछना चाहूंगी। क्या यही हमारी शिक्षा है? क्या यही हमारा धर्म है? क्या यही गीता और रामायण है? आखिर क्यों हम अपने ही धर्म का नाम खराब करने पर तुले हुए हैं? मेरा आप सभी से आग्रह है, कि अंधविश्वासों और कुरीतियों को त्यागकर अपने धर्म अर्थात् अपने परिवार, समाज तथा अपने प्रति अपने कर्तव्यों का पालन करने की कृपा करें।

सेवा, परोपकार और दुखी की सहायता  
मनुष्य के प्रधान कर्तव्य हैं।

जयशंकर प्रसाद

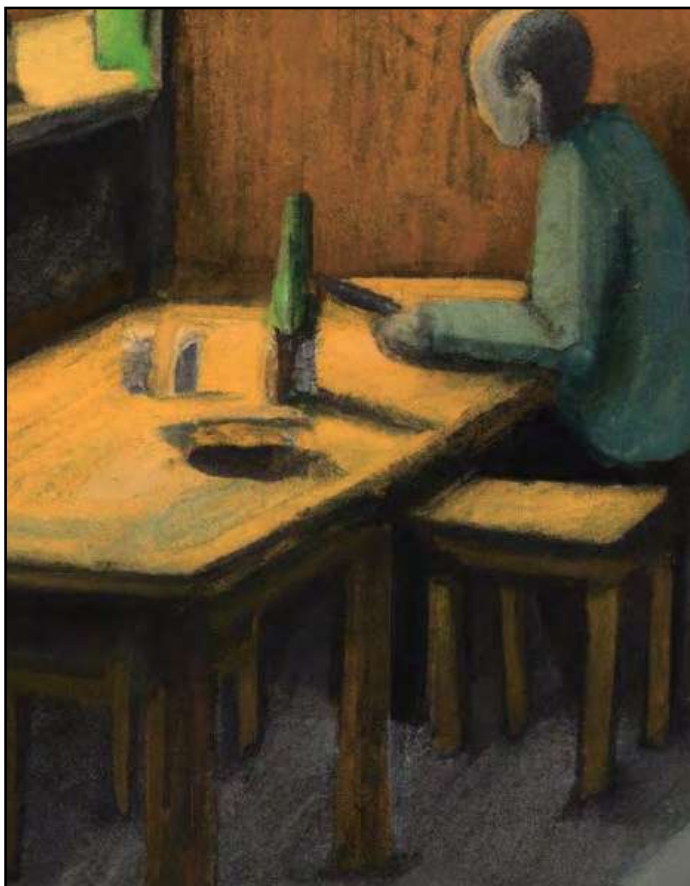


## नज़र नहीं थी

-सुशीला

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अकेली नहीं थी  
कुछ अपने मेरे साथ थे  
छोटी थीं मैं  
और बड़े अरमान थे मेरे हाथ में  
मुझे तबाह करके क्या पाया उसने  
मेरा बलात्कार तो किया पर क्यों जलाया उसने  
अपनों के हाथ जोड़ रही थीं...अपनी जान बचाने के लिए  
पर अपनों को आंख ना आई.. मेरी मासूम जिंदगी  
उम्र बताऊं तो नौ बरस की थी मैं  
और उस रोज अपनों का ये मतलब भी समझ गई थी मैं  
उसकी हवस मिटाने का क्या मैं ही एक तरीका थी  
अगर हां। तो ए खुदा तुने मुझे ये जिंदगी क्यों दी



## मेरे पापा

-सलोनी

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बचपन से मेरी हर ज़िद को अपनी ख्वाहिश समझ कर पूरा किया  
आपने

जब कभी लड़खड़ाई तब आगे आकर संभाला आपने

जब खेलते खेलते थक गई तब अपने कांधे पर सुलाया आपने  
हर बार मेरे उदास से चेहरे को अपनी बातों से हसाया आपने

मेरे हर जन्मदिन को अपने लाये तोहफ़ों से ख़ास बनाया आपने  
जब भी दुनिया की भीड़ को देख घबराई तब मेरे हौसले को  
बढ़ाया आपने

हर बार मेरे अंदर सपनों की उम्मीद को जगाया आपने  
आप राजा तो नहीं पर मुझे अपनी राजकुमारी बनाया आपने

हर पल हर कदम पर मेरा साथ निभाया आपने!

# एक रंगीन सफर

-तुबा अख्तर

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यह कहानी है राम नारायण की, जिन्होंने अपने सपनों का पीछा करते हुए अपने पिताजी, ब्रिजु, के सपनों को पूरा करने का सफर तय किया। ब्रिजु ने चाहा था कि उसका बेटा एक अफसर बने, और इसके लिए राम नारायण ने अपनी मेहनत और इच्छा को पूरा करने के लिए किड़ों के बचपन से ही प्रेरित किया।

राम नारायण की तेज दिमागी और उत्साह से भरी जिंदगी ने उसे हमेशा अच्छे विद्यालयों की ओर प्रेरित किया। उसने अपने घर के सामने एक दूसरे देशी के सपनों की झलकी देती देखी, जिसने उसमें बहुत सी सवालों को उत्तेजित किया।

रात के काले अंधेरे में, उसकी बेटी ने पूछा, “बाबा, ये कौन लोग हैं?” राम नारायण ने मुस्कराते हुए कहा, “ये वो लोग हैं जो अपने सपनों को पूरा करने के लिए मेहनत कर रहे हैं।”

इसके बाद, ब्रिजु ने अपने बेटे की परेशानी को देखते हुए विचार किया कि क्या हो रहा है उसके बेटे के सपनों के साथ।

समतासराण ने सतान में कहा, “बाला रामनारायण ने अपने बालों को उसके बाबा बेटे के समान रंगीन कपड़ों में मानवता के आगे अपने हाथों से भरा। उसने समझाया कि हर कड़ी में एक साथी सवाल है, और ध्यान रखना चाहिए कि इतना बहुत सी से सवाल उमड़ जाता है कि दुनिया कहाँ अबिर है।”

बाबा ने फिर से रामनारायण को स्पर्श किया, और उसने कहा, “तू बिना किसी फिक्र के, बिना किसी भेदभाव के, आगे बढ़, और एक रंगीन दुनिया बना।”

इसके बाद, रामनारायण ने मिलकर अच्छे-बुरे का सामंजस्य बनाए रखने की महत्वपूर्णता को समझाया, और उन्होंने समझाया कि जैसे रंगों का मिलना हमारे भीतर, व्यवहार में, और नाम में होता है, वैसे ही हमें एक-दूसरे के साथ समझदारी और साझेदारी की आवश्यकता है।

चेक बुक हो पीली या लाल दाम सिक्के हों या शोहरत कह दो उनसे जो  
खरीदने आये हो तुम्हें  
हर भूखा आदमी विकाऊ नहीं होता।

~धर्मवीर भारती

# एक गुब्बारा

-आस्था रानी

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एक महीने बाद रिया के भाई की शादी है। इस बार वह शादी की सारी खरीददारी अपनी माँ मानवी के साथ दिल्ली शहर के लाजपत नगर से करना चाहती है। 'राविवार' छुट्टी का दिन आज उसने घर का मारा काम जल्दी से निपटा लिया ताकी वह समय से मार्केट पहुंच सके। वे दोनों तैयार होकर घर से निकलती हैं और रिक्शा रोकने लगती हैं। इसी बीच रिया अपनी माँ से कहती है कि इस बार 'हम रिक्शा से न जाकर बस से चलते हैं। 'दिल्ली' में महिलाओं के लिए बस की सेवा निःशुल्क है। मतलब फ्री, फ्री, फ्री। घर से समय पर निकलने से उन्हें बस भी जल्द मिल जाती है और मार्केट भी समय पर पहुंच जाते हैं।

रिया तो बहुत खुश हो रही है क्योंकि उसने आज वो पैसे बचाए हैं जो उसे हमेशा फिजूल लगते थे। वे दोनों खूबसारी खरीददारी करते हैं पर अब रिया थककर कहती है मम्मी मुझे भूख लगी है। मैं छोले-कुलचे खाऊँगी और आज तो मैंने पैसे भी बचाए हैं। मानवी मुस्कुरा कर कहती है। ठीक है बच्चा चलो। दोनो छोले-कुलचे की दुकान पर पहुंचते हैं और मानवी रिया को पैसे देते हुए दो प्लेट लाने को कहती है।

रिया जा ही रही होती है कि एक छोटी बच्ची हाथ में चार से पाँच गुब्बारे लिये उनके पास आकर कहती है 'दीदी गुब्बारे ले लो'। मानवी प्यार से कहती है बेटा मेरे घर तो कोई छोटा बच्चा नहीं है, मैं लेकर क्या करूँगी। वह बच्ची उदासी भरी निराशा से रिया की ओर देखती है। तो रिया उससे पूछती है कि तुम कुछ खाओगी ? बच्ची हाँ में सिर हिलाती है। रिया कुल्चे लेने चली जाती है।

फिर वह पास में खड़े एक आदमी के पास जाती है, जिसका छह से सात- साल का बेटा रो रहा होता है। रोते हुए बेटे को बहलाने के लिए आदमी दस रुपये देकर बच्ची से गुब्बारा लेता है। तो वह गुब्बारा देते हुए कहती है कि 'सर जी' दस का नहीं बीस का है। दस रुपये और दे दीजिए। आदमी उसे धूर कर देखता है और हाथ से गुब्बारा सपटते हुए कहता है 'इतने का ही आता है, मैंने सही पैसे दिये हैं और अपनी पत्नी के साथ बड़ी सी दुकान के अंदर चला जाता है। वह बच्चे को गुब्बारे के साथ खेलते हुए देखती रह जाती है।

रिया दुकान पर खड़ी दूर से यह सब देख रही होती है और दोनो हाथों में प्लेट लिये उसे अपनी ओर बुलाती है। वह बच्ची ने नजर ऊपर करी तो रिया और मानवी ने देखा कि उसकी आँखें लाल और आँसुओं से भरी हुई हैं, जैसे आँखें में गुस्सा औरचेहरे पर उदासी। मानवी बच्ची से पूछती है क्या हुआ बेटा? रिया जवाब देते हुए कहती है कि एक अंकल ने दस रुपये देकर उसका गुब्बारा ले लिया, जो कि बीस रुपये का था। मानवी कहती है तुम रोओ मत बेटा दस रुपये में तुम्हें देती हूँ और गुस्से से पीछे मुड़कर उस आदमी को देखती है जो अपने बेटे के लिए बड़े-बड़े खिलौने खरीद रहा होता है। इसी बीच बच्ची उस आदमी के पास जाकर उसके दस रुपये वापस कर बच्चे से गुब्बारा ले लेती है और वह बच्चा फिर से रोने लगता है।



# कर्म-फल

-निधि सिंह

बी.ए. (विशेष) मनोविज्ञान, द्वितीय वर्ष

हमारी ज़िन्दगी में ऐसी कई घटनाएँ घटती हैं, जिस में हम गलतियां करते हैं तथा ध्यान नहीं देते और फिर उन्ही घटनाओं में की गई गलतियों का हमें भविष्य में फल जरूर मिलता है। ऐसी ही कहानी है मीनाक्षी नाम की महिला की जो अपने अहंकार में इतनी अंधी हो जाती है कि दूसरों के दुःख-दर्द को नहीं देख पाती है।

एक वृद्ध व्यक्ति अपनी वृद्धा पत्नी के साथ शांत नदी के किनारे अपनी झोपड़ी में रहता था। दोनों एक दूसरे कि अंधे कि लाठी थे। वृद्धा घर-गृहस्थी का ध्यान रखती थी और व्यक्ति खेती-बाड़ी करके किसी तरह दो वक्त की रोटी का इंतज़ाम कर पाता था। समय यों ही बीतता रहा।

एक बार वर्षा न होने के कारण उसके खेत में कोई फसल नहीं उग पाई। वह निराश हो गया और उसने यह बात अपनी वृद्धा पत्नी को बताई। उसकी स्त्री ने कहा, "कोई बात नहीं, तुम चिंता न करो। इस साल किसी तरह हम गुजारा कर लेंगे।"

बूढ़े व्यक्ति ने पूछा, "पर कैसे?" क्योंकि उसे कोई और राह नजर नहीं आ रही थी।

बुढ़िया ने कहा, "हमारी झोपड़ी से थोड़ी दूर पर जो कोठी है, मैं वहाँ चूल्हा-चौका कर लूंगी, जिससे हमारी गुजर-बसर हो जाएगी।"

बूढ़ा आश्चस्त तो हो गया लेकिन अभी भी उसके माथे पर चिंता की लकीरें नजर आ रही थी।

बुढ़िया झोपड़ी से थोड़ी दूर स्थित कोठी की ओर आस लिए पैदल चल दी। वहां पहुँचकर उसने कोठी की मालकिन से कुछ काम देने की अनुनय-विनय की और भाग्य से कोठी की मालकिन मीनाक्षी ने उसे काम दे दिया। वह वृद्धा महिला दिनभर काम करती किन्तु मीनाक्षी हमेशा उसके काम में कमियाँ निकलती और उसे डाँटती रहती थी। मीनाक्षी का दस साल का एक बेटा भी था, जो बुढ़िया को 'अम्मा' कहता था। उनसे उसे बहुत लगाव था।

जब बूढ़ा वृद्धा से दिनभर का हाल लेता तब बुढ़िया बूढ़े को कुछ नहीं बताती क्योंकि वह बूढ़े को परेशान नहीं देखना चाहती थी। इसलिए वह मीनाक्षी की झूठी तारीफें करके बूढ़े को तसल्ली देती थी। बूढ़ा अपनी पत्नी के फूलों की तरह मुरझाये हुए चेहरे को भाप जाता और समझ जाता कि वह झूठ बोल रही यही परन्तु वह कुछ नहीं कहता था।

एक दिन वह बूढ़ा व्यक्ति अपनी पत्नी के पीछे-पीछे यह देखने गया कि कोठी कैसी दिखती है? वह वहाँ पहुँचा तो देखकर दंग रह गया। इतना



बड़ा और साफ़-सुथरा घर उसने जीवन में पहली बार देखा था | लॉन में फैला बगीचा कोठी कि सुंदरता में चार चाँद लगा रहा था | वह खुद को रोक ने सका और चुपचाप जाकर फूलों को देखने लगा | फूलों के सौंदर्य ने उसका मनमोह लिया था ।

अचानक उसे कोठी के अंदर से बुढ़िया की चीख सुनाई दी | वह भागा- भागा अंदर गया | उसने देखा कि बुढ़िया सीढ़ियों से लुढ़कती हुई नीचे गिरी और बेहोश हो गई | शायद उसके शरीर को गंभीर चोट पहुँची थी | बूढ़ा घबरा गया और रोते हुए उसके पास जाकर बैठ गया | मीनाक्षी को जब यह पता चला तो उसका गुस्सा सातवें आसमान पर पहुँच गया |

फिर उसने बूढ़े से कहा, "ओ बूढ़े जा अपनी बुढ़िया को ले जा और यहाँ कभी मत आना |" जब उसने मीनाक्षी का रूद्र रूप देखा तो वह बूढ़ा व्यक्ति सोचने लगा कि ये बड़े लोग कितने पत्थर दिल के होते हैं और उसका शक यकीन में बदल गया तथा चुपचाप वृद्धा को वहाँ से ले गया |

इस घटना को बीस साल हो गए, आज मीनाक्षी के साथ कुछ ऐसी

ही घटना घटी|

उसकी बहू आज वैसा ही व्यवहार कर रही थी जैसा मीनाक्षी ने उस वृद्धा स्त्री के साथ किया था| वही कठोर तथा कड़वी बोली का मिश्रण था उसके मुख पर | मीनाक्षी को उस वृद्धा की याद आई और मन ही मन अपने आपको धिक्कारने लगी |

बहू ने मीनाक्षी को घर से चले जाने को कहा, तभी मीनाक्षी के बेटे ने अपनी पत्नी को रोका और अपनी माँ को उस घटना तथा उसके गलत व्यवहार की याद दिलाई| उसके बेटे ने कहा, " माँ, मुझे माफ़ करना। मैंने आपके साथ ऐसा व्यवहार किया।"

मीनाक्षी ने कहा, "नहीं बेटा, तुमने सही किया। मुझ जैसी स्त्री के साथ यही होना चाहिए। अब मैं अपना पश्चाताप वृद्ध आश्रम में जाकर करूँगी।"

उसके बेटे और बहू ने उसे रोकने की कोशिश की परन्तु वह नहीं मानी और चली गयी। मीनाक्षी आश्रम में रहने लगी और उसका दूसरों के प्रति व्यवहार भी बदल गया। कहते हैं न कर्मों का फल एक दिन मिलता ज़रूर है।



सौभाग्य उन्हीं को प्राप्त होता है जो अपने कर्तव्य पथ पर अविचल रहते हैं।

-प्रेमचंद

# KNC THROUGH A LENS



# KNC THROUGH A LENS



# KNC THROUGH A LENS





# संस्कृत विभाग



एको धर्मः परं श्रेयः क्षमैका शान्तिरुत्तमा ।  
विद्यैका परमा तृप्तिरहिंसैका सुखावहा ॥

परामर्शदाता  
डॉ. कमलेश रानी

छात्रा संपादक मंडल  
योगिता, मोनाल च

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-योगिता

विभागः संस्कृतम् (तृतीय-वर्षम्)

न किमपि मम स्वप्नात् बृहत्तरं,  
कोऽपि समस्या मम स्वप्नात् बृहत्तरः नास्ति,  
कोऽपि दुःखः मम स्वप्नात् बृहत्तरः नास्ति,  
अहं निवर्तयामि, अहं पतित्वा स्वस्थः अस्मि,  
परन्तु अहं अग्रे गच्छामि।

# आत्मविश्वासः

-प्रीति

विभागः संस्कृतम् (तृतीय-वर्षम्)

एकस्मिन् ग्रामे अतीव निर्धनः एकः ब्राह्मणः निवसति स्म । तस्य नाम यज्ञदत्तः आसीत् । तस्य विमला नाम्नि सौभाग्यवती एका पत्नी मंगूः नाम्नश्चैकः पुत्रः आसीत् । सः ब्राह्मणः ग्रामेषु पौरोहित्य कर्म कृत्वा स्वाजीविकां आचिनोति स्म । तौ स्व पुत्रमतीव स्नेहं कुरुतः स्म । अल्पवयसी अपि मातृ-पितृभक्तः सः पितरौ सदैव सेवां करोति स्म तन्मयभावेन । सदैव तयोराज्ञां मन्यते स्म । तस्य माता तं श्रेष्ठं नागरिकं निर्मातुं वांछति स्म । बाल्यकाले खलु तस्य मात्रा एषा वै शिक्षा प्रदत्ताऽऽसीत् यत् भगवान् खलु सर्वेषां पिता अस्ति, सो वै सर्वेषां हितं करोति, अतः सदा तस्यैव स्मरणं करणीयम् । विकटपरिस्थितावपि खलु नैव धैर्यं परित्यक्तव्यम् मनुष्यैः । परिश्रमेण वै जीविका यापनं करणीयम्, नैव कदापि केनापि दयाभावेन । स्वाभिमानस्य सदैव रक्षा करणीया इति । मङ्गूः अध्ययने महति रुचिरासीत्, अतः सो विद्यालयमपि गच्छति स्म । तत्रापि तीक्ष्ण बुद्धेः तस्य विनम्रव्यवहाराद् सर्वे अध्यापकाः तस्य अतीव प्रशंसां कुर्वन्ति स्म । यदा स दशवर्षीयः आसीत् तस्मिन् ग्रामे महती विपत्तिरागता, विषूचिका सर्वत्र प्रसरिता । सः आत्मविश्वासेन सह विपत्तेः निराकृतं । अतो आत्मविश्वासः सदा कर्तव्यः ।



## पुत्री

-डॉ० कमलेश रानी  
विभागः संस्कृतम्

पुत्रीपुत्रयोः न भेदः कर्तव्यः कदाचन ।  
पुत्री तु सदा सर्वदा प्रेमास्पदा सर्वजन ॥

पुत्री मातापितरयोः सेवयति श्रद्धया ।  
सेचयति स्वस्नेहं विन्दूनं हृदि निष्ठया ॥

मात्रा-पित्रा भ्रातां प्रति वाञ्छति सर्वं वृद्धिम् ।  
शोकाकुलं तारयति जनयति सुखं समृद्धिम् ॥



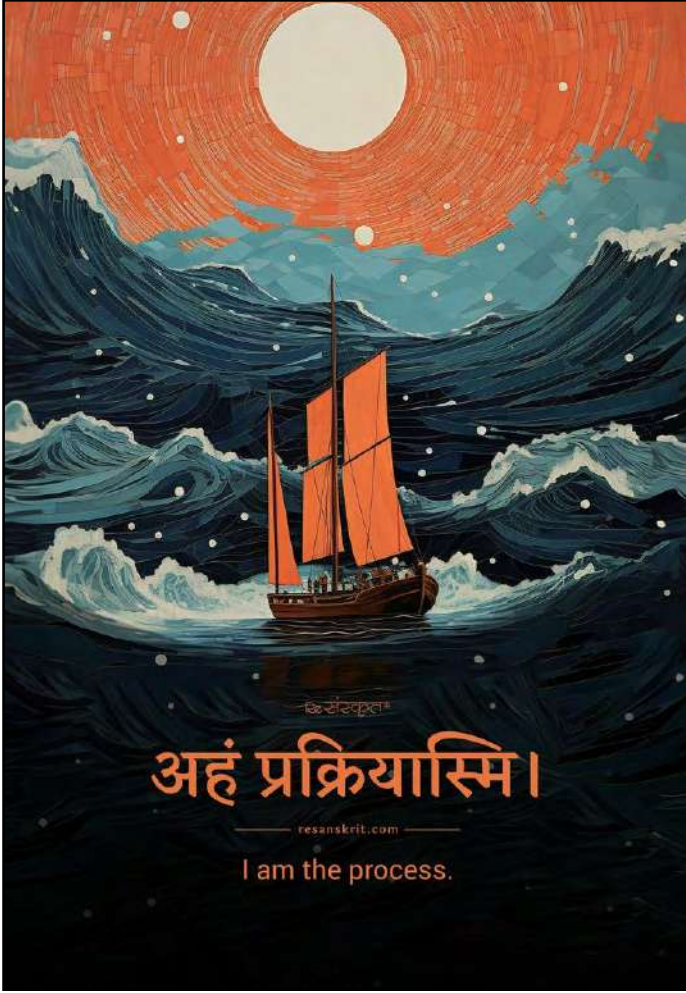
## महिला सशक्तिकरणम्

-प्रियंका बन्सल  
विभागः संस्कृतम् (तृतीय-वर्षम्)

अस्माकं राष्ट्रे वैदिक काले, रामायण काले, महाभारत काले तथा अन्य धर्मशास्त्रकाले महिलानां गौरवपूर्णं स्थानम् आसीत् । स्त्रियाः संस्कृत शास्त्रे सदैव पूज्य दृष्ट्या दृश्यन्ते । मनुस्मृति ग्रन्थे महाराज बनो मनुना उक्तं च मत्र नार्यस्तु पूज्यन्ते रमन्ते तत्र देवताः । मनैतास्तु न पूज्यन्ते सर्वस्त्राफलाः क्रियाः । गृहस्थ जीवने महिलानां सर्वोच्चं स्थानं अस्ति अधुनाऽपि । ऋते पत्या पतिः किमपि धार्मिकं कार्यं कर्तुं न प्रभवति ।

अनेन कथितं च न गृहं गृहं आहुः अपितु गृहणी गृहं उच्यते । एवं प्रकारेण वैदिक काले महिलानां सम्मानपूर्वकं स्थानं समाजे विद्यमानं आसीत् । परन्तु मध्यकाले तासां स्थितिः दयनीया जाता । परन्तु वर्तमान युगे महिलानां सम्यक् विकासः अभवत् । इदानीं तु स्त्रियाः सकल समाजे, राष्ट्रे च महत्वपूर्णं स्थानं अस्ति । वर्तमान भारत सर्वकार तासां कृते समस्त सर्वकारीय कार्यक्षेत्रे पञ्चाशत प्रतिशत आरक्षणं पारितम् । ऋते आरक्षणेऽपि महिलानां प्रत्येक कार्य क्षेत्रे सम्पूर्ण विकासः अभवत् ।





## संस्कृत भाषायाः महत्त्वम्

-प्रीतम दुबे

विभागः संस्कृतम् ( प्रथम-वर्षम् )

संस्कृतस्य महत्त्वं, आधुनिकस्य जगति,  
विश्वे च भारते च, विशेषतः विख्यातम्।  
भाषया एव संग्रहः, सर्वेषां विशिष्टं धनम्,  
विद्यायां श्रेष्ठतायां च, संस्कृतं प्रमुखम् तत्।

संस्कृतायां सम्बद्धायां, जनानां यदि धरोति,  
विज्ञाने साहित्ये धर्मे, तत्सर्वं सुखकारकम्।  
भारतस्य संस्कृतेः, अमृतस्य च स्रोतः,  
संस्कृतं पुनर्जन्म, भविष्यस्य निधिर्मम्।

नवं तत्र जगत्यां, संस्कृतं विलासते,  
जीवनं संस्कृतेः, नित्यं सरलम् च सुखाय।  
उत्तिष्ठत संस्कृतं, युगे युगे विशेषतः,  
विश्वस्य संस्कृतेः, संगच्छ विजयसेनः।

यदि विश्वं संस्कृतेः, संयुज्यते सहायता,  
तदा सर्वे सुखिनो, भवन्ति सह विद्यया।  
संस्कृतं समाजस्य, चिरायुः ददाति प्रिये,  
विकासं च प्रददाति, विद्या तु न कदाचन।

## अनुशासनम्

-श्रुति

विभागः संस्कृतम् (प्रथम-वर्षम् )

मानव जीवनानिर्माणाय ये गुणाः नितराम अपेक्षिताः सन्ति, तेषु अनुशासनम् मूर्धन्य स्थान भवति । संयम वा आत्म-नियन्त्रणम् एतस्य शाब्दिकः अर्थः । व्यावहारिक दृष्ट्या तेषां नियमानां पालनम् अनुशासनम् भवति । ये मानव समाजस्य हिताय निर्मिताः । संसारस्य आधारः अनुशासनम् एवं अस्ति । यथा सूर्यः चन्द्रस्य अनुशासने संसार प्रकाशयति तथैव मनुष्यस्य सुखद् जीवनाय अनुशासनम् अनिवार्य अस्ति । विद्यार्थिनः अद्य प्रायः अनुशासनहीनता प्रदर्शयन्ति अयं महद् दुखस्य विषयः अस्ति । विद्यालये परिवारे समाजे वा मानवस्य कृते अनुशासनस्य महती आवश्यकता अस्ति । अनुशासनेन असमांक मान प्रतिष्ठायां प्रतिदिनम् उन्नतिः भवति, तेन सुसंगठितस्य सुव्यवस्थित च राष्ट्रस्य निर्माण भवति । अतः निष्कर्ष रूपेण वयं वक्तुं शक्नुमः यत् अनुशासनम् एव लौकिकपारलौकिक शक्तिः अस्ति । यद्यपि अस्य सेवन प्रारम्भे महत् कष्टकर भवति, किन्तु परिणामे तु अमृत समान । अतः अनुशासनस्य पालनं सर्वदा करणीयम् । अनुशासन विषये वेदेषु अपि वर्णितम् अस्ति तु अस्माकं कृते तु अत्र कोऽपि न संशयः । अस्माकं राष्ट्रस्य समाजस्य वा अनुशासन मूलाधारः भवेत् । विद्यार्थिनां अनुशासनं आवश्यकं अस्ति । तेनैव सुनागरिकाः निर्माणं भविष्यन्ति ।

# पर्यावरण प्रदूषणम्

-लविका त्रिवेदी

विभागः संस्कृतम् (तृतीय-वर्षम्)

मानव जीवन तथा च अन्य जीव जन्तूनां कृते स्वच्छ पर्यावरणस्य महती आवश्यकता अस्ति । परन्तु वर्तमाने युगे पर्यावरणस्य महती समस्या, दृश्यते । मानवः स्वक्रिया कलापेन, अवशिष्ट पदार्थानां उर्जायाश्च विमोचनेन यत् प्राकृतिक सन्तुलनं दूषयति तत् प्रदूषणं इति कथ्यते । मुख्याः प्रदूषणाः भवन्ति- वायु प्रदूषणम्, जलप्रदूषणम्, भूमि प्रदूषणम्, ध्वनिप्रदूषणम् तथा च रेडियोधर्मी प्रदूषणम् । वायुमण्डले विविध गैसादयः विशेष अनुपात पूर्वकं भवन्ति । तेषां अनुपाते यदा व्यतिक्रमः भवति तदा वायु प्रदूषणं जायते । जलं जीवनं अस्ति परन्तु आधुनिक युगे नद्याः जल प्रदूषिता जाताः । यथा गङ्गा, यमुना, नर्मदा, कावेरी, गोराबरी, सरयू इत्यादयः जलं विविध संयन्त्र माध्यमेन दूषितम् इति । भूमेः अन्नं प्रभवति ।

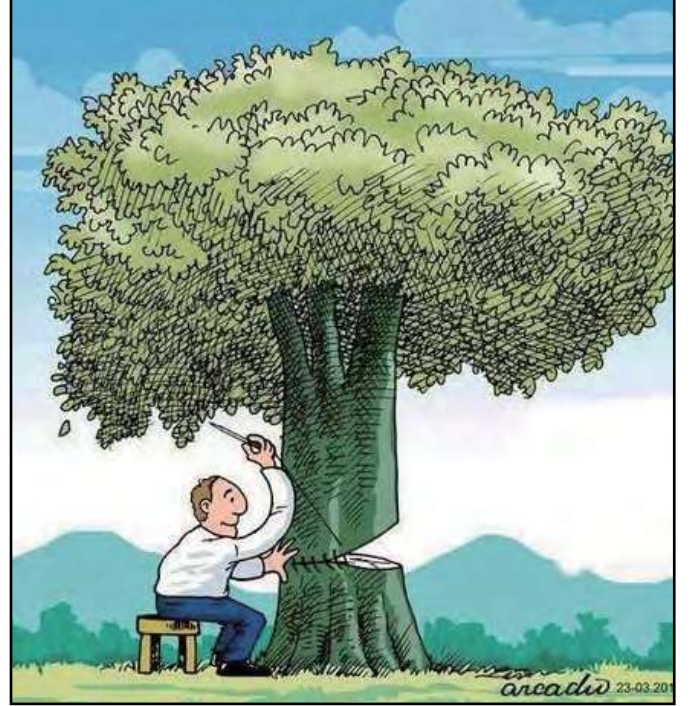
परन्तु अधुना जनाः अद्योगिक यन्त्रालयानां यत् अप शिष्टं अस्ति तत् सर्वं भूमेः एव पातयन्ति । अतः भूमेः उर्वराशक्तिः प्रभावितः । ध्वनि अपि उत्तम स्वास्थ्य हेतोः परमावश्यकता अस्ति मात्रायां । परन्तु आधुनिके युगे उग्रं कठोरं ध्वनि यत्र तत्र सर्वत्र श्रूयते । अतः सा हानिकारिकाऽस्ति । रेडियो धर्मा प्रदूषणाऽपि आधुनिके युगे महासमस्याऽस्ति । विभिन्न संयन्त्रेण इदानीं रेडियो तरंगाणि प्रभवन्ति तेन सर्व जीव जन्तवानां जीवनं प्रभावितं जातं इति । अतः वर्तमाने युगे पर्यावरणस्य महती समस्या अस्ति ।

## वृक्ष

-मोनाल

विभागः संस्कृतम् (प्रथम-वर्षम्)

त्वं किमपि न भवितुं अपि किमपि असि!  
 शरीरं क्लेशानां सहचरः असि!  
 त्वं न वदसि किन्तु शृणोषि ।  
 तूष्णीं विरक्तोऽपि सदा तत्र भवसि ।  
 न तु एकत्र मण्डपे किन्तु बहिः एकत्र ।  
 कदाचिदज्ञातोऽसि कदाचिदस्माकं च ।  
 त्वं जनान् छायां ददासि किन्तु जनाः त्वां रोदयन्ति ।  
 त्वं मम मित्रं, त्वं मम एकमात्रः आश्रयः असि ।  
 त्वं नान्यः कश्चित्, त्वं पादः अस्मत् ॥



# SOCIETY ACTIVITY REPORTS

(February 2023-January 2024)



*Team Shining Network*

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# अभिव्यक्ति: हिंदी वाद-विवाद समिति

अभिव्यक्ति ( हिंदी वाद –विवाद समिति ) छात्राओं को वाद –विवाद के माध्यम से समय, समाज, देश ,राजनीति और अंतर्राष्ट्रीय दृष्टिकोण के निरंतर परिवर्तित होते परिदृश्य को व्यापक पटल पर प्रस्तुत करने का अवसर प्रदान करती है। वास्तविकता में वाद-विवाद परस्पर संवादात्मक तर्क की एक औपचारिक विधि है। वाद-विवाद, तार्किक तर्क की तुलना में तर्क का एक व्यापक रूप है, जो तथ्यात्मक तर्क से स्थिरता और विषय की गहराई की परख करता है तथा जो सिर्फ वाकपटुता का निरीक्षण नहीं करता है बल्कि वाद-विवाद के माध्यम से संवेदना के नए अवसरों की भी खोज करता है। अभिव्यक्ति वर्ष भर कई प्रतियोगिताओं का आयोजन करती है। इस वर्ष समिति द्वारा निम्नलिखित कार्यक्रमों का आयोजन किया गया:



**‘वाक्चातुर्य’ टर्नकोट व पारंपरिक वाद-विवाद प्रतियोगिता का आयोजन:** अभिव्यक्ति ने महाविद्यालय के वार्षिक उत्सव ‘उल्लास’ के अंतर्गत ‘वाक्चातुर्य’: अन्तर्माहाविद्यालय टर्नकोट व पारंपरिक वाद विवाद प्रतियोगिता का आयोजन 11 अप्रैल 2023 को ओल्ड सेमीनार रूम में किया। इस प्रतियोगिता का विषय था : ‘यह सदन जनसंख्या बिल के कार्यान्वयन का समर्थन करता है’। विविध महाविद्यालयों से आये 45 प्रतिभागियों ने इसमें भाग लिया। मुख्य न्यायाधीश के रूप में डॉ. भीमराव अम्बेडकर महाविद्यालय से डॉ. ताराशंकर और अमर उजाला समाचार पत्र से कल्लोल चक्रवर्ती उपस्थित थे। विजेताओं को नगद पुरस्कार एवं प्रमाणपत्र प्रदान किया गया। कार्यक्रम का संचालन समिति की सदस्य दीपाली और मनीषा ने किया। धन्यवाद ज्ञापन संकाय प्रतिनिधि डॉ. मनोज कुमार ने किया।

**कार्यशाला का आयोजन:** अभिव्यक्ति द्वारा दिनांक 30 अक्टूबर 2023 को नव संगोष्ठी कक्ष में एक कार्यशाला का आयोजन किया गया। कार्यशाला का विषय था: ‘प्रभावशाली तर्क-वितर्क कैसे करे?’ कार्यशाला में विषयवस्तु का प्रस्तुतीकरण अधिवक्ता एवं दिल्ली के डिबेटिंग सर्किल में प्रमुख नाम मयंक सिंघल ने किया। इस अवसर पर विश्वविद्यालय समुह्य से 80 से अधिक प्रतिभागी उपस्थित रहे। मयंक जी ने प्रतिभागियों को प्रभावशाली तर्क करने के आवश्यक गुण बताते हुए वाद विवाद के चार अनिवार्य पहलू बताये: ऐतिहासिक, कानूनी, राजनीतिक और सामाजिक पहलू। उन्होंने कहा कि अच्छे वाद विवाद के लिए एक पाठक होना अनिवार्य है। उन्होंने सामाजिक-राजनैतिक जीवन से अनेक उदाहरणों का प्रयोग किया। कार्यक्रम के अंत में समिति के संकाय सदस्य शाहिद रजा ने धन्यवाद ज्ञापित किया। इस अवसर पर समिति के छात्र प्रतिनिधियों के आयोजन क्षमता कको रेखांकित किया गया। कार्यक्रम का संचालन समिति की सदस्य मनीषा और आसमा ने किया और अध्यक्ष दीपाली कटारिया ने धन्यवाद ज्ञापित किया।

**ओरिएंटेशन का आयोजन:** कॉलेज की वाद विवाद संवाद समिति ‘अभिव्यक्ति’ का ‘ओरिएंटेशन कार्यक्रम 11 सितम्बर 2023 को संपन्न हुआ। इस अवसर समिति के उद्देश्य एवं कार्य प्रणाली से नवागत छात्राओं को परिचित कराया गया। ‘अभिव्यक्ति’ के संकाय प्रतिनिधियों ने छात्र जीवन में बहस मुबाहिसे की संस्कृति पर प्रकाश डाल कर नवागत छात्राओं को प्रेरित किया। समिति की छात्र प्रतिनिधियों से सबका परिचय कराया गया। इस अवसर पर समिति के विभागीय सलाहकार डॉ. शाहिद और डॉ. अजय कुमार उपस्थित थे। कार्यक्रम का संचालन आँचल कुशवाहा ने किया। धन्यवाद ज्ञापन समिति की छात्र अध्यक्ष दीपाली कटारिया ने किया।

**नवांगंतुक छात्राओं के वाद विवाद प्रतियोगिता का आयोजन:** कमला नेहरू कॉलेज की हिंदी वाद विवाद संवाद समिति ‘अभिव्यक्ति’ ने 26 सितम्बर 2023 को नवांगंतुक छात्राओं के लिए वाद विवाद प्रतियोगिता आयोजित की। प्रतियोगिता का विषय था- “ क्या सोशल मीडिया फायदेमंद से ज्यादा नुकसानदेह है?” प्रतियोगिता के निर्णायक के रूप में डॉ. अनुराग , पर्यावरण अध्ययन विभाग उपस्थित रहे। कार्यक्रम में शिक्षक सदस्य, छात्रा अध्यक्ष, सचिव तथा अन्य सदस्य तथा सभी प्रतिभागी उपस्थित रहे और कार्यक्रम को सफल बनाने में योगदान दिया। समिति की उपसचिव आँचल ने संचालन किया। समिति के शिक्षक अध्यक्ष डॉ. मनोज ने प्रतिभागियों का मनोबल बढ़ाते हुए कुछ शब्द कहे। इसके बाद सभी प्रति भागियों ने विषय के पक्ष -विपक्ष में अपने मत प्रस्तुत किए। सभी के विचार प्रभावशाली थे। सभी के वक्तव्य सुनने के बाद प्रतियोगिता के निर्णायक ने अपना निर्णय दिया। प्रतियोगिता में प्रथम स्थान- सिमरन चिब, राजनीति विज्ञान विशेष, द्वितीय स्थान- प्रकृति जैन, बी.ए. प्रोग्राम, तथा तृतीय स्थान अनुराधा वर्मा, इतिहास विशेष ने प्राप्त किया। सभी विजेताओं को पुरस्कृत किया गया। कार्यक्रम के अंत में आँचल कुशवाहा ने सभी का साथ जड़ने के लिए धन्यवाद किया। समिति की छात्रा संयोजिका दीपाली ने सबका उत्साह बढ़ाया तथा अपने विचारों को व्यक्त किया। इस अवसर पर समिति के शिक्षक अध्यक्ष मनोज कुमार, विभागीय सलाहकार डॉ. शाहिद और डॉ. अजय कुमार उपस्थित थे।

## Adagio: The Choreography Society

Adagio is the choreography society of Kamala Nehru College. It performs thematic choreographies, and the themes usually address social issues of relevance. Adagio places a strong emphasis on team building and skill development through a multifaceted approach. Regular team bonding sessions are a cornerstone of this strategy, encompassing games, brainstorming sessions, choreography exploration, and stunt practice. These sessions not only foster a sense of camaraderie among team members but also encourage creativity, collaboration, and trust within the group.



Adagio' enthralling performance, *Lights, Camera, and Action*, explores the dire effect of social media content and the darkness behind the flashy screens, the panic behind every “trending” photo, and how human relations are changing under this vacuum. This piece was performed at the Netaji Subhash University of Technology (Moksha) on 6th April 2023 and at the University of Delhi, Hindu (Aramya) on 27th April 2023.

Adagio also attended a contemporary workshop on 30th November, 2023 with Mr. Joe Mathew, who is professionally trained in contemporary dance and music forms and has also previously served as a Choreographer for the team. It was a great learning experience that involved an artistic piece of Choreography and introduced us to new techniques that will help us with our daily routine. The members participated in various activities enthusiastically.

## Asar: The Entrepreneurship Cell

Asar, the entrepreneurship cell launched the Project “Beesafe” under the guidance of esteemed principal Professor Bhakuni in September 2022. The idea behind the project was to develop an innovative product which caters to replacing the use of some polluting materials in our daily lives. Two product categories introduced under this project were beeswax wraps (an alternative to aluminium foil) and scented tablets (an alternative to naphthalene balls). Along with being environment friendly, all initiatives under Asar seek to uplift a marginalised section of society. Under this project, the team worked together with Muskaan NGO.



With the reopening of colleges after the COVID-19 lockdown, Project Kadam resumed. This project required continuous contact with the cobbler community and students of Asar were determined to bring back livelihood to this section of society which suffered tremendously during the lockdown. Various denim donation drives were organised in the college and the denim was upcycled into beautiful and comfortable footwear. This project received an excellent response as the product story was beautifully presented.

We displayed our products in stalls at the Diwali Mela held in October as well as the Winter Carnival held in November and recently at the event Commxcelsior held in January in our college. We have been in talks with Amazon Saheli,

which is a segment of Amazon catering to environmentally conscious products like ours.

#BringChangewithEntrepreneurship was an initiative by the entrepreneurship cell to help students learn more about entrepreneurship through webinars and workshops conducted by industry leaders. One such webinar, *Green Entrepreneurship: drive for Change*, was presented by Mr Ajay Kumar ( Social Entrepreneur, Founder, and Director - Teach-forGreen ) on 30th March 2022. This webinar focused on providing an understanding of green entrepreneurship and how we can do well by doing good.

The students of Kamala Nehru College visited the National Cooperative Union Of India (NCUI) campus on August Kranti Marg on 10th January 2023. Sh. Rajeev Sharma (Director, NCUI) addressed the students on the subject- the successful cooperative business model, outlining the advantages of cooperatives and the job prospects they provide and gave them a primer on how to encourage young minds to adopt an entrepreneurial attitude and start-up culture.

## Awaken: The Consumer Club

Awaken, The Consumer Club of Kamala Nehru College, curated a diverse range of educational initiatives, including interactive workshops, seminars, and impactful campaigns, throughout the academic year. The club has created a platform for students to develop essential skills in becoming proactive and ethical consumers and to address the challenges of today's consumer-driven society.



The Consumer Club organised its annual orientation programme for the new members, in October 2023. The aim of the meet was to introduce the club's vision, mission, activities, and the faculty members. The primary goal of the programme was to acquaint the students with the club's motto and functioning.

In October, the club organised a *Flash Mob* in the Chaupal area with the motive of spreading consumer awareness. The play comprised three acts. The first act addressed online shopping scams and receiving faulty products. The second act focused on coaching centres while the final act aimed to raise awareness about misleading advertisements.

A panel discussion on "*Analysing the Impact of Consumer Influencer Marketing on Consumer Trends and Brand Collaboration*" was held on November 23, in the college auditorium. The event saw over 150 students in attendance. Renowned panelists included Mr. Daksh Sethi, Educational Consultant and Founder of *Guby Rogers*, and Mr. Gaurav Ghai, founder of *HTML Hints*. The speakers emphasised the importance of responsible consumerism and extensive research before collaborating with brands or influencers. They also highlighted the significance of distinguishing authentic endorsement from possible scams within the influencer marketing landscape.



## Civil Services Forum

The Civil Services Forum of Kamala Nehru College provides a common platform for diligent and dedicated Civil Services aspirants of Kamala Nehru College. It conducts regular sessions under its “Chat with Bureaucrats” series to provide insights to the aspirants, along with other activities.



Throughout the academic year of 2023, the Civil Services Forum at Kamala Nehru College organized a series of insightful and engaging events aimed at guiding and inspiring students pursuing a career in civil services. From interactive sessions with accomplished bureaucrats like IFS Lakshay Anand, IAS

Ashish Kumar, and IPS Areeba Nomaan to seminars and webinars conducted in collaboration with esteemed institutions like Drishti IAS and GS Score, each event offered valuable insights into UPSC exam preparation strategies, challenges, and success secrets. These events, facilitated by dedicated hosts and featuring distinguished speakers, covered a wide range of topics including exam intricacies, optional subject selection, time management, and maintaining mental well-being.

Additionally, collaborative efforts with societies like the Green Beans Society and Jamia UPSC Society further enriched the learning experience, fostering a supportive community for civil service aspirants. Overall, these events served as invaluable resources, providing students with guidance, motivation, and practical knowledge to excel in their UPSC journey.

## Crossfire: The English Debating Society

Crossfire, the English Debating Society of Kamala Nehru College, has set the stage for passionate discourse. Its members have participated in various inter-college tournaments at national and international levels, winning accolades.



Aini excelled as an adjudicator and advanced to the semi-finals at Speak Up 11.0, winning the title of Best Adjudicator. Sejal adjudicated at the Ikhtilaf PD and proceeded to judge until the finals. Aradhya Adlakha, Vanshika, and Siona broke third on tabs and advanced to debate until the OCTA finals at Speak Up

11.0. Additionally, Aini and Aditya, broke eighth on the novice tabs and debated until the Novice Finals at DTU PD. Sejal stood out as an adjudicator and went on to judge until the finals at the Ikhtilaf PD. At Speak Up 11.0, the team consisting of Aradhya Adlakha, Vanshika, and Siona broke third on tabs and competed until the OCTA finals. Moreover, Aini and Aditya broke eighth on novice tabs, advancing to debate till the Novice Finals at DTU PD.

At IITP, Mehul, Ananya, and Kirti achieved first place on tabs, with debates extending until the semi-finals. Bhawna reached the finals at IITP, and was acknowledged as the second-best adjudicator. Aradhya and Sonal secured third place on novice tabs at Manzar PD, reaching the novice semi-finals. Anjana, in a cross-team, achieved third place on tabs at MLNC PD, debating until the finals. Kirti and Riti, in a cross-team, broke eighth on tabs and went onto debate till the open quarterfinals at Wax Eloquent. At DTU Summers' pre-UADC, the open OCTA finals were chaired by Sonal in her adjudicating role. Kirti also served as an invited adjudicator at the IITBBS PD.

Siona stood out as an adjudicator at Diliman Pre-ABP, chairing the Novice Semi-Finals. Aarushi, Charvi, and Pratihtha won at Debutant PD, while Vanshika, Charvi, and Aradhaya were novice finalists at Agahi PD. Charvi served as an adjudicator at IWGMDC, whereas Shradha and Aradhaya advanced to the open quarterfinals. Sejal adjudicated at Gambit and reached the quarterfinals. Siona, Charvi and Riti reached the finals at the IIT Dhanbad APD. Aradhaya and Charvi reached the quarterfinals at Shivaji APD, while Pratihtha adjudicated at Speak Up 12.0, reaching the OCTA-Finals.

The English Debating Society organised a range of engaging events throughout the academic year. The Society hosted Munaazrah, an Asian Parliamentary Debating Tournament, held offline from March 18 to March 20, 2023. Participants, numbering over 200 from different Institutions, engaged in debate over the course of three days. The tournament attracted nearly 50 teams. The winners received awards and prizes, while the participants were offered refreshments. The event was a remarkable success.

Crossfire also organises a Conventional Debate annually. This year, it was organised on August 19, 2023, in an online mode. The debate was centred around the theme, "Ethics of Artificial Consciousness," where participants received the motion in advance. The debate saw a footfall of over 70 participants. Professors and esteemed adjudicators judged the event and provided their valuable insight to the participants, making it a memorable experience for everyone.

## Enigma: The Western Dance Society

In the session 2023-24, Enigma: The Western Dance Society of Kamala Nehru College organised several activities. Some of the noteworthy activities of the society are mentioned below.

On April 26, 2023, Enigma organized the annual inter-college western dance competition, Ol' That Jazz, as part of the Ullas festival. The event witnessed enthusiastic participation from numerous college teams, showcasing their choreographic talents across two rounds. Notable participants included Enliven (Gargi College), Lady Shri Ram Dance Society, and Arodhya Dance Crew (Shyam Lal College), among others. The final round featured eight teams, including Spardha (Shaheed Bhagat Singh College) and V-Defyn (IIT Delhi), judged on dance formations, song selection, coordination, and costume design by renowned figures Lawrence Mendonca and Ms. Ria Swamy. The event commenced with an address by Ms. Kalpana Bhaguni, the college principal, followed by captivating performances and a special tribute by Enigma to senior members of other teams. Spardha clinched the first place, with Kayra and Urban Hopper Crew securing the second and third positions, respectively. Enigma bid farewell to the participating teams with hampers as tokens of appreciation.



Enigma, recognized for its exceptional performances, showcased a diverse range of dance forms throughout the 2023 season, blending various street styles and contemporary dance seamlessly. Notably, the team excelled in contemporary dance for two consecutive years, demonstrating versatility and skill. Enigma's dedication and tireless practice, spanning nine to ten hours daily for two months, culminated in successful performances at over twenty stages, including prestigious venues such as Hindu College and Lady Shri Ram College. Notable achievements include securing first place at IMS Ghaziabad, second place at Amity University, Noida, and third place at the Institute of Information Technology and Management (Janakpuri), with special recognition at Firestone, Hindu College, University of Delhi.

The society also invited Lawrence Mendonca (Cannibal) and Ms. Ria Swamy as guests. Enigma's relentless pursuit of excellence and commitment to innovation continues to inspire and captivate audiences, solidifying its position as a leading dance society within the university circuit.

# Equal Opportunity Cell And Enabling Unit

The equal opportunity cell and Enabling unit conducted the following events and initiatives in the last session:

## **PAHAL '23: Annual Fest**

On April 6, 2023, Kamala Nehru College, Delhi University's Equal Opportunity Cell and Enabling Unit hosted PAHAL'23, themed "*Equitable Health in India.*" Renowned robotic surgical oncology expert, Dr. Surender Kumar Dabas, delivered insights into the Indian medical system. The event featured 'Speakathon,' exploring health equity, and the "Paint Your Thought" poster-making contest.



## **Basic Indian Sign Language Training**

From April 15 to July 15, 2023, in collaboration with the *Haryana Welfare Society for Persons with Speech and Hearing Impairment*, the Equal Opportunity Cell conducted a three-month Basic Indian Sign Language Training Program. Thirteen individuals successfully completed the course, showcasing their commitment.

## **Mental Health Workshop**

On October 13, 2023, commemorating World Mental Health Day, an impactful session, *Embracing Your Mental Well-Being*, took place. Dr. Jafa, a counsellor, led an insightful discussion fostering understanding within the college community.

## **Social Equality & Justice Workshop**

On November 22, 2023, an Academic Workshop honoured Constitution Day, focusing on '*Social Equality and Justice: Indian Constitution & Ambedkar's Legacy.*' Professor Sanjeev Kumar emphasized the Constitution's significance and Dr. Ambedkar's contributions.

## **Walk For Inclusion**

On December 1, 2023, in observance of International Disability Day, the Equal Opportunity Cell organized a silent march, cultivating awareness, promoting inclusivity, and uniting the college community.

Apart from the above mentioned activities, the equal opportunity cell and enabling unit created social media posts to create awareness. On January 30, 2023, the cell celebrated writers of India and highlighted literature's power in shaping discourses in society. On December 3, 2023, the cell created awareness about *World Disability Day*. The social media posts elucidated the significance of World Disability Day and celebrated individuals like Stephen Hawking and Abhishek Bachchan, who triumphed over disabilities.



# Expressions: The Creative Writing Society

Throughout the year, Expressions, The Creative Writing Society of Kamala Nehru College, arranged multiple events, including reading sessions, Slam competition, Orientation, Investiture and Initiation ceremony, as well as various writing activities. These events provided students with opportunities to hone their writing skills and explore their creativity.



On 1st February 2023, Expressions, organised a reading session where members shared their personal written pieces, emphasising authentic expression over audience impression. The society enthusiastically participated in the

college annual fest on 12th April 2023, organising a fun competition called “*Slam! Into a Multiverse of Madness.*” This event featured a roasting slam competition, where participants selected character pairs and engaged in humorous roasts.

The English Creative Writing Society, held its orientation session on August 28, 2023. Led by President Sadaf, the core team highlighted the society’s achievements from 2022-2023, including workshops, slam poetry events, and successful management of social media platforms, among others. The recruits shared their background and aspirations, displaying remarkable enthusiasm, while the Management Head, Maitri, outlined the upcoming goals and activities. The meeting reflected members’ dedication to fostering a supportive environment for creativity and their commitment to core values.

The Creative Writing Society convened for its *Investiture Ceremony* on 13th September. This significant event celebrated the newly elected core team for the academic year 2023-24. The ceremony began with the acknowledgement of the outgoing core team’s accomplishments and concluded with the presentation of badges to the new core team. A small Open mic session followed for the recruits, making the ceremony a memorable occasion.

The *Initiation Ceremony* of the society was held on 20th September, to welcome new members and introduce them to the society’s objectives. Led by President Sadaf and Vice President Ananya, the event provided a platform for self-expression and creativity. The highlight of the ceremony was an Open Mic session, where participants shared their compositions, showcasing their talent. The event concluded with group pictures, marking a successful start to the academic year filled with creativity and collaboration.

The inaugural writing activity, *Weave-In-Together Poetry*, organised on October 25, 2023, aimed to foster collaborative creativity among members. Pairing individuals from diverse writing backgrounds, the event promoted experimentation with different styles and perspectives. The activity received positive feedback, offering members an opportunity to explore the art of co-creation.

The society organised an online writing activity, *Let me be your muse*, on December 3, 2023. Members were tasked with selecting their favorite poet, author, songwriter, scriptwriter, and either emulating their style or continuing one of their favorite works. This encouraged members to enjoy creating pieces inspired by their literary idols.



# Glitz: The Fashion Society

The year 2023 was remarkable for the Glitz Fashion Society. In April, Glitz organized a two-round fashion competition named *GLAMOURESQUE* under *Ullas '23*. The preliminary round, held online, attracted 15+ entries from societies across the University of Delhi and other universities.



Eight teams were selected for the final round on April 26, 2023, where creativity and vision took center stage. Judges for the final round were Ms. Aqsa Shad, a digital content creator, and former vice president of Glitz (2019-2020), and Ms. Simran Walia, a fashion model, and content creator. The first prize was awarded to *Manthan* from the College of Vocational Studies, and the second prize was awarded to *Nakshatra* from Hindu College. Individual titles were given to two models, Riya Mudgal from Stylus, Delhi College of Arts and Commerce, and Puneet Kathuria from Nakshatra, Hindu College.

The society achieved prestigious accolades in several competitions organized by various institutes in Delhi and other parts of the country. Glitz secured the first position in *Swapna '23* organized by Bhim Rao Ambedkar College, New Delhi and in *Panache* organized by Shivaji College. The first position was also secured in The Miracle Fashion Show, *Tatva '23*, organized by Lal Bahadur Shastri Institute of Management College.

Other accolades include first positions in *Symvogue* hosted by Symbiosis Law College, *Aurora '23* hosted by Shaheed Bhagat Singh College, *Mystic Melange* by Swami Shraddhanand College, *A'La Mode* by Lady Irwin College, *Azure* by Hindu College, and *Regalia* by Maitreyi College. The first position was also secured in *Threadmill* by Northcap University College.

Apart from these, Glitz also won the second position in *Semblance* by Vivekananda College, *Forge* by Maitreyi College, *Belleza* by Aurobindo College, and *Paridhan* by Delhi Technological University. The society secured second positions in *Tide '23*, organised by Atma Ram Sanatan Dharma College, *Fashionista '23*, organised by Dr. Akhilesh Das Gupta Institute of Technology & Management, and *Rogue '23*, organised by Netaji Subhas University of Technology. The society also secured the third position in *Samavesh*, organised by Fortune Institute of International Business and *Eleganza*, organised by FORE School of Management. The best makeup award was won in *Stylespree* by Bharati Vidyapeeth Institute of Computer Application and Management, New Delhi.

Besides winning in group competitions, Glitz achieved success in individual competitions. Anoushka Banerjee won Best Model at the fashion event, *Forge*, hosted by Maitreyi College and Best Model at the fashion event *Sparks '23*, organised by Motilal Nehru College. She also won the title of Miss Panache in the fashion event, *Mr. and Ms Panache*, organised by Hindu College. Chhavi Pal secured the first position in *Noida Fashion Week*, while Parul Singh and Anukriti bagged the second and third positions in the makeup competition, *Rang-e-Noor*, organized by Maitreyi College. They also secured the first and second positions in the *Wardrobe War Confluence '23* organized by NIT Kurukshetra. Stuti Kapoor bagged the third position in the fashion competition hosted by Spark Creations.





# Gandhi Study Circle

The Gandhi Study Circle organised various events during the academic session of 2023-24, the following are the highlights of the most memorable occasions:

## **Orientation for Freshers**

The Gandhi Study Circle organized a vibrant and insightful orientation program for incoming freshmen on September 11, 2023, in NSR. The event aimed to introduce the new students to the principles, values, and philosophy of Mahatma Gandhi, fostering awareness and social responsibility. It commenced with a warm welcome from faculty advisors and senior members, creating an enthusiastic atmosphere for the freshmen to explore Mahatma Gandhi's life and teachings.



## **Gandhi Fiesta'23**

The Gandhi Fiesta'23, an annual fest organized by the Gandhi Study Circle at KNC, was held on October 7, 2023, celebrating the enduring influence of Mahatma Gandhi's principles with the theme "*Legacy of Mahatma Gandhi: Trends and Traditional.*" The event began with an enlightening speaker session on the "Relevance of Gandhi in Contemporary Issues," featuring Sh. Uttam Kumar Sinha, Joint Director of the National Gandhi Museum. The fest included various competitions and a Charka-spinning workshop, attracting a diverse audience for intellectual discourse and creative expression.

## **Diwali Mahotsav**

The Diwali Mahotsav, organized by the Gandhi Study Circle in collaboration with Luminoso, the fine arts society of Kamala Nehru College, brought together students, faculty, and local vendors on November 6th, 2023, in the Audi Foyer. Dedicated to promoting local vendors and artisans, the event featured Diwali essentials, an open mic session, and celebrated light, art, and community.

## **Movie Screening**

On Martyrs' Day (January 30th), the Gandhi Study Circle organized a solemn event to commemorate Mahatma Gandhi's death anniversary, held at the auditorium. The pinnacle of the event was a screening of the iconic movie, *Gandhi* (1982), directed by Richard Attenborough, vividly depicting Mahatma Gandhi's life, struggles, and pursuit of justice and equality, leaving the audience captivated by Sir Ben Kingsley's remarkable portrayal.

## **Donation Drive**

From February 18th to 24th, the Gandhi Study Circle, in collaboration with *Shanti Shayog*, a Gandhian NGO, organized a donation drive aimed at collecting clothes, food items, and essentials for the underprivileged. The initiative exemplified Mahatma Gandhi's principles of compassion, service, and social justice, making a positive impact on the lives of the underprivileged through collective efforts and community support.



# Kaleidoscope: The Quiz Society

Kaleidoscope, the Quiz Society, organised various events from February through December 2023. The following are the highlights of the most memorable occasions:



## **Release of ‘Binoculars’**

Kaleidoscope’s third edition of “Binocular,” launched in March 2023, delved into India’s lesser-known global contributions. It illuminated India’s impactful journey from science to art, surprising and inspiring readers with untold stories of excellence.

## **Qurukshehra: A Battle of Knowledge**

Under Ullas’23, Kaleidoscope organized Qurukshehra, an inter-college quiz event in April 2023. Nostalgia Nama Quiz and MELO Quiz challenged teams on diverse topics, culminating in offline finals showcasing the brilliance of participating students.

## **Orientation, Recruitment, and Fresh Perspectives**

In August 2023, a dynamic orientation session set the stage for Kaleidoscope’s future. September saw a two-round recruitment drive, blending offline quizzes and online interviews to bring talented individuals aboard.

## **QuizoPolitan**

A Dive into Global Politics: In collaboration with the Department of Political Science, Kaleidoscope hosted an Intra-College Quiz Competition on “Two Decades of G20” in September. The event saw enthusiastic participation, reinforcing the society’s commitment to intellectual engagement.

## **GeoScope**

Exploring Culture and Social Science: October brought GeoScope, an inter-departmental quiz organized with the Geography Department. Focusing on “Culture & Social Science,” the event was a platform for intellectual growth, marking a significant success for Kaleidoscope.

## **Halloween Quiz**

A Spooky Virtual Gathering: On October 31, an online intra-society Halloween quiz brought members together in a fun and engaging manner. Participants, dressed in spooky attire, fostered a sense of community and laughter.

## **Monument Visit: Unveiling Heritage at Mehrauli Archaeological Park**

In December, Kaleidoscope embarked on an insightful visit to Mehrauli Archaeological Park. Engaging with its rich history through discussions and an on-spot quiz left a lasting impression, deepening members’ appreciation for cultural heritage.

## **Consistent Learning through Weekly Meetings**

Kaleidoscope prioritizes consistent interaction and skill development. Online and offline meetings, featuring activities like question-making sessions and quizzes, reinforce the society’s commitment to continuous improvement and camaraderie.

# Lakshya: The Theatre Society

Throughout the academic year 2022-2023, Lakshya, the theatre society of Kamala Nehru College, exhibited remarkable dedication and talent in the pursuit of artistic excellence. The highlight of the session undoubtedly was the annual stage production “*Arishadvarga*,” skillfully crafted by team member Bhavishya, which not only showcased the society’s commitment but also captivated audiences with its profound storytelling.



In terms of achievements, Lakshya made its mark on various platforms. At Navrang’s *Rang Bazaar Abhivyakti*, the society secured the 2nd runner-up position, a testament to their outstanding performance. Similarly, at the *NatyaEngifest 2023*, they clinched the 3rd position for their stage play. Their excellence extended to Jamia Millia Islamia’s *Lexicon*, where they secured the 2nd position with a compelling street play performance, and at *Masquerade*, organized by Hindu College’s English theatre society, where the society secured the 2nd position in the stage play competition.

The society also actively engaged in collaborations and events that addressed pertinent social issues. They collaborated with *United by Blood for Avyaana 2023*, presenting the play “*Devi Complex*,” which advocated for gender equality. In partnership with the *Rehabilitation Society of Visually Impaired (RSVI)*, they presented “*Aankh Mein Chori*,” shedding light on the challenges faced by visually impaired individuals. Additionally, they conducted workshops during the Freshers’ Orientation to introduce newcomers to the world of theatre and collaborated with the Women’s Development Cell to perform “*Chaar Diwari*,” a street play addressing domestic violence. Moreover, they organized the Body Theatre Workshop, focusing on body language and expression in theatrical performances.

Looking ahead, the team eagerly anticipates future opportunities to showcase their talent in the upcoming session with the Annual Stage Production “*Saadari*.”



# Luminoso: The Fine Arts Society

The academic year 2022-2023 for Luminoso was marked by a series of engaging activities and initiatives that highlighted the society's commitment to creativity and community involvement. In February 2023, members dedicated their time and talent to creating vibrant sports-themed decorations for the Sports Day festivities, showcasing their artistic flair and attention to detail. Concurrently, a captivating mural depicting college sports was brought to life, adding a touch of artistry to the campus environment.



In March, 2023, the society delved into educational pursuits with a *Pricing workshop* led by Ms. A.P. Payal, offering valuable insights into effectively pricing artworks. Additionally, as part of the College Beautification Project, a stunning Warli mural celebrating women's empowerment was unveiled, serving as a powerful visual reminder of the society's dedication to meaningful themes.

In April, preparations for the college's Annual cultural fest, *Ullas*, took center stage, with members enthusiastically adorning various areas with a Retro Nineties theme. The month also witnessed the campus come alive with fresh Marigold flowers in celebration of College Day, adding a festive touch to the surroundings.

September kicked off with an Orientation Day aimed at welcoming new members and acquainting them with Luminoso's rich history and upcoming projects. The month also featured the Freshers' Art Competition, where creative expression flourished under the theme, *Introduce Yourself through Art*, fostering a sense of belonging and camaraderie among participants.

October brought forth an Art Exhibition showcasing the talent nurtured within the society, providing a platform for members to display their artworks and creativity to the wider community. In November, a vibrant Diwali celebration in collaboration with the Gandhi Study Circle illuminated the campus with traditional stalls and open mic competitions, fostering cultural exchange and celebration.

December rounded off the year with enriching Crochet Workshop, offering participants the opportunity to explore the art of crochet under the guidance of Ms. Ambar Ahmad, further diversifying the skill set within the society. Overall, the academic year was a testament to Luminoso's dedication to artistic expression, community engagement, and continuous learning.



# SOCIETY ACTIVITIES

## Sangeetika



## Enabling Unit

**WORLD MENTAL HEALTH DAY**  
presents a session on  
**EMBRACING YOUR MENTAL WELL BEING**



**Guest Speaker**  
**Dr. Mamta Jafa**  
College Counsellor

 **13 OCTOBER**

 **1:00-1:30 PM**


 **NEW SEMINAR ROOM**


## Srijan



**THE CONSTITUTION DAY**  
presents an academic workshop on  
**SOCIAL EQUALITY & JUSTICE:  
INDIAN CONSTITUTION &  
AMBEDKAR'S LEGACY**

**Guest Speaker**  
**PROF. SANJEEV KUMAR**  
Professor of Political Science at  
Zakir Husain Delhi College



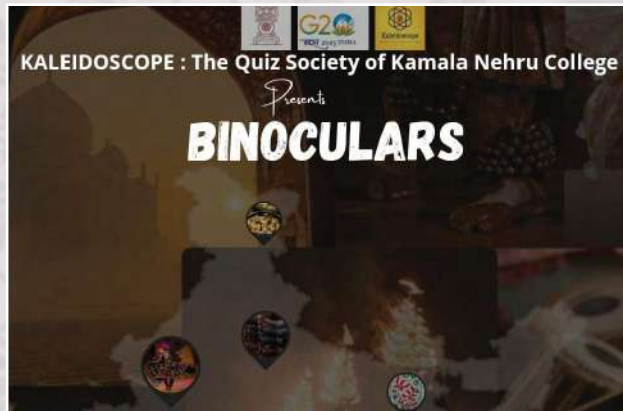
 **22 NOVEMBER, 2023**

# SOCIETY ACTIVITIES

## Kaleidoscope



## Incubation Cell



# SOCIETY ACTIVITIES

## Expressions



## Crossfire



# SOCIETY ACTIVITIES

## Asar



## Consumer Club





# Madhursmriti: The Alumnae Association

## General Body Meeting: Fostering Alumni Engagement

On November 18th, 2023, Madhursmriti hosted a General Body Meeting, facilitating discussions aimed at enhancing alumni engagement and institutional growth. Alumnae attendees, both in-person and virtual, explored strategies to strengthen the college's legacy and nurture its community. Topics included improving the Alumni Meet experience, enhancing camaraderie through voluntary contributions, and expanding mentorship opportunities. Various initiatives, including mentorship sessions, classroom interactions, and scholarships for students pursuing global education, were discussed. The meeting concluded with a sense of unity and purpose, reflecting the commitment to building a vibrant and interconnected Madhursmriti community.



## SHE Summit Series

Connecting Past to Present for Future Success: The inauguration of the She Summit by the Madhursmriti Alumnae Cell marked a pivotal moment in empowering women.

Madhursmriti's Women's Day celebration on March 8, 2024, commenced with the inaugural session of *SHE SUMMIT*, "Swipe up to Self Love," led by esteemed alumna Ashna Sharma. Ashna shared her journey from Enigma (the Western Dance Society of Kamala Nehru College) to an influencer, emphasising authenticity in content creation amidst the evolving Instagram landscape. Insights on brand collaborations, attachment theory, and self-awareness resonated with the attendees. The session concluded with an emotion wheel activity, promoting interpersonal relationships and self-discovery.

## Navigating the E-commerce Wonderland in Style

On March 13, 2024, Madhursmriti organised a session on how to create an e-commerce business. Alumna Apoorva Singh shared insights into e-commerce success, covering diverse sectors and bridging marketplaces with direct-to-consumer strategies. Through live examples and interactive discussions, attendees gained valuable knowledge about marketing mastery and entrepreneurial opportunities.

As Madhursmriti embarked on new journeys, the She Summit Series symbolised its revitalisation. The commitment to promoting seminars and workshops for members and current students remained steadfast, fostering an enduring legacy of inspiration and achievement. Standing at the threshold of a future filled with infinite possibilities, Madhursmriti invited all to join in its continued pursuit of progress and empowerment.



# Nupur: Classical Dance Society

Nupur, the Indian Classical and Folk Dance Society of Kamala Nehru College, is renowned for its commitment to dance as a form of artistic expression. With a focus on both enjoyment and soulful communication, Nupur comprises two divisions: Folk Dance and Classical Dance. The society members actively participate in various competitions and events, showcasing Indian classical dance forms such as Kathak, Odissi, Bharatnatyam, and Satriya across multiple colleges.



In the academic year 2023-24, Nupur's Folk team showcased the vibrant Chhau Dance in numerous competitions. Originating from states like Jharkhand, Odisha, and West Bengal, Chhau Dance historically drew inspiration from the rigorous drills of soldiers in war camps. Notably, on October 31, 2023, Nupur had the honor of performing at the "G-20 INDO-GERMAN SYMPOSIUM & CULTURAL EXTRAVAGANZA" in collaboration with PGDAV College. The Chhau dance performance celebrated India's rich folk traditions, captivating the audience with its precision, colorful costumes, and cultural narrative.

## **Achievements of the society**

Nupur achieved notable success in various competitions:

- Motilal Nehru College (Folk): 1st position
- Bharati College (Folk): 1st position
- Shri Ram College Of Commerce (Classical): 2nd position
- Mata Sundri College for Women (Solo): Ramita Rajesh (2nd position)
- Ramanujan College (Solo): Ramita Rajesh (1st position)
- Shyama Prasad Mukherji College (Solo): Vishnupriya Goswami (1st position)
- Shri Aurobindo College (Solo): Subithra (1st position)
- Shri Ram College Of Commerce (Solo): Vishnupriya Goswami (1st position)

...and many more participations and achievements across various colleges and categories.

## **Staff Advisors**

- Teacher Convenor: Dr. Urna Sarkar Dutta
- Members: Dr. Sarita Ghai and Dr. Anuradha Gupta
- Student President: Kratika Singh
- Student Vice-President: Bhini Jain



## Nurture: The Incubation Cell

Nurture: The Incubation Cell of Kamala Nehru College, had a spectacular year full of learning opportunities, business and growth events and informative interactions with top shots in the industry, all under the guidance of the teacher coordinators Ms.Vinita Malik (Convener), Mr. Rahul Chopal, Ms.Shivani Kalra and Ms Nikita Pasan, and with the efforts of the student coordinators Gourangi Gaur and Dharvi Singh.



Nurture organised a seminar on “Starting your own business venture” for all the members of the Incubation Cell on 16th February 2023 with Mr. Vikas Upadhyay entrepreneur and researcher at IIT Delhi. He provided useful insights on how to start a business venture from scratch and highlighted the importance of having a clear vision before dipping into entrepreneurship. He spoke about how a ‘proof of concept’ or ‘product prototype’ can prove to be highly useful in testing the viability of an idea as well as how one can deliver efficient funding pitches to potential investors.

Nurture’s annual flagship event, *KNC Business Conclave*, was held on April 11, 2023. The conclave, each year, gives an opportunity to inquisitive minds to interact with pioneers from various fields of entrepreneurship and business, etc. The key event under the banner was the Panel Discussion that covered a wide range of topics related to entrepreneurship and innovation. The panellists included Pranjal Kamra, the CEO of Finoogy Ventures; Aakriti Rawal, the co-founder and CEO of House of Chikankari; and Saurabh Trivedi, the founder of IP Samadhan, who shared their experiences, insights, and perspectives on various aspects of the business world, and provided valuable advice and guidance to the students who attended the event. A variety of other events under the flagship conclave added to takeaways of the day.

Nurture also organised a webinar in the month of August 2023 on the subject “Social Media and Entrepreneurship” featuring Mr. Manish Kumar, the Founder and CEO of Insights DNA, exploring various aspects of leveraging social media for entrepreneurial success by highlighting the importance of LinkedIn strategies, content quality etc.. The Incubation Cell, as a joint effort with Prospicio - The Placement Cell, organised an insightful workshop titled “Mastering Group Discussion and Cracking Case Interviews” on September 2nd, 2023 with CA Shivam Palan, a distinguished alumnus of IIM Indore and the Founder/CEO of CA Monk. The workshop was structured to provide valuable insights into two pivotal facets of the recruitment process: mastering group discussions and excelling in case interviews.

Team Nurture takes immense pride in starting its two-student led project: *Social Sway* and *Scribble*. *Social Sway*, aims to provide social media services to empower brands through digital means and has served three businesses so far, enhancing their social media presence, and delivering quality services. *Scribble* focuses on providing quality merchandise to college societies offering varsities, t-shirts, shirts, and badges, catering to various colleges and universities. The Incubation Cell continues to support and encourage these student-led initiatives, fostering a culture of entrepreneurship and innovation within the academic community.

Students of the E-Cell were honoured to be a part of the *The DU Startup Accelerator Programme 2023* held in October, a two-day event aimed at providing budding entrepreneurs with seed funding and mentorship to kickstart their innovative businesses. KNC students made it to the top 25 among more than 400 registrants competing for funds at the event.

A seminar on 30th November 2023 headed by Mr. Dhruv Rana, CEO of ANDC inStart Business Incubator on the central theme, *Entrepreneurship: Starting & Growing a Successful Business*, served as a conduit for an in-depth discussion around the practical aspects of business, including legal considerations, with an emphasis on the significance of agreements in safeguarding entrepreneurial interests. Various interactions with members of other E-cells, entrepreneurs, and intellects from the industry were spaced out throughout the academic year.

# Prospicio: The Placement Cell

Prospicio, The Placement Cell of Kamala Nehru College has progressed over the years to become a landmark of excellence- representative of ideation, innovation and tenacity. Prospicio, The Placement Cell of Kamala Nehru College, has had a successful year in optimising career options for students and fostering professional success with the guidance of teacher conveners Ms. Nidhi Bhandari, Mr. Joseph Kumar Ravi, and Ms. Pragati Yadav, and led by student coordinators Ms. Anoushka Gandotra (President) and Ms. Niyatee Dang (Vice President), along with a team of 28 dedicated young women.



In the Academic Year 2023-24, the Placement Season for the Batch of 2023 saw 110+ recruiters, resulting in 120+ students being placed, with the highest CTC offered at Rs. 21.25 LPA.

The ongoing Placement Season for the Batch of 2024 has been active since August 2023, with over 30 companies visiting the campus by January 2024, facilitating the placement of 30+ students. The highest offered CTC stands at 11.25 LPA by Accenture, with an average of 5.23 LPA. Diverse opportunities have arisen, with mathematics and commerce graduates securing roles in finance, business development, etc. while humanities students found placements in consulting, administrative, design, and content writing roles in leading companies like Ernst and Young (EY), KPMG, Accenture etc.

The Internship Season from February 2023 to January 2024 had 80+ companies recruiting on-campus, issuing around 200+ offer letters, with the highest stipend offered at Rs. 25,500. The average stipend was Rs. 7200 and all offers are a combination of both paid and unpaid opportunities by companies like Bajaj Capital Ltd, CollegeDunia, The Outlook Group, and Adupshup amongst many others.

Prospicio introduced initiatives like the 'CV vetting department' and the 'Boot Camp: Launchpad for Leadership' to offer comprehensive guidance for crafting professional resumes and improving recruitment process management as well as to enhance students' soft skills with expert workshops over a three day bootcamp respectively. This helped students improve their chances of getting desired internships and placements.

The Placement Cell also collaborated with societies of the Kamala Nehru College, such as The English Literary Society and Nurture: The Incubation Cell, providing insights for learning enhancement and selection process success. Additionally, an expert-led workshop unveiled strategies for a rewarding RBI career, empowering over 80 individuals and showcasing Prospicio's commitment to diverse academic and professional success, impacting over 160 individuals.

Through diverse training programs, the placement cell has provided students with extensive learning opportunities by assisting future professionals in clarifying career goals, offering insights into the current job market, and fostering personal and professional development. These included webinars such as "Changing Nature of Artificial Intelligence" with Mr. Al Arafat Sherfuddeen on 17th June 2023 and "Mastering Personal Interviews" with Ms. Urvi Gauri on 9th August 2023.

Orientation sessions for the Batch of 2024 and Batch of 2026/27 were conducted by Team Prospicio during the months of July and August 2023. Several workshops were organised by the cell, which covered wide range of various topics including "Mastering GDs & Cracking Case Interviews" with CA Shivam Palan and "How to do well in Aptitude Tests" with Ms. Aditi Mishra in the month of September 2023, "Employing Self-Regulated Learning Skills in Higher Education" with Dr. Justin Sung on 28th October 2023, "Verbal Ability for CAT" with Mr. Navneet Anand on 1st November 2023, and "Career Prospects at Reserve Bank of India" with Ms. Anshvey Kaintura and Mr. Yogendra Kumar during the month of December 2023.

## The R.I.S.E. Cell

The Research, Innovation, and Sustainable Education Cell, Kamala Nehru College, was established as an undergraduate research cell in September 2020. R.I.S.E. was initiated to provide students with a platform for their diverse ideas to thrive under the mentorship of teachers of different departments who are eager to extend their support and enrich learning. The cell provides a common platform through which students across disciplines can share and discuss their ideas and concepts.



Throughout the academic year, R.I.S.E. orchestrated a variety of events, spanning from workshops and seminars to lectures and presentations. The team organised an interactive workshop on *'Academic Writing Skills'* by Dr. Anjana Srivastava, Associate Professor, Department of English, KNC, on February 22, 2023. The workshop enabled mentees to write efficient research papers and actively focus on different forms of academic writing, the language of research papers, points to consider in academic writing, and the importance of citations to avoid plagiarism and academic misconduct. It was an insightful and interactive session, attended by 40 students.

An interactive workshop was organised on March 15, 2023, on *'Quantitative Research Methodology.'* The workshop was facilitated by Mahima Yadav, Assistant professor, Department of Commerce, KNC. The workshop mainly focused on the methods of quantifying data collection as well as its analysis. The workshop aided the attendees in numerous ways. Firstly, it demonstrated which method of research to use and when. Secondly, it focused on the types of variables used in the research papers, as well as the acceptable norms in the research world. Lastly, the speaker enlightened the attendees about the various types of statistical analysis and SPSS (Statistical Package for the Social Sciences), also known as IBM SPSS Statistics Software, which helped with the same. The session drew an attendance of over 50 students.

The Cell organised a Midterm Presentation on the research done by the mentees of the R.I.S.E. Cell. Here, the mentees presented their progress of papers. There were twenty groups, covering a variety of topics, ranging from *'Fixed Theory Point: Algorithms and their Applications in the Real World'* to *'Beauty and Neoliberalism.'* The session was inaugurated by the student convener, Bhumika Dixit. The papers were evaluated by two different panels of experts. The session included a presentation from each group lasting five to seven minutes, followed by a round of Q&A. Lastly, a round of suggestions and feedback from the panel of judges was conducted to help improve the quality and pace of the research carried out by the mentees. 50 student mentees and 19 faculty mentors participated in the presentation.

The last workshop of the round was centred on *'Plagiarism in Research'* on April 1, 2023. The speaker of the workshop was Dr. Sneha Tripathi, Deputy Librarian, Central Library, Banaras Hindu University. The speaker provided clarification on the dos and don'ts of research. Basic ethics, like citations and permission for copyright from the holder, were also covered during the workshop. The online workshop attracted 35 attendees and offered valuable insights and key take-aways.

The R.I.S.E. Cell conducted an introductory lecture on *'Introduction to Research'* with Dr. Namrata Singh, a Research Scholar and Associate Professor in the Department of Political Science at Miranda House, University of Delhi. Dr. Singh commenced the session by briefing students on the importance of research and finding targeted questions for research, followed by a graphical representation of the research methods. The session centred around familiarising students with formal research. It gave the students the know-how to select a research topic, what questions to ask, and the methodologies used in research analysis. A healthy discussion of topics accompanied it. The session concluded

with a Q&A segment with the speaker.

The Cell also started an in-house publication, with contributions from faculty and students, in the form of a journal named 'Journal of Undergraduate Research, Education, and Sustainable Education' (JURISE). The journal is interdisciplinary in nature and subject to rigorous peer review. The interdisciplinary content in the journal emerged naturally during the process of research and writing, as the research papers are from a range of disciplines. The journal includes research papers that meet the general criteria of significance and academic excellence. It is a bilingual journal, as articles are published in both English and Hindi.

## Sangeetika: The Classical Music Society

Throughout the year, Sangeetika, the Indian Classical Music Society of Kamala Nehru College, showcased their talent and dedication to music, leaving an indelible mark on various events organised by the college and several competitions.

In January, 2023 the society performed at the international seminar organised by the Sanskrit department of the college, followed by a captivating performance at the annual fest of the Commerce department, *Commexcelsoir*. Additionally, the students graced the *Republic Day* event organised by the NCC wing of the college with their melodious performance.



Sangeetika played a pivotal role in the *Annual Fresher's event* alongside the Student Union and other cultural societies; the members of the society demonstrating their commitment to fostering a vibrant campus culture. In February of 2023, they mesmerised the audience at *Delhi Technological University* with their musical prowess.

As the festival season kicked off in March-April in universities across Delhi-NCR, Sangeetika participated in various competitions hosted by colleges such as PGDAV, Delhi Technological University and Jesus and Mary College. Their exceptional talent and hardwork earned the members of the society a special mention at Jesus and Mary College, University of Delhi.

On 26th April 2023, Sangeetika took immense pride in hosting *SWARANJALI*, a musical extravaganza, as part of *ULLAS*, the Annual Cultural Fest of Kamala Nehru College. The event saw participants from across DU colleges and other universities too - highlighting the members' organisational skills, managerial prowess alongside their melodic expertise.

August 2023 witnessed the council elections in Sangeetika for the post of President, reflecting its members' commitment to student leadership and engagement. A society orientation was organised during the month too, welcoming the freshers onto the KNC campus and into the vibrant cultural community of the college.

In September of 2023, auditions were held for new members at Sangeetika. The core team members along with the rest of the society diligently led the process, ensuring the selection of talented individuals to join the team. The new batch commenced their journey on 18th September 2023.

In October 2023, the students of the Indian Music Society continued to showcase their musical genius performing *Ganesh Vandana* at the Annual Fresher's event and *Mahishasura Mardini Stotram* at the NCC event in the college, captivating audiences with their soulful renditions.

# Shining Network

The Shining Network welcomed 2023 with 'Reflecting through Rock Painting' on 8th February 2023 - aimed at mindful creativity and building meaningful connections- the students painted rocks to showcase positivity, mindfulness, innovation and also a glimpse of their personality.



On 14th February 2023, workshop on 'Meditation: A Way of Life' was organised in collaboration with Art of Living Foundation for 'Har Ghar Dhyam' campaign under the aegis of Azadi Ka Amrit Mahotsav by Ministry of Culture, Government of India. It was to benefit the students who had opted for Value Added Course (VAC), Ethics and Culture, as 'Meditation and Mindfulness' are part of its curriculum.

The aim of the workshop was to help students understand how to ground themselves during stressful situations and learn the significance of daily meditation as a way of life to experience calming effects, elevate mental health and overall wellbeing of an individual thereby resulting in more productivity and efficiency.

The Culture Council of University of Delhi in collaboration with Shining Network and Women Development Cell organised a motivational session on 'Public Speaking, Presentation Skills and Redefining Aptitude' on 14th March 2023. The highlight of the session was Chief Guest Professor K. Ratnabali (Dean, Academic Affairs, University of Delhi) and Guest of Honor Professor Anil K. Kalkal (Director, Sports, University of Delhi) sharing anecdotes as well as the trials and tribulations they underwent before finally gaining confidence that brought them so far in their lives.

A two-day 'Wake Up' Workshop on 'Mindfulness and Happiness: Ethics in Practice' in collaboration with Ahimsa Trust and Plum Village France was held on 21st and 22nd March 2023. This was an opportunity for participatory learning of mindfulness in daily activities from seven monastics of Thich Naht Hanh Order from Plum Village, France and Dharmacharya Shantum Seth, the Director of Ahimsa Trust. Before the official inaugural, the monastics sang beautiful songs about peace and happiness which was followed by the welcome speech by the student convenors, Niyati Kanotra, and Ananya Singh, and the Faculty Convener Dr. Geetesh Nirban. Principal, Professor Kalpana Bhakuni felicitated the guests. The two day workshop focused on different forms of mindfulness meditations ranging from talking, discussing, thinking, walking and eating mindfully. The participants learnt the value of silence and slowness as well as mental relaxation for developing an attitude of happiness and building effective coping mechanisms for addressing daily life situations.

On 7 April, 2023, the members of Shining Network participated in a workshop on Vedic Nutrition by Dr Shikha Sharma, the nutritionist and wellness expert at Vedique Wellness Center at Greater Kailash. 'Vedique' an initiative by Dr. Shikha Sharma aims to provide bodies with nutrition based on their genetic make-up, give healing touch and wellness to individuals. Here the students learnt about their body types through Prakriti Analysis on the mobile app 'Vedique Diet' and later were guided by the doctor on how to take care of their individual selves naturally following the nutritive diet. A health packed smoothie with fruits and seeds topped with honey was served to all and the members practised mindful drinking while playing a fun game of guessing the ingredients.



# Snapshots: The Photography Society

For the session 2023-24, the core team of Snapshots, the photography society of Kamala Nehru College, comprised Anshika Sharma (President), Chinmayee Sharma (Vice president), Mahika Singh (Treasurer), Gehna Singh Dewal (Social Media head) and Arushi Sharma (Creative Head). Under their leadership, the society organised several events.



On February 15, 2023, Snapshots collaborated with Awaken, the consumer club of the college, and covered their event. On February 18, 2023, team snapshots visited the Mehrauli Archeological Park for a Photowalk. On March 22, 2023, Diya and Mahika from Snapshots participated in *Chitrakatha*, an on-the-spot photography competition organised by Photobug, the photography society of Sri Guru Nanak Dev Khalsa College. Arushi, Unnati and Mahika from Snapshots participated in *Chitrakatha*, an on-the-spot photography competition organised by the Fine Arts Society of Sri Ram College of Commerce on March 28, 2023.

In April, Snapshots collaborated with the Economics Society of Kamla Nehru College and covered the Economics Society's fest, *Ecophoria*, held on April 3, 2023. Snapshots also held a bake sale as a fundraiser for our society for KNC's annual fest, *Ullas*, on April 5, 2023.

Snapshots enthusiastically participated in the Annual cultural Fest, Ullas. Snapshots held an on-the-spot photography competition called *Tasbir* and set up an exhibition cum sale called '*Monographs from the Aperture*.'

On World Photography Day, Snapshots organised an online Photography competition and an Online Photography workshop. On August 17, 2023, the society received 18 entries on the theme '*India: Untold Stories*' for an online photography competition. Professor Sanjay Muttoo judged the competition, out of which Ms. Ananya Raj emerged as the winner.

On August 19, 2023, a photography workshop on the theme of '*Behind Those Clouds: Understanding The Significance of Light in Photography*' by Anshika Sharma, president of Snapshots. Through Hands-on exercises and interactive discussions, attendees gained insights into the various types of lighting for their shots.

On August 23, 2023, Snapshots held an informative orientation session to familiarise first-year and second-year students with the intricacies of our society's operations. On August 28, snapshots conducted an orientation session, welcoming 21 recruits for the session 2023-24 after three rounds of auditions. In round 1, online theme-based submissions on two themes: *Emotions Unveiled* and *Contrast in Harmony* were done. The second round was an on-the-spot round in which selected students captured photographs under the theme '*KNC in motion*'. In the last round, selected students were interviewed for final recruitment.

On September 20, 2023, the entire team of Snapshots visited *Sunder Nursery* for a Photowalk. This excursion served as a warm welcome session for everyone. Four teams of participants captured photographs centred around the theme '*Leading Lines, Reflection and Symmetry*' for our upcoming social media submissions.

Diksha Yadav of Snapshots secured 2nd position in the photography competition organised by the Department of Psychology organised on October 13, 2023. On October 18, a workshop on the basics of photography was hosted by Anshika Sharma. She discussed topics like the working of DSLR, composition, lighting and techniques, among others, to make the attendees understand how to get started with photography.



# सृजन: हिंदी रचनात्मक लेखन समिति

‘सृजन’ द्वारा ‘अंतः कक्षा मौलिक कविता लेखन प्रतियोगिता’ का आयोजन 17 जनवरी 2023 को अपराह्न 12:00 बजे से 1:00 बजे तक किया गया। कार्यक्रम का आगाज़ ‘सृजन’ समिति की संयोजिका प्रोफ़ेसर रजत रानी आर्य एवं समिति की शिक्षक सदस्य डॉ. नीरू कुमारी और सभी प्रतिभागियों के विधिवत स्वागत से हुआ। कार्यक्रम का संचालन समिति की छात्रा संयोजिका काजल एवं सचिव मोनिका यादव द्वारा बखूबी किया गया। प्रतियोगिता में लगभग 21 प्रतिभागियों ने भाग लिया और अपने कविता लेखन से सब को प्रभावित किया। तत्पश्चात समिति की सचिव मोनिका यादव ने सभी प्रतिभागियों का धन्यवाद ज्ञापित करते हुए सभी को शुभकामनाएं दीं। अंत में कार्यक्रम का समापन प्रोफ़ेसर रजत रानी आर्य द्वारा सभी प्रतिभागियों तथा ‘सृजन’ समिति के कार्यकर्ताओं के धन्यवाद ज्ञापन से हुआ।



कमला नेहरू कॉलेज की हिंदी रचनात्मक लेखन समिति ‘सृजन’ द्वारा ‘अंतः कक्षा मौलिक कविता लेखन प्रतियोगिता’ का आयोजन 17 जनवरी 2023 को अपराह्न 12 बजे से 1 बजे तक किया गया। सौम्या श्रीवास्तव (राजनीति विभाग, द्वितीय वर्ष) ने प्रथम पुरस्कार प्राप्त किया, हर्षिता पाल (राजनीति विभाग, प्रथम वर्ष) ने द्वितीय पुरस्कार प्राप्त किया तथा वैष्णवी राजपूत (बी. ए., द्वितीय वर्ष) ने तृतीय पुरस्कार प्राप्त किया। प्राची (भूगोल विशेष, द्वितीय वर्ष) और निशा (इतिहास विशेष, प्रथम वर्ष) को प्रोत्साहन पुरस्कार दिया गया। इस प्रतियोगिता के निर्णायक मंडल के रूप में डॉक्टर साधना अग्रवाल और डॉक्टर सविता शर्मा उपस्थित रहे।

हिंदी रचनात्मक लेखन समिति ‘सृजन’ द्वारा 22 फरवरी 2023 को ‘अंतः कक्षा मौलिक कहानी लेखन प्रतियोगिता’ का आयोजन किया गया। कार्यक्रम का आयोजन ईसीए ब्रेक के दौरान अपराह्न 1:30-2:30 के मध्य किया गया जिसमें कुल 12 छात्राओं ने भाग लिया। निर्णायक मंडल के रूप में हिंदी विभाग के प्रोफ़ेसर डॉ. मनोज कुमार और डॉ. अनुराधा गुप्ता मौजूद रहे। समिति की छात्रा संयोजिका काजल कुमारी के साथ अन्य सदस्यों के सहयोग व उत्साह से कार्यक्रम का सफलतापूर्वक समापन हुआ। आस्था रानी (हिंदी विशेष, द्वितीय वर्ष) ने प्रथम पुरस्कार प्राप्त किया, भाव्या (हिंदी विशेष, द्वितीय वर्ष) ने द्वितीय पुरस्कार प्राप्त किया तथा पूजा झा (बी. ए. प्रोग्राम, तृतीय वर्ष) ने तृतीय पुरस्कार प्राप्त किया। सौम्या श्रीवास्तव, (राजनीति विज्ञान विशेष, द्वितीय वर्ष) ने प्रोत्साहन पुरस्कार प्राप्त किया।

29 मार्च 2023 ‘सृजन’ द्वारा ‘परिचर्चा’ का आयोजन किया गया। परिचर्चा का विषय ‘कहानी कैसे पढ़ें, कैसे लिखें?’ था। परिचर्चा के मुख्य वक्ता प्रियदर्शन जी थे। कार्यक्रम की शुरुआत द्वीप प्रज्वलन से की गई। समिति की शिक्षिका संयोजिका प्रोफ़ेसर रजत रानी आर्य द्वारा प्रियदर्शन जी का स्वागत किया गया। छात्राओं ने अच्छी कहानी कैसे लिखें और कहानी से संबंधित प्रश्न पूछे। कार्यक्रम के अंत में जनवरी और फरवरी माह में हुई ‘अंतः कक्षा मौलिक कविता लेखन प्रतियोगिता’ और ‘अंतः कक्षा मौलिक कहानी लेखन प्रतियोगिता’ के विजेताओं को पुरस्कृत किया गया। इस परिचर्चा में डॉ. साधना अग्रवाल, डॉ. मनोज कुमार, डॉ. नीरू, डॉ. सविता शर्मा के अलावा दिल्ली विश्वविद्यालय के पी.एच.डी. छात्रों ने भागीदारी दिखाई। यह परिचर्चा काफ़ी उत्साहवर्धक और ज्ञानवर्धक रही।

दिल्ली विश्वविद्यालय के कमला नेहरू कॉलेज में “उल्लास” 2023 के अवसर पर सृजन समिति द्वारा दिनांक 25 अप्रैल 2023 को “काव्योत्सव” का आयोजन प्रातः 11 बजे से 2 बजे तक किया गया। कार्यक्रम का आयोजन समिति की शिक्षक संयोजिका प्रोफ़ेसर रजत रानी आर्य एवं समिति की शिक्षक सदस्य डॉक्टर नीरू कुमारी, डॉक्टर सविता शर्मा, डॉक्टर मैत्रेयी कुमारी और निर्णायक मंडल एवं सभी प्रतिभागियों के विधिवत स्वागत से हुआ। निर्णायक मंडल के रूप में प्रोफ़ेसर दिनेश राम और डॉक्टर वंदना उपस्थित रहीं। प्रतियोगिता में लगभग 17 प्रतिभागियों ने भाग लिया। कविताओं के विविध विषय रहे जैसे बेटी, समाज, लोकतंत्र देश भारत, मजदूरों की दयनीय स्थिति इत्यादि। तत्पश्चात समिति सचिव मोनिका यादव ने सभी प्रतिभागियों का धन्यवाद ज्ञापित करते हुए सभी को शुभकामनाएं दीं।

प्रतियोगिता में प्रथम पुरस्कार सौम्या श्रीवास्तव, गणित (विशेष), तृतीय वर्ष, कमला नेहरू कॉलेज ने प्राप्त किया। द्वितीय पुरस्कार पलक गुप्ता, बी. कॉम (प्रोग्राम), गार्गी कॉलेज तथा तृतीय पुरस्कार, भावना (बी.ए. प्रोग्राम, द्वितीय वर्ष, कमला नेहरू कॉलेज) को दिया गया। दो प्रोत्साहन पुरस्कार शिवानी तिवारी (मनोविज्ञान विशेष, तृतीय वर्ष, कमला नेहरू कॉलेज) और राहुल (भूगोल विशेष, प्रथम वर्ष, शहीद भगत सिंह कॉलेज) को दिये गये। सृजन समिति की कोर टीम का 2022-2023 का सत्र पूर्ण होने पर छात्रा संयोजिका काजल कुमारी और छात्रा सचिव मोनिका यादव को प्रमाण पत्र से सम्मानित किया गया। कार्यक्रम का समापन प्रोफ़ेसर रजत रानी आर्य ने सबको धन्यवाद देकर किया।

# राजभाषा कार्यान्वयन समिति

## अंतर्महाविद्यालय लोक गीत गायन प्रतियोगिता: 21 फरवरी 2023

कमला नेहरू कॉलेज की राजभाषा कार्यान्वयन समिति हिंदी विभाग तथा आंतरिक आश्वासन, गुणवत्ता प्रकोष्ठ के संयुक्त तत्वावधान में अंतर्राष्ट्रीय मातृभाषा दिवस (21 फरवरी 2023) के उपलक्ष्य पर 'अंतर्महाविद्यालय लोक गीत गायन प्रतियोगिता का आयोजन किया गया | यह कार्यक्रम नव संगोष्ठी कक्ष में 11 बजे से 1 बजे तक चला | इस कार्यक्रम में निर्णायक मंडल के रूप में डॉ. शालीन ( संगीत विभाग, दिल्ली विश्वविद्यालय ) तथा प्रो. सुषमा चौधरी (संस्कृत विभाग ,कमला नेहरू कॉलेज ) रहे | कार्यक्रम की शुरुआत दीप प्रज्वलन से हुई | राजभाषा समिति की संयोजिका डॉ. भारती ने प्रतियोगिता के नियम बताकर प्रतियोगिता का संचालन किया | इस प्रतियोगिता में विभिन्न कॉलेज के 24 प्रतिभागियों ने भाग लिया | सभी प्रतिभागियों ने अपनी कला का बहुत अच्छा प्रदर्शन किया |प्रतियोगिता में निर्णायक मंडल द्वारा चुने गये प्रतिभागी इस प्रकार रहे |

प्रथम पुरस्कार - मोहम्मद सोएब अंसारी (मोतीलाल इवनिंग कॉलेज)

द्वितीय पुरस्कार- श्वेता कुमारी (दौलत राम कॉलेज)

तृतीय पुरस्कार -नेहा भारती (कमला नेहरू कॉलेज)

सांत्वना प्रथम -भव्या (कमला नेहरू कॉलेज)

सांत्वना द्वितीय - मुस्कान कुमारी (कमला नेहरू कॉलेज)

## कार्यशाला: कार्यालयी कार्यों में हिंदी का प्रयोग विविध आयाम ; 3 मई 2023

3 मई 2023 को एक कार्यशाला का आयोजन किया गया| इस अवसर पर राजभाषा विभाग, गृह मंत्रालय भारत सरकार में सहायक निदेशक डॉ मोहन चंद्र मुख्य प्रस्तुतकर्ता के रूप में आमंत्रित रहे। डॉ चंद्र ने उपस्थित प्रशिक्षुओं के समक्ष पीपीटी के प्रदर्शन द्वारा कंप्यूटर पर हिंदी भाषा में टंकण हेतु विविध फॉण्ट एवं सॉफ्टवेयर का प्रदर्शन किया इस क्रम में हिंदी टंकण के समक्ष आने वाली समस्याओं के मध्य नजर सॉफ्टवेयर के क्षेत्र में नवीनतम शोध एवं अनुप्रयोगों को सामने रखा टंकण फाइल के रूप में उन्हें सुरक्षित करना एक फाइल से दूसरी फाइल पर जाना इत्यादि कार्यों को उन्होंने प्रदर्शित किया|यूनिकोड और इसकी सीमाओं को और इस क्षेत्र में नवीनतम शोध को सामने रखा गया डॉक्टर चंद्र ने कार्यशाला में उपस्थित संकायों की शंकाओं का समाधान किया।

## कार्यशाला: कंप्यूटर पर हिंदी में सरकारी कामकाज ; 3 अगस्त 2023

कमला नेहरू कॉलेज की आइक्यूएसी और राजभाषा कार्यान्वयन समिति के संयुक्त तत्वावधान में दिनांक 3 अगस्त 2023 को एक कार्यशाला का आयोजन नव संगोष्ठी कक्ष में किया गया इस अवसर पर राजभाषा विभाग, गृह मंत्रालय भारत सरकार में सहायक निदेशक श्रीमती विनीता तिवारी जी प्रमुख प्रस्तुतकर्ता रही। राजभाषा कार्यान्वयन समिति की ओर से इसकी संयोजिका डॉक्टर भारती ने स्वागत एवं परिचय पाठ प्रस्तुत किया कॉलेज की प्राचार्य प्रोफेसर कल्पना भाकुनी ने श्रीमती विनीता को प्लांटर देकर विधिवत स्वागत किया |

श्रीमती विनीता तिवारी ने उपस्थित प्रशिक्षुओं के समक्ष कंप्यूटर पर सरकारी कार्यालय में प्रयोग लाने वाले पत्राचार और विभिन्न सरकारी प्रपत्र लेखन का आसान और विश्वसनीय प्रदर्शन किया| इस क्रम में उन्होंने सूचना के अधिकार का प्रपत्र भरे जाने एवं जवाब देने के लिए प्रयोग की जाने वाली हिंदी के स्वरूप का विवरण दिया उन्होंने ज्ञापन, सूचना. कार्यालय आदेश ,टिप्पण लेखन, अधिसूचना इत्यादि का तकनीकी और व्यावहारिक प्रदर्शन किया कार्यालय की आवश्यकताओं के अनुसार प्रपत्र का स्वरूप स्पष्टीकरण एवं हिंदी के आधिकारिक शब्दों का उन्होंने सुंदर और मनोहारी प्रदर्शन किया।

## हिंदी दिवस: 14 सितंबर 2023

हिंदी विभाग राजभाषा कार्यान्वयन समिति एवं आइ.क्यू.ए.सी के संयुक्त तत्वाधान में 14 सितंबर 2023 को एक व्याख्यान एवं अंतर्महाविद्यालय कविता, कहानी, पोस्टर प्रतियोगिता का आयोजन किया गया |

व्याख्यान का विषय 'राष्ट्र निर्माण में हिंदी की भूमिका' रहा जिस पर प्रोफेसर आशुतोष कुमार (दिल्ली विश्वविद्यालय) ने अत्यंत सारगर्भित व्याख्यान दिया |

अंतर्महाविद्यालय कविता लेखन प्रतियोगिता के विजेता इस प्रकार रहे-

प्रथम पुरस्कार: शुभम आनंद (हंसराज कॉलेज)

द्वितीय पुरस्कार: शालू वर्मा (ओपन स्कूल ऑफ लर्निंग)

तृतीय पुरस्कार: काजल मिश्रा (कमला नेहरू कॉलेज)  
 अंतर्महाविद्यालय कविता लेखन प्रतियोगिता के विजेता इस प्रकार रहे-  
 प्रथम पुरस्कार: सौरभ (मोतीलाल कॉलेज)  
 द्वितीय पुरस्कार: प्रीति (कमला नेहरू कॉलेज )  
 तृतीय पुरस्कार: नेहा भारती (कमला नेहरू कॉलेज)

भारतीय भाषा दिवस ; विचार श्रृंखला- 'एक 'भाषाएँ जोड़ती है तोड़ती नहीं: 1 नवंबर 2023  
 भारतीय भाषा दिवस के उपलक्ष्य में आयोजित विचार श्रृंखला- 'एक' भाषा जोड़ती है तोड़ती नहीं का आयोजन किया गया |इस प्रतियोगिता में प्रतिभागियों ने तेलुगू, मलयालम, पंजाबी, असमिया, मारवाड़ी, उर्दू आदि अनेक भारतीय भाषाओं में अनुच्छेद लिखा | जिसका विषय था- 'विविध भारतीय भाषाओं का देश भारत' इस प्रतियोगिता का परिणाम इस प्रकार रहा-  
 प्रथम पुरस्कार- के. वैष्णवी प्रियंवदा (कमला नेहरू कॉलेज)  
 द्वितीय पुरस्कार- खुशबू (कमला नेहरू कॉलेज)  
 तृतीय पुरस्कार- वी. एस. सुधा कीर्ती (कमला नेहरू कॉलेज)

भाषाएँ जोड़ती है तोड़ती नहीं विचार श्रृंखला 'दो' के अंतर्गत संस्कृत भाषा का संगणकीय विश्लेषण विषय पर कार्यशाला का आयोजन किया गया जिसके मुख्य वक्ता डॉ.सुभाष चंद्र (संस्कृत विभाग, दिल्ली विश्वविद्यालय ) थे| इस कार्यशाला में उन्होंने अपनी पी.पी.टी. द्वारा संस्कृत भाषा के उच्चारण और कंप्यूटर द्वारा कोडिंग के तारतम्य पर प्रकाश डाला |यह कार्यशाला अत्यंत सफल सिद्ध हुई|

## The Rumoured Project

The rumoured Project is the college band. The Rumoured Project organised the *Battle of Bands* in the annual fest, *Ullas*, of Kamala Nehru College on April 12, 2023. Various Bands across the University of Delhi and other universities participated and got shortlisted for the final performance at our college. The event was successful, with enthralling performances by many talented singers and percussionists. The selected bands competed with each other, and the winners were awarded cash prizes.



The Rumoured Project collaborated with *Zephyr: The Western Music Society* of Kamala Nehru College on September 19, 2023, for a live jamming session at the Chaupal. It was a 30-minute session with songs of various genres from both Western and Indian cultures. A lot of students joined and enjoyed the session.

In the fresher's performance for the batch of 2023 held on October 19, 2023, The Rumoured Project performed a medley which included some classic Bollywood melodies and popular Hollywood songs. The audience enjoyed the performance and enthusiastically sang along with the band.

On October 20, 2023, The Rumoured Project collaborated with *Sangeetika*, the Indian Classical Music Society of KNC, on the occasion of Durga Pooja in the Foyer. *Sangeetika* performed the Mahishasur Mardini Stotram, and members of TRP performed the instrumental for it. The musical 'Jugalbandi' was joyful for the audience, setting a festive mood.

The Rumoured Project also collaborated with *Girl Up Ikhtiyar*, an organisation under the Girl Up umbrella of the United Nations, which aims to help raise awareness of gender equality and human rights. The Rumoured Project performed for a Halloween Fundraiser hosted by Girl Up Ikhtiyar on October 30, 2023, at Bella Vie, Champa Gali. The Fundraiser aimed to raise funds to support the victims of the Palestine Crisis. TRP put on a zestful performance, which was enthusiastically joined in by the crowd.

## Unabridged: The Book Club

Unabridged: The Book Club of Kamala Nehru College has been committed to taking the love of reading to all students and faculty. The Book club of Kamala Nehru College, Unabridged, kickstarted the year 2023 with the event “*What Fiction Does to Us: An Interactive Workshop with Sarthak Paliwal*” in February. The workshop served as a dynamic platform for budding writers and literature enthusiasts to delve into the intricacies of creative writing. Participants engaged in lively discussions, uncovering the transformative power of fiction on readers’ minds and emotions.



In an enriching book discussion session on 29th April 2023, Professor Anjum Altaf and Professor Amit Basole, distinguished authors of “*Thinking With Ghalib: Poetry for a New Generation*” captivated the audience with profound insights. The event focused on Ghalib’s poetic brilliance, transcending traditional interpretations. The authors explored themes like faith, identity, and independent thought, making Ghalib’s work incredibly relevant to contemporary dilemmas.

On 4th October 2023, the college’s book club organized an engaging workshop with acclaimed author Kanchana Banerjee. Banerjee shared her life journey, writing passion, and experiences in publishing her three novels. The highlight was an interactive Q&A session where Banerjee candidly discussed her writing process, writer’s block, and industry insights.

Unabridged, in collaboration with Sunflower Seeds, hosted an inspiring virtual session with author Manini Priyan via Google Meet on 27th October 2023. Ms. Priyan, based in Toronto, shared insights from her book, *Search For Transcendence: The Beginning*, and conducted a creative writing workshop.

Unabridged orchestrated a captivating virtual session with author Manjima Mishra on 17th November 2023. Ms. Mishra shared profound insights from her book, *The Ocean is Her Title*, and led an engaging workshop.

On December 6, 2023, the Book Club convened at Sundar Nursery for a day of literary exploration and camaraderie. Members engaged in lively discussions about their favorite books, fostering an intellectually vibrant atmosphere. A creative thumbprinting session added a personal touch to the proceedings, enhancing the collective experience.



# Women's Development Cell

The Women's Development Cell organised various events from February through December 2023, the following are the highlights of the most memorable occasions:

**Cyber Safety Awareness Campaign:** The members of WDC were honoured to be invited to the Cyber Safety Awareness Campaign organized by *Delhi Police, Meta India, and Josh Talks* on 7th February 2023 at Adarsh Auditorium, Police headquarters. Deputy Commissioner of Police (PRO) Suman Nalwa outlined the objective: to prevent cyber crimes, raise awareness about various cyber crimes, and educate individuals on how to protect themselves and their loved ones from falling prey to such acts.

**Public Speaking, Presentation Skills, and Redefining Aptitude:** Under the auspices of Kamala Nehru College, the Culture Council at the University of Delhi organized a session on 'Public Speaking, Presentation Skills, and Redefining Aptitude' on 14th March 2023. Renowned speaker Mr. Anurag Sharma, founder of *Learning with ANT*, shared his expertise with students, emphasizing relatable examples to enhance understanding.

**Holistic Health and Wellness:** Kamala Nehru College's Women's development cell, in collaboration with *Shefali Batra Heals* and *@hoptohealth*, hosted an insightful webinar on 'Holistic Health and Wellness- A Way of Life' on 06th May 2023. The webinar enlightened participants about holistic health, lifestyle disorders, and common mistakes leading to ill health.

**Project Surkh:** On 30th June 2023, the volunteers of WDC, in collaboration with the core team, organized a sanitary napkin donation drive in the slum areas near the college. Approximately 80-90 boxes of pads were distributed to women, accompanied by insightful interactions, offering valuable insights into their lives.

**Orientation 2023:** The Women's Development Cell held its annual orientation on August 28, 2023. The event began with an introduction by the convenors, followed by department heads discussing their roles. A Q&A session provided an opportunity for interaction and understanding of the cell's work.

**Good Touch Bad Touch Delivery Module:** On 13th September 2023, the Women's Development Cell organized a session on "good touch bad touch" at a girls' school partnered with *Teach for India*. The interactive module aimed to educate 5th-grade students about personal boundaries and safety, concluding with a commitment to their well-being.

**Feminist Engagements on College Campus: Towards Inclusive Transformations:** WDC organized an online webinar on Feminist Engagements on College Campus: Towards Inclusive Transformation. Faculty convenors Dr Nupur Ray and Dr Vaishali Narula led the discussion, exploring feminist concepts and societal constructs affecting gender perceptions.

**Self-Defense Workshop:** On the International Day Of Girl Child; 11th October 2023, the Women's Development Cell organized a self-defence workshop exclusively for KNC students. Conducted by black belt holders from the *Delhi Police*, the workshop emphasized the importance of self-defence techniques.

**Clothes Donation Drive:** From 26th October to 28th October, WDC partnered up with NGO *Nanhe Pakshi* for a clothes donation drive. Collaborating with Lakshya, the theatre society of Kamala Nehru College, awareness about domestic violence was raised. The drive successfully collected clothing items for distribution to those in need.

**WDC Meet and Greet Session:** The Women's Development Cell of Kamala Nehru College organized a Meet and Greet session to foster a familial atmosphere on the 8th of November 2023. The informal gathering included fun activities, facilitating team bonding and camaraderie among members.

# Zephyr: The Western Music Society

Zephyr, the Western Music Society of Kamala Nehru College, represents a group of talented and dynamic vocalists. Since its establishment in 2010, Zephyr has stood as one of the most prominent and active performing societies within the college community. Throughout the year, the society has enthusiastically participated in numerous events and competitions, showcasing their musical prowess and dedication to craft.



Zephyr secured the third position in *Staccato*, the Western Music Event hosted by Dyal Singh College (Evening) on March 21. On March 30, Aroma Mathhews achieved the remarkable feat of securing the third prize at St. Stephen's College's Solo Singing Competition. Following this success, Aroma further distinguished herself by claiming the first position in the Western Solo Singing Competition organised by Shri Ram College of Commerce on 31st March. The society celebrated another victory on 8th April, as they secured the third position in *Blend*, the Western A cappella competition organised by Shaheed Bhagat Singh College. Additionally, Zephyr secured the third position in the Western A cappella Competition conducted by Motilal Nehru College on April 20.

The Western Music Society proudly secured the second position in *Rachnotsav*, the Western A cappella event hosted by Hansraj College on April 23. With the new batch performing, Zephyr secured the third position in *Pitch Perfect*, the Western A Capella Competition organised by BITS Pilani during their annual fest, *Oasis 2023*, on October 30, 2023.

Zephyr's participation in over 20 fests across Delhi University stands as a testament to their active involvement and dedication. From captivating audiences with melodious performances to leaving an indelible mark on each event, the society has consistently showcased its talent and passion for music. Additionally, they have ventured beyond the confines of Delhi University to participate in an outstation fest at BITS, Pilani. Through these experiences, Zephyr honed their skills and forged lasting connections with fellow music enthusiasts and Institutions, solidifying their presence as a prominent musical entity within the collegiate circuit.

At the onset of 2023, Zephyr embarked on a meaningful collaboration with GirlUp Ikhtiyar to ignite their noble initiative, *Zariyah*. This inspiring project was dedicated to extending warmth and care to the underprivileged population of Delhi NCR, by providing essential winter clothing. On February 18, Zephyr partnered with *Sakaar Outreach*, an esteemed NGO dedicated to fostering positive change in the lives of individuals in need. Together, they orchestrated a vibrant and engaging jamming session in the heart of Connaught Place's Central Park to gather the crowd's attention and help raise funds.

On April 21, Zephyr had the privilege of serving as the official entertainment partner for the annual fest of the Delhi College of Arts and Commerce. The performance was the highlight of the event, captivating the audience with their dynamic musical renditions and engaging stage presence. In August, Zephyr collaborated as the official promotional partner for Global Village'23, an esteemed event organised by AIESEC, a globally recognised organisation introduced to India by IIT Delhi. This partnership underscored their commitment to supporting initiatives that promote cultural exchange and international cooperation.

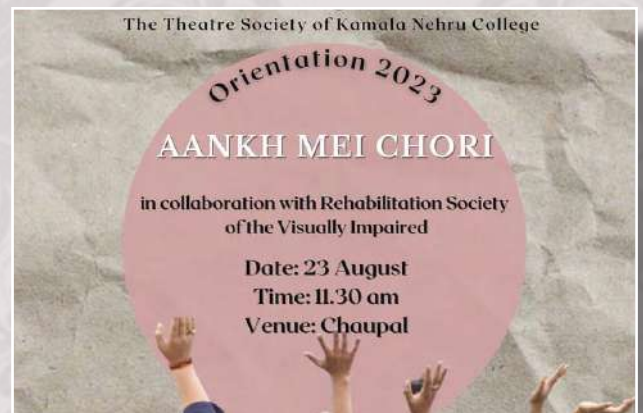
Zephyr orchestrated the highly anticipated annual Western music event, *Rhythm and Blues*, on April 25. This event marked a significant highlight in our calendar, drawing enthusiastic participation from over 10 colleges across the Delhi University circuit. The event provided a platform for aspiring musicians to showcase their skills and passion for Western music, fostering healthy competition and artistic expression.

# SOCIETY ACTIVITIES

## Zephyr



## Lakshya

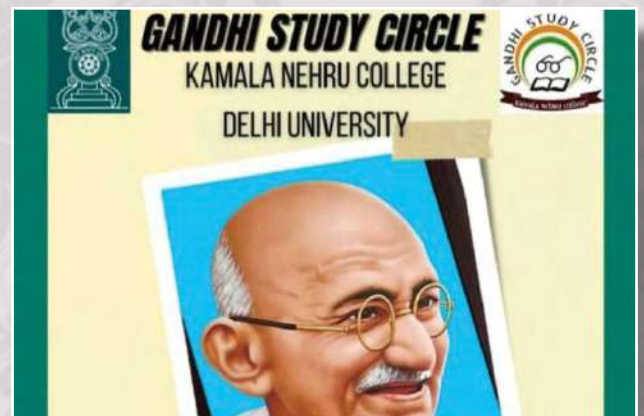


# SOCIETY ACTIVITIES

## The Rumoured Project



## Gandhi Study Circle



## Civil Services Forum





# SOCIETY ACTIVITIES

## RISE Cell



## Enigma



# SOCIETY ACTIVITIES

## राजभाषा कार्यान्वयन समिति



# DEPARTMENTAL ACTIVITY REPORTS

*(February 2023–January 2024)*



*Team Shining Network*

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# Department Of Commerce

The goal of the Commerce Department is to give its students a well-rounded development. In the academic year 2022-23, Commcentric, the Commerce Association, organized several events. Now, Prof. Soma Sen Gupta is the Association-in-Charge of the Department, and Dr. Mamta Bhushan is the Teacher-in-Charge. The Commerce Department's student president is Kamyra Chugh. The following are some of the year's highlights for the events planned:



## Cineart Quest

The primary aim of this event was to extend a warm welcome to the batch of Freshers while stimulating active coordination among various teams under the umbrella of Commcentric. The event consisted of 3 rounds namely: Film fusion, Art attack, and Quest for riches. These competitions provided the participants to showcase their flair for creativity and artistic vision.

## Cyber Security Lecture

Sh. Deepak Kumar who holds the position of Deputy Commandant at the Indian Cyber Crime Coordination Centre within the Ministry of Home Affairs, Government of India presided as the speaker. The seminar highlighted the evolution of the internet into a vital aspect of modern life and emphasized the criticality of cybersecurity in the interconnected world.

## Seminar on Career and Opportunities in Marketing

The seminar introduced marketing, guiding students toward successful careers with innovative methods and real-life examples. It covered Product Marketing, Digital Marketing, and debunked myths, providing essential skill sets for today's dynamic landscape. The speaker aimed to equip students for the evolving marketing field, fostering appreciation and guiding them toward success. Vedica Institute organized the seminar.

## Orientation

For the class of 2025-26, the Commerce Department had an offline orientation program. The primary goal was to outline the complete operation of the department, including the introduction of the teams and societies. The professors provided the students with information about the path ahead of them.

## Seminar on 'Global Economic Crisis'

A seminar on 'Global Economic Crisis' was organized by Commcentric - The Commerce Association, our guest speaker was Prof. Rahul K. Mishra. The speaker discussed how crucial it is for us to be aware of the Global Economic Crisis and how it affects the Global economy.

## Seminar on 'Relating NEP with Global Education and its impact on job prospects'

A very interactive seminar on 'Job Opportunities after Masters' was held on 16th November 2023, our guest speaker was Mr. Soumyo Gupta, CEO of Jamboree Education. The seminar enlightened the students about various career opportunities after completing their master's, MBA, and MIM degrees.

## Commxcelsior

Commcentric hosted its annual fest "Commxcelsior," which saw a footfall of 5,000+ students from across the country. The events conducted were Mind Martians (Bizquizitive), Business Gonzo (Bizpreneur), Concoct-O-Ride (Comnote & Vartalaap), Artmania (Strokes), Destination Unknown (Inferno), Bidding Wars (Kaizen), Finatomy (Findicate), Markiesta (Markento). With fun and insightful rounds, the events were the perfect mix of skill and excitement.

### **Seminar on ‘Rising Economic Power of Emerging Economies: Ecological Implications’**

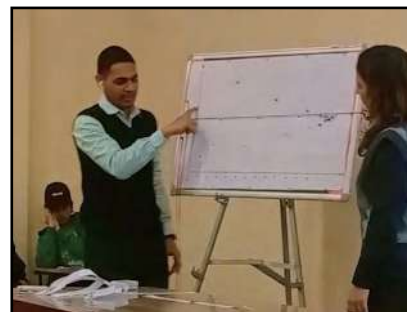
A fascinating lecture on the “Rising Economic Strength of Developing Economies: Ecological Consequences” was held on Feb 23, 2023, as a part of the University of Delhi centennial celebration. Prof. Pritam Singh, Professor Emeritus of Economics at Oxford Brookes Business School, addressed the gathering. The guest of honor for the lecture was Prof. Urvashi Sharma, Chairman of the Governing Council at Kamala Nehru College. Prof. Pritam discussed how the increased use of non-renewable resources, rising pollution levels, global warming, and the probable loss of environmental ecosystems are some of the environmental effects of economic expansion.

### **5-Day program on ‘World Law Prospects: Emerging World Law and the G20’**

5-day program on “World Law Prospects: Emerging World Law and the G20” was organized by the Department of Commerce, Delhi School of Economics, University of Delhi in collaboration with the World Constitution and Parliament Association, and Kamala Nehru College, University of Delhi. Prof. Glen T. Martin, Professor of Philosophy at Radford University in Virginia, and Ms. Eugenia Almand, Secretary of the General World Constitution and Parliament Association imparted their remarkable expertise, enhancing our comprehension of global law and motivating constructive transformation.

## Department of Mathematics

The Department of Mathematics, Kamala Nehru College, organised a Faculty Talk on 10th February 2023. Mr. Raj Kumar Santosh, Assistant Professor, at KNC, delivered a lecture on the topic “Mathematics: Learn how to learn”. The interactive session was interdisciplinary in nature, fostering a culture of intellectual curiosity and dynamic exchange of ideas.



# Department Of Economics

Throughout the eventful year of 2023, the Department of Economics at Kamala Nehru College orchestrated a series of intellectually stimulating and enriching events, each contributing to the academic, professional, and personal growth of its students. It all began with the Annual Freshers' Debate on 3rd February 2023, where vibrant discussions ensued on the topic "Should India Actively Promote Tourism & Hospitality?" This dynamic exchange of ideas set a high standard for the intellectual engagements that followed. Ecophoria, the Annual Day held on 3rd April 2023, marked a pivotal moment with an illuminating lecture delivered by none other than Professor Jayan Jose Thomas from the esteemed Indian Institute of Technology Delhi. His expertise in macroeconomic issues, especially vital for developing nations, left an indelible mark on the eager minds in attendance.



The collaborative spirit continued to thrive with a webinar on 9th April 2023, a strategic partnership between Kamala Nehru College Economics Department and Economics Forever, a governmental initiative. Renowned educator Samdish D Sharma took the reins, guiding students through the intricate strategies necessary for success in competitive exams such as the UPSC/IES. This webinar not only imparted knowledge but also instilled a sense of confidence and preparedness among the participants.

The momentum of intellectual curiosity and exploration reached new heights with the Annual Freshers' Debate re-prise on 18th September 2023, this time delving into the realms of 'AI and Economic Forecasting: Impacts'. The discussions were not just theoretical but touched upon the very fabric of our evolving society, shedding light on the potential, challenges, and ethical considerations surrounding Artificial Intelligence.

As the year progressed, the Entrepreneurship Workshop on 16th October 2023, orchestrated in collaboration with ASAR: The Entrepreneurship Cell, introduced budding entrepreneurs to the intricate nuances of transforming ideas into thriving startups. Industry stalwart Mr. Varun Duggal, with his wealth of experience from IIT Banaras, ignited the spark of innovation and encouraged students to think beyond conventions.

The Career Guidance Session on 7th November 2023, graced by luminaries such as Ms. Kanchan Ralhan, Dr. Vandita Sahay, and Ms. Veinu Nehru Dutta, provided invaluable insights into the multifaceted world of career development. Their words of wisdom, emphasizing the importance of skill enhancement, passion-driven pursuits, and continuous learning, resonated deeply with the ambitious students in attendance.

Finally, culminating the year on a note of holistic well-being and self-care, was the Stress Management with Mindfulness workshop on 12th December 2023. Held in collaboration with the Departments of Sociology and Geography, this session led by the esteemed Dr. Savita Sharma, from Manav Rachna University, opened doors to a world of inner peace and mental fortitude. Through the practice of mindfulness and meditation, students were empowered to navigate the rigors of academic life with grace and resilience. In conclusion, these events collectively epitomized the department's unwavering commitment to nurturing not just academicians, but well-rounded individuals equipped with the skills, knowledge, and mindset to thrive in an ever-evolving world.



# Department of English

The Department of English, in collaboration with the English Literary Society, orchestrated a series of noteworthy events spanning from February to December 2023. Among the array of activities, here are the highlights from some of the most memorable occasions:



## **Academic Lecture on John Lang and John Exshaw - The Drinker and Thinker by Amit Ranjan:**

The book '*John Lang: Wanderer of Hindoostan, Slanderer in Hindoostanee, Lawyer for The Ranees*' by Amit Ranjan is an expression of resistance against authoritarianism and corrupt bureaucracy. It is based on the life and experiences of John Lang, an Australian journalist settled in India, who constantly opposed British authority through his fiery wit and intelligence. The book seeks to cement Lang's undervalued legacy in history and memory. Its author, Amit Ranjan, is a lecturer of English at NCERT. He captured the attention of the audience effortlessly by talking about his writing process, the significance of the book along with numerous interesting facts about Lang's life in India.

**LitLuminous 2023:** Conducted on 20th April 2023 for a duration of 7 hours, LitLuminous, the annual Literature Fest, engaged around 100 attendees. Themed '*Literature and Disability*', the event featured competitions including a poster-making contest, slam poetry, and paper presentation. A thought-provoking panel discussion added depth to the literary celebration.

**Annual Departmental Meet:** On 2nd May 2023, a 2-hour Annual Meet gathered 40-50 participants for team bonding activities and discussions on the society's vision. The session incorporated lighthearted elements such as games, poetry recitations, songs, speeches, and storytelling.

**Reading and Reimagining the Classroom- A Workshop by Aaina Education with Sayan and Vrinda:** Held on 20th September 2023, this 2-hour workshop saw active participation from 70-80 individuals. Conducted in collaboration with Aaina Education, the session provided deep insights into classroom dynamics, encouraging excellence in teaching practices.

**Home, Harem, Hostel: Women's College in the History of Domesticity by Dr. Sneha Krishnan:** Presented on 18th October 2023, the 2-hour lecture attracted 50-60 participants. Dr. Sneha Krishnan, Associate Professor at Oxford University, shared an in-depth history and study of the first women's colleges in Chennai, exploring the themes of 'Home, Harem, and Hostel.'

**Workshop on Employing Self-Regulated Learning Skills In Higher Education:** Conducted on 28th October 2023, this 3-hour workshop engaged 80-90 participants. In collaboration with The Placement Cell, the workshop, led by Dr. Sung, emphasized the importance of 'smart work' over 'hard work,' providing valuable insights for students.

**Partition Museum Excursion:** Taking place on 25th November 2023, this 4-hour educational trip was attended by 100+ participants. The visit to the *Partition Museum*, located at Dr. B.R Ambedkar University, Delhi, offered a touching experience connecting students with the shared experiences of partition.

**Collective Rubbish 2023:** Conducted on 6th December 2023, this 3-hour Annual Art Exhibition showcased the talent and creativity of 90-100 students. The theme, *Amidst the Chaos: Dystopia and Adventure*, inspired students to explore and experiment with these genres, resulting in an array of intriguing art and writing pieces. An On-the-Spot Bookmark Making Competition added an element of spontaneity to the event.



# Department of Geography

Throughout the months of February to October 2023, the Geography Department at Kamala Nehru College organized a series of engaging activities and events aimed at enhancing students' academic and practical knowledge in the field of geography.



In February, 2023, a field trip to Ajmer, Rajasthan, provided 50 Geography Honours students with firsthand experience in field research. Led by Dr. Bharati Dave and Dr. Bratati Barik, the students visited various locations including Barefoot College and Pushkar Lake, collecting data through field observations,

surveys, and interactions with locals. Additionally, an interactive session on "Social Media Marketing in Tourism" was conducted online, featuring Mr. Sahil Sharma as the speaker, aimed at equipping students with skills for utilizing social media platforms in promoting E-Tourism products.

In March, another field survey took place, this time with 100 final-year students visiting Shahpur Jat Village, Delhi, to study Disaster Management. Supervised by four professors, the students collected data through questionnaires and interviews, gaining insights into community preparedness and resilience. The department also hosted "Geographica '23," its annual fest, which included various events and a keynote speech by Professor Anindita Datta on the topic of "Gender and Geography," highlighting the importance of studying the gendered dimension of geographical phenomena.

August witnessed the participation of Geography Department students in the GI Fair India 2023, where they explored India's cultural heritage through GI-tagged products, aligning with the "Vocal for Local" campaign. Furthermore, students undertook certificate programs in Basic of RS GIS & GNSS and Geographical Information System as part of the IIRS Outreach Programme, aimed at strengthening their knowledge in space technology and its applications.

In September, 2023, the department conducted its council election, ensuring a fair and transparent selection process for key representatives. Additionally, a talk by Professor Praveen Pathak on "Micro Geographies of Child Sex Ratio in India" provided valuable insights into regional factors influencing child sex ratios. A seminar on "Data Analytics and Artificial Intelligence," organized in collaboration with DUCAT, focused on the role of emerging technologies in geographical research and analysis.

In the month of October, the department organized "GeoScope - An Inter-Department Quiz Competition," which saw enthusiastic participation from students across various departments. Winners were awarded cash prizes, and the event served as a platform for testing participants' knowledge of culture and social sciences.



# Department Of History

The Department of History at Kamala Nehru College is dedicated to maintaining a disciplined yet liberal and rational environment, encouraging students to think critically, question everything, and express their ideas freely.



From January to April 2023, the department provided students with a rich exposure to Indian Heritage through various field trips. Commencing with a heritage visit to *Mehrauli Archaeological Park* on February 25, 2023, followed by an outstation excursion to Amritsar on March 1, 2023, covering significant sites such as the *Partition Museum, Wagah Border, Jallianwala Bagh, and the Golden Temple*. This extraordinary journey, undertaken immediately after the pandemic allowed students to witness firsthand the impact and pain of partition, providing a tangible connection to the historical events studied in the classroom.

Fueled by their inquisitive spirits and by combining basic research skills with historical insights, the students collaborated to create the Departmental Annual Newsletter, "*Chronicle*," unveiled on March 26, 2023. The central theme of the newsletter was a profound examination of gender in Indian History.

On April 20, the Department celebrated Department Day with an Annual Lecture by Prof. Anirudh Deshpande, who discussed "*Dr. Ambedkar's Vision of Education and Social Justice*." Professor Deshpande highlighted Dr. Bhimrao Ambedkar's focus on education as a means for individuals to become independent, critical thinkers, contributing to the nation without being bound by caste systems or colonial mentality.

The academic session concluded with a farewell to the third-year students (History Batch of 2020 to 2023), wishing them success in their future endeavours.

The new academic session (July 2023) commenced with a field visit titled "*In Search of Krishna*." Led by Ms. Shagufta Siddiqui and Ms. Vishnupriya Goswami on October 10, 2023, at the National Museum, Delhi, the walk attracted participation from both History Honours and B.A. Programme students.

On October 11, the department organised a lecture on the "*Music of Kumar Gandharv*" by Dr. Anubhuti Sharma from Eklavya Foundation, followed by an International Lecture featuring Prof. Gary Kates of Pomona College, USA, shedding light on the Enlightenment and the French Revolution.

Dr. Archana Ojha, a history faculty member known for organising heritage walks, took third-year honours students on an insightful tour of *Shahjahanabad*. This collaborative walk with Ramanujan College students covered landmarks such as *Qila-e-Mubarak, Jama Masjid, and the bazaars of Old Delhi*.

The Department of History continues to enrich its students with theoretical knowledge and practical experiences, nurturing a holistic understanding of history and guiding them in carving out their career paths.



# हिंदी विभाग

## 08 फरवरी 2023: संवाद, फिल्म समीक्षा कैसे करें

दिनांक 08 फरवरी, 2023, बुधवार को कंप्यूटर लैब 2 में हिंदी साहित्य परिषद्, हिंदी विभाग द्वारा “फिल्म समीक्षा कैसे करें?” विषय पर एक संवाद का आयोजन किया गया। इस अवसर पर विशिष्ट वक्ता के रूप में दिनेश श्रीनेत जी उपस्थित थे। श्रीनेत जी ‘द इकनोमिक टाइम्स’ में पत्रकार हैं और फिल्म समीक्षा और दृश्य माध्यम के विशेषज्ञ हैं। हिंदी विभाग के प्रभारी डॉ. मोहम्मद इसराइल ने विधिवत कार्यक्रम की शुरुआत की और विभाग की वरिष्ठ साथी सुश्री कांति मीणा ने श्रीनेत जी का प्लान्टर देकर स्वागत किया गया। अपने वक्तव्य में श्रीनेत जी ने फिल्म अध्ययन की भूमिका को रेखांकित किया। उनके अनुसार फिल्म इस वक्त सबसे उपयोगी कला माध्यम है और फिल्म समीक्षा की चाह रखने वालों को इस विधा की विविध तकनीकी पहलुओं की व्यावहारिक जानकारी होनी चाहिए। उन्होंने ध्वनि, चित्र, फोटोग्राफी, गीत संगीत, अभिनय, कथा और स्क्रीन प्ले को समझने पर बल दिया। उनके अनुसार हर फिल्म अपनी समीक्षा के सूत्र खुद देती है। उन्होंने विशाल भारद्वाज की ‘पटाखा’, रमेश सिप्पी की ‘शोले’ आदि से सम्बन्धित समीक्षा से जुड़े विविध पहलुओं की चर्चा की। कार्यक्रम में छात्राओं और शिक्षकों ने भाग लिया। कार्यक्रम के अंत में प्रश्न-उत्तर का दौर चला। कार्यक्रम का संचालन डॉ. मनोज कुमार और धन्यवाद ज्ञापन डॉ. भारती ने किया।

## 02 मार्च 2023: पुस्तक मेला भ्रमण कार्यक्रम

हिंदी विभाग की ओर से हिंदी विशेष की अंतिम वर्ष की छात्राओं के लिए प्रगति मैदान में राष्ट्रीय पुस्तक न्यास (NBT) द्वारा आयोजित पुस्तक मेला में भ्रमण हेतु ‘पुस्तक मेला भ्रमण’ कार्यक्रम का आयोजन दिनांक 02 मार्च 2023 को किया गया। इसका उद्देश्य अंतिम वर्ष की छात्राओं को पुस्तक मेला की संस्कृति से परिचित कराने के अतिरिक्त प्रकाशन उद्योग एवं प्रकाशकों से साक्षात्कार कर एक अनुभव प्राप्त करना था। छात्राओं ने संकाय सदस्यों के साथ मिलकर प्रसिद्ध लेखक तथा कवियों से मिलकर साहित्य एवं पुस्तकों की संस्कृति से एक सम्बन्ध स्थापित किया। कार्यक्रम अपने उद्देश्य में पूर्ण सफल रहा।

## 08 मार्च 2023: स्वरचित कविता पाठ कार्यक्रम का आयोजन

अंतर्राष्ट्रीय महिला दिवस (8 मार्च) के अवसर पर हिंदी साहित्य परिषद् के द्वारा 03 मार्च 2023 को ‘अंतर-महाविद्यालय स्वरचित कविता पाठ’ कार्यक्रम का आयोजन नव संगोष्ठी कक्ष में किया गया। इसमें विविध महाविद्यालयों से बड़ी संख्या में छात्र-छात्राओं ने अपूर्व उत्साह के साथ भागीदारी की। विद्यार्थियों द्वारा रचित कविताओं में स्त्री के जीवन के विविध पहलुओं को अभिव्यक्ति प्रदान की गयी। दौलत राम कॉलेज की मोहिनी को प्रथम पुरस्कार प्रदान किया गया।

## विभागीय पत्रिका ‘आयाम’ का प्रकाशन

हिंदी विभाग की पत्रिका ‘आयाम’ अंक 5 का प्रकाशन किया गया। इसका प्रदर्शन ‘कॉलेज डे’ के अवसर पर किया गया। इसमें विभाग की छात्राओं ने पुस्तक समीक्षा, फिल्म समीक्षा, यात्रा वृत्तांत आदि का मौलिक लेखन किया। पत्रिका में मशहूर कवयित्री एवं प्रकाशक संजना जी का साक्षात्कार लिया गया था। विभागीय सलाहकार डॉ. मनोज कुमार के मार्गदर्शन में छात्र संपादक मंडल ने पत्रिका का संपादन एवं प्रकाशन किया। छात्र संपादक अंतिम वर्ष की छात्रा वहीदा थी।

## 14 सितम्बर 2023: स्वरचित कविता पाठ कार्यक्रम का आयोजन

हिंदी दिवस (14 सितम्बर) को हिंदी विभाग और राजभाषा कार्यान्वयन समिति, कमला नेहरू कॉलेज ने संयुक्त रूप से ‘राष्ट्र निर्माण में हिंदी की भूमिका’ विषय पर व्याख्यान का आयोजन किया। हिंदी विभाग, दिल्ली विश्वविद्यालय में प्रोफेसर एवं ‘आलोचना’ पत्रिका के संपादक प्रो. आशुतोष कुमार इस अवसर पर प्रमुख वक्ता थे। उन्होंने उपस्थित सदस्यों को संबोधित करते हुए हिंदी भाषा का सम्बन्ध राष्ट्र निर्माण से जोड़ते हुए उन्होंने रेखांकित किया कि हिंदी भारत के विविध सांस्कृतिक समूहों में आपसी संचार और कार्य व्यवहार की दृष्टि से प्रभावशाली भाषा है जो अपने साहित्यिक धरोहर और हिंदी के विविधतापूर्ण रूपों एवं बोलियों और भाषाओं के सह-अस्तित्व के कारण अत्यंत उपयोगी है। इस भाषा में विविधतापूर्ण सांस्कृतिक विमर्श सम्भव है। कार्यक्रम का संचालन डॉ. भारती ने किया। धन्यवाद ज्ञापन डॉ. मोहम्मद इसराइल ने किया।

नागरिक धर्म और पारमार्थिक जीवन मूल्य तथा किए गए और उसमें रामराज्य की कल्पना का शासन के आदर्श को सामने रखने की कोशिश की इस पर बात करते हुए हमने गांधीजी के स्वराज के विचार और उनके राम राज्य के तुलसीदास की स्वप्न की स्थापना को सामने रखा।

इस अवसर पर डॉ मनोज द्वारा लिखित शबरी ,केवट और अहिल्या नामक नाटक प्रस्तुत की गई जो स्त्री विमर्श के नवीनतम विचारों से प्रेरित थी । कुल मिलाकर 'तुलसी जयंती' कार्यक्रम वर्तमान के संदर्भ में तुलसी के विचारों के महत्व को समझने में पूर्ण सफल रहा।

#### 14 सितंबर 2022: हिन्दी दिवस

हिन्दी दिवस के उपलक्ष पर कमला नेहरू कॉलेज के हिंदी विभाग द्वारा विद्यार्थियों के लिए प्रपत्र प्रस्तुति का आयोजन किया गया। विद्यार्थियों ने यह प्रस्तुति अपनी कक्षाओं में की। इस प्रतियोगिता का विषय था ।” सोशल मीडिया में हिंदी की संभावनाएं एवं चुनौतियां” इस प्रपत्र के लिए निर्धारित शब्द सीमा 1000 से 1500 की रही । तृतीय और पंचम सेमेस्टर के विद्यार्थियों ने इस प्रतियोगिता में भाग लिया इसके निर्वाचक मंडल में डॉ.साधना अग्रवाल एवं डॉ.मनोज रहे।

इस प्रतियोगिता का परिणाम इस प्रकार रहा -

प्रथम पुरस्कार : अंशु (तृतीय वर्ष हिंदी विभाग)

द्वितीय पुरस्कार : निधि झा (द्वितीय वर्ष हिंदी विभाग)

तृतीय पुरस्कार : अनुप्रिया और तूबा ( द्वितीय वर्ष हिंदी विभाग)

#### 28 सितंबर 2022: विशेष व्याख्यान

“राजभाषा कार्यान्वयन समिति” हिंदी विभाग और आंतरिक आश्वासन गुणवत्ता प्रकोष्ठ (IQAC) के संयुक्त तत्वाधान में कमला नेहरू कॉलेज द्वारा एक विशेष व्याख्यान का आयोजन किया। जिसका विषय “सिविल सेवा हिंदी” और “भारतीय भाषाएं” रहा। इस उपलक्ष्य पर वक्ता के रूप में सुप्रसिद्ध लेखक एवं चिंतक श्री प्रेमपाल शर्मा को आमंत्रित किया गया।

भारतीय भाषाओं में शिक्षा और अभिव्यक्ति न केवल आम लोगों में आत्मविश्वास पैदा करता है बल्कि लोकतंत्र के वास्तविक अर्थों को भी ध्वनित करता है। बिना आम जनता की भागीदारी को क्या लोकतंत्र संभव है? क्या आम भारतीय लोग मातृभाषा से अलग किसी अन्य जबरन और सिखाई गई भाषा में बेहतर व्यक्ति दे सकते हैं?

उपयुक्त विचार प्रसिद्ध लेखक विचारक एवं संयुक्त सचिव /एजी यूसी डायरेक्टर, रेलवे बोर्ड ,श्री प्रेमपाल ने इस विशेष व्याख्यान में कहा व्याख्यान का आयोजन हिंदी पखवाड़े के समापन कार्यक्रम के रूप में था । प्रेमपाल जी हिंदी सहित सभी भारतीय भाषाओं में शिक्षा पाने के हक का पूर्ण समर्थन करते हैं। इन्होंने डॉक्टर राम मनोहर लोहिया और काकोठारी आयोग के भाषा संस्तुतियों का भूला देने के लिए सामाजिक संगठनों और राजनीतिक दलों की निंदा की। छात्राओं से संवाद करते हुए उन्होंने इस बात पर जोर दिया कि हिंदी को वास्तविक शिक्षा और अभिव्यक्ति का माध्यम बनाया जाए। उन्होंने छात्रों को केंद्रीय सरकार को पत्र लिखकर इस तरह की मांग का मुद्दा बनाने के लिए प्रेरित किया साथ ही हिंदी सहित सभी भारतीय भाषाओं के पक्ष में आंदोलन ना करने के पक्ष में वामपंथियों और समाजवादि विचार धारा वाले दलों की आलोचना की - कुल मिलाकर व्याख्या सफल रहा।

#### 24 जनवरी 2023: रचनाकार से संवाद

‘रचनाकार से संवाद’ के अंतर्गत नासिरा शर्मा से संवाद का आयोजन हिंदी साहित्य परिषद् , हिंदी विभाग द्वारा दिनांक 24 जनवरी 2023 को नव संगोष्ठी कक्ष में ‘रचनाकार से संवाद’ कार्यक्रम का आयोजन किया गया। यह हिंदी विभाग की नवीनतम योजना है जिसमें प्रसिद्ध रचनाकार से संवाद का आयोजन किया जायेगा। इस श्रृंखला के उद्घाटन कार्यक्रम के अंतर्गत प्रसिद्ध हिंदी कथाकार नासिरा शर्मा के साथ संवाद का आयोजन किया गया। नासिरा शर्मा जी भारतीय ज्ञानपीठ और साहित्य अकादमी पुरस्कार से सम्मानित हिंदी कथाकार और पत्रकार हैं। तृतीय वर्ष की छात्रा जानवी शर्मा ने उनका परिचय पाठ किया। नासिरा शर्मा जी का हिंदी साहित्य परिषद् के अध्यक्ष डॉ. मनोज कुमार ने विधिवत प्लान्टर देकर कर स्वागत किया। नासिरा शर्मा ने अपने वक्तव्य में इलाहाबाद शहर के साथ के संबंधों और अपनी इराक़ - ईरान - अफ़गानिस्तान की यात्राओं के विषय में अनुभव को साझा किया।

उन्होंने खुद को ऐसा साहित्यकार बताया जो आलोचकों - समीक्षकों की घोर उपेक्षा के बावजूद एक साहित्यकार के रूप में राष्ट्रीय और अंतर्राष्ट्रीय रूप में प्रतिष्ठा प्राप्त हुई। उन्होंने अपने पथजकों के प्रति प्यार का इज़हार किया और युवा साथियों को अपना सन्देश देते हुए कहा कि हमें अपना प्रयत्न सतत रूप में जारी रखने चाहिये और अपने अनुभवों से सीखना चाहिए। अनुभव रचना की कुंजी है। यात्राएं बहुत मददगार होती हैं। उनसे दर्जनों सवाल पूछे गये। नासिरा जी ने बहुत धर्य के साथ प्रश्नों के उत्तर दिए। उनके अनुभवों से छात्राएं और फैकल्टी सदस्य खूब लाभान्वित हुए। विभाग की वरिष्ठ सदस्य प्रोफेसर रजत रानी मीनू ने धन्यवाद ज्ञापित किया।

# Department of Journalism

The Department of Journalism organised several events over the year, including the annual fest, skill-based workshops, informative field trips, lectures by esteemed media experts, and discussion on pivotal issues in the media landscape.

As part of the Value Added Course on *Culture and Communication* offered by the Journalism department, students were taken for a field visit to the *National Museum* on January 24, 2023. The department also organised the screening of a series of animated films '*Lost in Migration*' produced by Project Dastaan, followed by a panel discussion on January 30, 2023.



An Interactive session on the topic '*Challenges in the Advertising Industry: The Copywriter's Take*' by Astha Gupta (Brand Strategy Manager, VML Y&R, WPP Group), was organised on 12th February 2023. The students also visited The Times of India Printing Plant in Sahibabad on 17th February, as part of a field trip.

The Academic fest of the Journalism department, *Journo-Junction*, was held on March 20, 2023. The fest was inaugurated by Senior Journalist and Film critic, Anna Vetticad who delivered the keynote address on the occasion. This was followed by a Panel Discussion on '*Decoding the Mainstream: Reflections on Contemporary Television and Popular Cinema*.' The Panelists were Manisha Pandey, Executive Editor, News Laundry and Kamayani Sharma, Kalpalata Fellow in Visual Culture Writing at Scroll Media. As part of Journo Junction, competitions such as Open mic, Dress-up Fashion, Ad Mad and Pop-Camera-Action were held with participation from several colleges of Delhi University.

On July 29, 2023, students of Journalism department and Journalism (Generic Elective) were imparted training and skills at an *Adobe Photoshop Workshop* conducted by Ihsan Iqbal, Visual Content Creator.

On August 12, 2023, second and third year students were taken to a field trip to Doordarshan's New Delhi Centre as part of their course on Broadcast media. They were familiarised with workings of a Television newsroom, the input and output departments and procedure of production of a TV program. They were also briefed about structure and functioning of Prasar Bharti (India's public service broadcaster) in general and Doordarshan in particular.

The students of Journalism immersed themselves in the history and evolution of photography at the *Museo Camera Centre for Photographic Art*, Gurugram. The field visit was organised for the second year students of the department on September 15, 2023, as an extension of the learning exposure under their core paper pertaining to the Introduction to Photography. It proved to be a valuable real-life experience, encompassing every facet of cameras and photography. The entire visit was facilitated by the museum guides who provided exquisite information to the students about each object, image, and process displayed within the facility.

The Journalism department, in partnership with the Indian Institute of Digital Education (Mumbai) conducted a lecture on '*Digital Marketing: Prospects and Possibilities*' on October 4th, 2023. The lecture focused on the prospects of Digital and Instagram Marketing, skill requirements in these areas as well as career prospects.

A workshop on *Adobe InDesign* was organised for the third year students of Journalism on November 3, 2023, conducted by Ms. Ruchika Mahajan, Faculty member, NISCORT. In the same month, Ms. Ruchika organised another workshop on *Adobe Photoshop* as part of a course on Photography. The studentes were made aware with the basic tools used for photo editing. These events enriched the session and armed students with practical knowlege of tools used in Journalistic production.

# DEPARTMENTAL ACTIVITIES

## Geography



## Sociology



## English



# DEPARTMENTAL ACTIVITIES

## Philosophy



## Psychology



# Department of Philosophy

The Philosophy Department at Kamala Nehru College orchestrated a series of intellectually stimulating events throughout the year ensuring holistic growth of the students and faculty alike. Fostering virtues such as teamwork, management, organisational skills and collaboration -these events marked several keystones in the journey of a whole academic year for the entire department - enabling deeper thought and efficient retrospections for all.



Dr. Nilanjan Bhowmick led a seminar on '*Thinking Philosophically*' in November 2023; emphasising four key steps to philosophical thinking starting with the definitions, questioning priorities, thinking paradoxically, and using thought experiments. The lecture was wrapped up with a Q&A session which motivated the students to think beyond the regular norms of life, and the session ended with an insightful discussion by all the faculty members and the students.

Prof. S.V. Srinivas delved into the intricacies of cinema and film appreciation during the seminar '*What Is Cinema*' held online in the month of February 2023, utilising movie clips to illustrate his points. The lecture focused on providing an insight of cinema and its different genres with a discussion on how small details in movies have an adverse impact on the audience in their interpretations.

On 29th March 2023, Dr. M. Sayeed Alam, a prominent playwright, director and theatre-actor, conducted a workshop on *The Art of Hindustani Theatre*, providing insights into various forms of Hindustani theatre. The students explored the complexity of Hindustani theatre, including its creative methods, cultural influence, and historical relevance. The workshop commenced with Dr. Alam skillfully navigating through various forms of Hindustani theatre like Nautanki and Raslila; and wrapped up with him sharing anecdotes and experiences from his extensive career as the workshop came to a close.

Additionally, Prof. P Kesava Kumar shed light on '*The World of Information Technology and Public Philosophy*' in a thought-provoking seminar on the same day. The seminar aimed to explore how information technology intersects with philosophical discourse in the public sphere; elucidated on how advancements such as artificial intelligence, big data, and social media have reshaped communication, knowledge dissemination, and public discourse. The seminar concluded with a dynamic discussion session, during which participants had the opportunity to pose questions and share their perspectives on the implications of information technology on public philosophy.

The department's annual event, *Eidos*, held in March 2023 was a vibrant celebration of philosophy and life through five different events. The celebrated theme for the year was "*Avant Garde*" - an intelligentsia that develops new and experimental ideas, especially in the arts but more so in philosophy as well. Prof. P. Kesava Kumar, HoD, DU (Philosophy) and theatre-actor Dr. M. Sayeed Alam were the keynote speakers at the event; meanwhile, an Academic Paper Presentation Competition and several other informal events witnessed footfall from across South Campus, DU. Deemed a successful day, *Eidos 2023* was a great collaboration of the department faculty and students.

Orientation sessions, movie screenings, and informal gatherings spread across the entirety of 2023 further enriched the academic and social fabric of the department. These events facilitated dynamic interactions among students and faculty, fostering a deeper understanding of philosophical concepts and their real-world applications.



# Department of Physical Education

The Department of Physical Education at Kamala Nehru College embarked on a dynamic journey throughout the year 2023, promoting sports, fitness, and holistic well-being among students. The year commenced with great fervour as the department organised the *Annual Sports Day* on 15th February 2023. The event was graced by the esteemed presence of *Ms. Pinki, Lawn Bowls Gold Medallist in Commonwealth 2022*, who served as the Chief Guest, inspiring participants with her remarkable achievements.

Aiming to enhance awareness about the importance of nutrition in sports performance, the department organised a lecture on the '*Nutritional Benefits of Millets for Sports Performance*' on 9th May 2023. Concurrently, a Yogashala was conducted for Fit India VAC students, emphasising the significance of yoga in maintaining physical and mental well-being.

The spirit of yoga was further celebrated through the '*Embrace the Yoga Challenge*' held from 10th June to 20th June 2023, culminating in the grand observance of International Yoga Day on 22nd June 2023.

In commemoration of National Sports Day, a Sports Quiz was organized on 31st August 2023, engaging students in a test of their sports knowledge and fostering a spirit of healthy competition. The department also organised *5th KNC Football tournament for Women 2023* from 18th and 20th October, in which teams across University of Delhi participated to make the event successful.

The sporting prowess of Kamala Nehru College shone brightly throughout the year, with numerous achievements and accolades in various competitions. Some noteworthy *sports achievements* of the department are:

- Football team secured 2nd Position in LNM Institute of Information Technology, Jaipur from 3rd to 5th February 2023.
- Football team participated in Annual Sports Fest IGNITE organized by Indira Gandhi Delhi Technical University For Women on 17th to 18th February 2023.
- Kriti Chowhan of First Year B.A.(Prog.) secured 4th position in Hero Women Professional Golf Tournament from 13th to 16th February 2023.
- Priyanka Mohapatra participated in the 38th National Senior Kyorugi Taekwondo Championship held on 11th and 12th February 2023 under the 62 Kg weight category.
- Football team participated and secured 1st position in the Annual Sports Fest 2023 of Echelon Institute of Technology, Faridabad from 9th February to 11th February 2023.
- Football team participated and secured 1st position in the Annual Sports Meet 2023 organized by Lady Shri Ram College For Women
- Anushka Singh of Journalism (H) 2nd Year participated and secured 2nd position in the Long Jump (Athletics) in the Annual Sports Meet 2023 organized by Lady Shri Ram College For Women.
- Anushka Singh of Journalism (H) 2nd Year participated and secured 3rd position in High Jump (Athletics) in the Annual Sports Meet 2023 organized by Lady Shri Ram College For Women.
- Aerobics Team participated and secured 2nd Position at EROBERN 2023- the Annual Fest of Mirnada House which was held from 27th March to 29th March 2023. The team comprises Bodhi Suryawanshi Political Science (H) 2nd Year, Khushi Chihimwal Political Science (H) 2nd Year, Chaitanya Bhardwaj Political Science (H) 2nd Year, Neha Bharti Hindi (H) 2nd Year, Amrata Raghuwanshi Political Science (H) 2nd Year.
- Shraddha participated and secured 2nd position in Taekwondo (U-46 kg) at EROBERN 2023, the Annual Fest of Miranda House which was held from 27th March to 29th March 2023.
- Tanya Yadav participated and secured 1st position in Taekwondo (U-73 kg) at EROBERN 2023- the Annual Fest of Miranda House which was held from 27th March to 29th March 2023.

- Priyanka Mohapatra participated and secured 1st position in Taekwondo (U-46 kg) at EROBERN 2023- the Annual Fest of Miranda House held from 27th March to 29th March 2023.
- Niharika Baluni of B.A (Prog.) 1st Year secured 1st position (Yoga) in Inter- College Sports Championship organized by Sri Aurobindo College NCWEB Centre on 1st April 2023.
- Football team participated and secured 2nd position in Agazz-23, Annual Sports Fest organized by Maitreyi College from 17th April to 19th April 2023.
- Basketball Team participated and secured 3rd position in Maharaja Agrasen Cup-2023 organized by Maharaja Agrasen College.
- Football team participated and secured 1st position in Spardha Sports Fest-2023 organized by Amity University from 31st March and 1st April 2023.
- Sanju B. A (Prog.) 1st year participated and was adjudged as the best performer of 21 days 21 asanas challenge organized by Atma Ram Sanatan Dharma College from 1st to 21st June 2023.
- Sanju B. A (Prog.) 1st year participated and secured 3rd position in Inter-College Competition of Yogasanas at Gandhi Bhawan, DU on 24th and 25th June 2023.
- Kriti Chowhan of First Year B.A.(Prog.) secured T5 position in Leg 8 and T11 in Leg 9 in Hero Women Professional Golf Tournament on 16th June and 23rd June 2023.
- Kriti Chowhan of First Year B.A.(Prog.) secured T8 position in Leg 10 and T6 in Leg 11 in Hero Women Professional Golf Tournament on 16th June and 23rd June 2023.
- Priyanka Mohapatra secured the Gold Medal in Senior Female under 62kg Weight Category in the 36th Odisha State Taekwondo Championship held on 7th and 8th August 2023.
- Football team participated and secured 1st position in 5th KNC Football Tournament for Women 2023 on 18th and 20th October 2023.
- Football team participated and secured 3rd position in Udghosh 23 organized by Indian Institute of Technology Kanpur from 6th to 8th October 2023.
- Priyanka Mohapatra of Psychology (H) 3rd Year secured 3rd position in under 62 weight category in Inter-College Taekwondo Championship held on 21st November 2023.
- Poonam of B.A (Prog.) 1st Year secured 3rd position in Under-52 weight category Inter-College Taekwondo Championship held on 21st November 2023.
- Varsha of B.A (Prog.) 3rd year participated in Delhi University Cricket (Women) Team for North Zone Inter University Tournament held from 16 to 22nd November 2023.
- Samdarshini of B.A (Prog.) 3rd year and Achala Puri of B.COM (Prog.) 3rd year participated in Delhi University Football (Women) Team for North Zone Inter University Tournament held from 1st December to 7th December 2023.
- Nidha Ashraf of Journalism (H) 3rd Year represented Jammu and Kashmir state and participated in 28th Senior Women's National Football Championship from 15-11-23 to 24-11-23.
- Kirti Chowhan of B.A (Prog.) 2nd year participated in Hero Women's Indian Open 2023 (European Tour Professional Golf Tournament).

As the year draws to a close, the Physical Education department at Kamala Nehru College continues to uphold its legacy of excellence in sports, fostering a culture of fitness, teamwork, and sporting spirit among its students.



# Department Of Political Science

The Department of Political Science organised several events and activities from February 2023 to December 2023. The Department organised a lecture on '*Gandhi and Environment*' on January 30, 2023, with Dr. Anil Dutta Mishra, a Gandhian Scholar and Spiritual and Value Education (SAVE) Awardee, to enlighten the students about the perspective of Gandhi on the environment. He discussed the significance of ancient wisdom in a modern context, environmental issues and how Gandhian ethics can help tackle them. The session concluded with an interactive question-answer session.



On 8th February 2023, the Department organised a lecture on the topic '*Relevance of Radio*' by Dr. Ritu Rajput, Head of Programme (Retd.), All India Radio, New Delhi. The speaker highlighted the significance and role of All India Radio since independence, the nuances of radio, its role in elections and promoting awareness on developmental issues in rural India. It was organised in honour of our former Principal, the late Dr. Minoti Chatterjee, who served as a news-reader for AIR.

A lecture was organised on the theme '*Gandhi and Tagore*' with Dr. Bhuwan Kumar Jha on 23rd February 2023 as part of a series on Mahatma Gandhi. The lecture revolved around the multifaceted intellectual dialogues and contributions of both personalities. Dr. Jha highlighted that the relationship between Gandhi and Tagore was characterized by mutual respect and admiration, yet they differed from each other on several aspects like Satyagraha, Bengali Representation, and politics. The attendees found Dr. Jha's lecture interesting, engaging and enriching. The lecture concluded with an interactive discussion.

The Department organised its Annual Departmental Fest *POLITIK'23* on 5th April 2023 with full zest and zeal. It began with an insightful session on *Uniform Civil Code* with Professor Firoz Bakht Ahmed, Former Vice Chancellor, MANUU, Hyderabad and Ms. Subuhi Khan, Lawyer, Supreme Court of India, as speakers. The speakers highlighted the necessity of UCC while delving deeper into its political and social dimensions.

On Constitution Day (26 November 2023), the Political Science Association hosted an interactive lecture with political scientist Dr. Himanshu Roy. The discussion covered the significance of cabinet mission, first elections, crucial aspects of the framing of the Constitution, including debates of the Constituent Assembly, linguistic provinces and minority rights, and reservations along the lines of caste. The event ended with a lively Q&A covering inaccurate translations of political terms and the reservation system. After this, students of the department presented a survey report on the level of constitutional consciousness among the general public.

On November 29, 2023, the department conducted a workshop on '*Global Dynamics: India's Foreign Policy and Climate Change*'. In the first session, an inter-college student research paper presentation competition was organised on the topic 'impact of climate change on global issues.' The winners were Himanshu Sharma (1st place, Indira Gandhi National Open University), Anushka Dwivedi (2nd, Kamala Nehru College), and Srishti Sharma (3rd, Kamala Nehru College).

In the second session, Prof. Shanta Nedungadi delivered a lecture on India's Foreign Policy. She highlighted a shift in India's foreign affairs with increased engagement in global decision-making. She also highlighted India's strategic engagement with West Asia, Africa and Southeast Asia, fostering bilateral ties. Dr. Robert Mizo also gave a thought-provoking speech on Climate Politics, highlighting the importance of fair resource distribution and international cooperation in addressing climate change. The session ended with students asking questions and concerns revolving around the lectures.

# Department of Psychology

The Department of Psychology conducted a series of events between February and October 2023, including the annual fest, Mental Health Week celebrations, and several discussions, workshops, and competitions.



On April 5, 2023, the Department observed its annual fest, *Psychogenesis*, in collaboration with the Indian Association for Cognitive Behavioural Therapy. The theme for the fest was 'Mental Health Awareness.' A workshop on cognitive behavioural therapy was conducted with Dr. Nimisha Kumar, founder of the association and a senior consultant psychologist who is also a KNC alumna, as the keynote speaker. It was a hybrid workshop, which 150 people attended.

The department organised a week-long event from October 9, 2023, to October 13, 2023, to spread awareness about mental health on *World Mental Health Day* in collaboration with Youth for Mental Health, the World Federation for Mental Health, and Sage Turtle. The theme was 'Mental Health is a Universal Human Right.'

On the first day, a street play on Mental Health was organised by Sukhmanch Theatre in Chaupal, followed by a photography and face painting competition on the second day. On day three, the department organised a panel discussion on the 'Rights-based approach towards mental health,' 'Community Mental Healthcare: Promoting Human Rights and Dignified Life,' and 'Misconceptions about Mental Health' with Ms. Utkarsha Jagga, the founder of Coping Central and co-lead of the Department of Psychology; Ms. Juhi Sharma, founder and CEO of Light Up; and Ms. Pooja Priyamvada, academic director at the International Institute of Mass Media, columnist and author.

On Day 4, the department conducted an activity called *Burst Your Fears*, in which students wrote their fears on balloons and burst them. They also created an engagement board with the prompt 'What does kindness mean to you?' The event concluded on a powerful note with dance performances on the theme 'Dance for Mental Health.'

In November, the department conducted an online workshop on **APA formatting and referencing** on November 27, 2023, to familiarise students with the APA style of academic research paper writing. **Ms. Vaidehi Rajendran**, an instructional designer at Harvard Business Publishing and a former KNC student, facilitated the session. Over 140 students from the psychology department and BA (Prog.) psychology joined the enriching session.



# Department Of Sociology

Societas, the Sociology Association at Kamala Nehru College, University of Delhi, orchestrated a Technological Modernity and Social Experience seminar in Colonial North India on January 23rd, 2023. Dr. Prabhat Kumar, an assistant professor at the Centre for the Study of Developing Sciences, Delhi, served as the guest speaker. His lecture explored the impact of technological advances, focusing on mobile phones and railways, on the social fabric of colonial North India.



An online orientation session on “Why sociology?” was organised on Feb 1, 2023

Conducted by Dr. Nita Mathur, a seasoned sociology professor at the School of Social Sciences, Indira Gandhi National Open University, the session aimed to provide students with a comprehensive understanding of sociology’s theoretical framework and its practical implications in daily life.

Societas, hosted its annual department meet, Cynosure’23, on February 16, 2023, with the theme ‘Humor and Satire in Everyday Life.’ The event commenced with a briefing of competitions, followed by a classical dance performance and a welcome dance by the cultural team. Dr Dev Nath Pathak, specializing in folklore studies and sociology, delivered an academic lecture on humour’s sociological aspects. Competitions like The Comicles, Turn-Coat Debate, and Caricature Making added vibrancy to the event.

Societas orchestrated a compelling guest lecture titled ‘Disciplines, Objects, Motives: A Memoir On Method.’ Professor Harish Naraindas from the Centre for the Study of Social Systems, School of Social Sciences, Jawaharlal Nehru University, delved into the influence of chosen objects on sociological theories and methodologies, unravelling the motives that drive sociologists.

Furthermore, the Department of Sociology at Kamala Nehru College initiated an orientation session for first-year students pursuing Sociology Honours and the BA Program (sociology). The session included introductions to the association’s core team and esteemed faculty. Students were briefed on crucial departmental details and upcoming events.

To introduce first-year students to the field of sociology, an engaging lecture on “Thinking Sociologically” was conducted, featuring Professor Janaki Abraham from the Department of Sociology, Delhi School of Economics. Emphasising the significance of observation and comparison, the lecture underscored these tools as indispensable for sociological thinking.

On November 8, 2023, the Young Researchers’ Forum unfolded, providing undergraduates with a platform to present research papers under the theme ‘Cities and Societies.’ Dr. Mahima Varma and Dr. Nupur Ray comprised the panel for the first session, hailing from Jesus & Mary College and Kamala Nehru College, respectively. The second session featured Dr Anurita Jalan from Maitreyee College and Dr Jyoti Raghavan from Kamala Nehru College, highlighting diverse perspectives in sociology and related fields.

On October 11, 2023, a field trip was arranged for third-year students to Majnu Ka Tila, a Tibetan refugee settlement in Delhi. This excursion provided students with first-hand experience in examining the culture, lifestyle, and living conditions of the Tibetan community. The successful trip expanded their perspectives and enhanced their understanding of diverse cultures and communities. Subsequently, students submitted their field reports to their respective teachers as part of their coursework.

The Department of Sociology screened “Elephant Whisperers,” on 25th October 2023, captivating students with its exploration of human-animal interaction. The film delves into the intricate relationships between elephants and their caretakers, shedding light on societal dynamics and the profound impact of empathy.

In the realm of internships, students from the Department of Sociology in 2023 ventured into diverse experiences. Anushka Baruah immersed herself in the world of storytelling at Pixstory and also contributed her skills to the Outlook Group. Lakshita Ankem explored the dynamics of the business world through her internship at the Women’s Indian Chamber of Commerce & Industry. Mahika Singh took on responsibilities in office management at ASB Security. Gitanjali Dutta embraced an internship at Pawzz, while Jazmina dedicated her efforts to the Muskurahat Foundation. These varied internships not only enriched the student’s understanding of different sectors but also allowed them to apply their sociological insights in real-world contexts during their third year.



# DEPARTMENTAL ACTIVITIES

## Commerce



## History



# DEPARTMENTAL ACTIVITIES

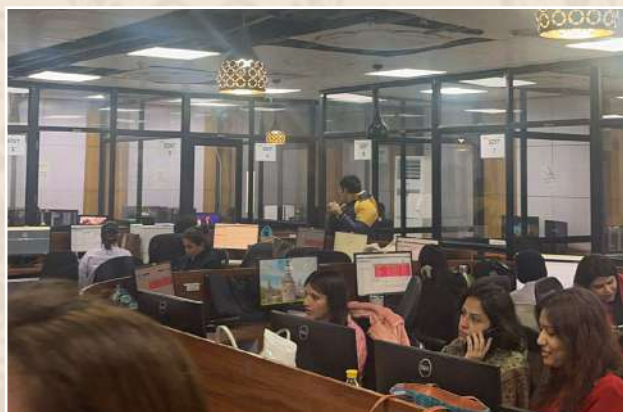
## Physical Education





# DEPARTMENTAL ACTIVITIES

## Journalism



# DEPARTMENTAL ACTIVITIES

## Political Science



## Mathematics



**FACULTY TALK**  
"Mathematics: Learn how to learn"



Speaker:  
**MR. RAJ SANTOSH**  
Assistant Professor  
Specialization in Biocomplex Analysis  
and Fractional Calculus





Vishnupriya Goswami's performance on  
College Day, 2023

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